
Dear Friends in OA-H.O.W.:

Let me introduce myself. I'm Margaret R. your newly elected Inter-Group Treasurer. I have been a grateful H.O.W. member since August 19, 1983 and am now a new maintenance sponsor.

Going over the (meager) funds in the bank book prompts me to make an urgent appeal to ALL H.O.W. groups to support our InterGroup -- so we can stock up on the literature in order that we can promptly supply your requests, print the newsletter and keep our operations functioning.

Please decide whether you want to make monthly or quarterly contributions - on the basis of the 60-30-10 plan. Each group should have a supply of these pamphlets.

Carol S., our Literature Chairperson, just placed a large order and it almost cleans out the bank account.

Remember, we could not afford to send a H.O.W. Delegate to this year's World Service Convention. If you will all pitch in and support InterGroup, we hope we can send one in 1985!

With OA love to you all, Margaret

Dear OA Friends:

Lately I've heard a lot of discussion about our practice at H.O.W. meetings of having the sponsors stand up and qualify as to length of back-to-back abstinence and weight loss.

This is only my opinion, but for me, this practice makes sense. We ask newcomers to find someone who has what they want and ask how it was achieved. When the sponsors qualify, and then hopefully pitch during the meeting, the newcomers can get a feel for who has what they want and can get to know a little about our individual programs and recovery. It isn't intended to be an opportunity for us to brag, or a humiliation for anyone who doesn't stand up.

When I was a newcomer I had been to a lot of meetings where I couldn't tell whether anyone was abstinent or not. I was grateful when I went to a H.O.W. meeting and was told straight out whether or not they had enough recovery to be able to give some away.

I've also noticed so much variation in the way sponsors qualify. It's simple - length of back-to-back abstinence and amount of weight lost. That's all. Recovery. That's what makes us able to help.

Colleen/OA-HOW

***** PLEASE SHARE HOW YOUR PROGRAM IS WORKING FOR YOU BY MAILING TO ME YOUR THOUGHTS, POEMS, AND STRENGTH. THIS NEWSLETTER BELONGS TO ALL OF US, LET'S SHARE OUR STRENGTH AND HOPE THROUGH THIS NEWSLETTER. CALL ME IF YOU WOULD PREFER, AND I'LL BE HAPPY TO TAKE DOWN ANY INFORMATION.
THANKS, PAM - NEWSLETTER EDITOR