



Is relapse in OA inevitable? **No!**

Your SEAZ OA Intergroup's Twelve Step Within Committee presents a Relapse Prevention and Recovery Workshop on July 21st and July 22nd 2017.

Please join us as we share how to stay in the OA rooms of recovery while actively working the 12-Step program and using the tools together. We'll talk about warning signs, the progression of relapse, prevention plans, and why relapse is NOT inevitable.



St James Methodist Church at 3255 N Campbell Ave.

Friday July 21st 5:30pm-7:30pm

Saturday July 22nd 11:00am-2:00pm with a ½ hour break for lunch; please brown bag it.

Suggested Donation-\$5