



The SEAZ IG OF OA announces a Twelve Step Within WORKSHOP series on the OA 12 Steps!

Join us for an intense 15-week workshop that will take us through the 12 Steps of Overeaters Anonymous.

What you need to know:

- The workshop will be held on Thursday evenings from 5:30-7:30 P.M. beginning January 4, 2018.

- The registration window is September 16 - November 11, 2017.

- How to register:

- Contact Bev C.:

Call or Text 520.490-6998

Email bevcarico@cox.net

- Contact Lauren:

Call or Text 520.241-3616

Email LaurenLovesHiking@gmail.com

- The workshop is a closed workshop and the limit per World Service recommendation is 12 people. It is desired that members come to all meetings, if at all possible. A waiting list will be created if more than 12 members register.