

2017 SEAZ OA Retreat!

**Yes! We will have our Raffle Baskets at this year's Retreat.
What can we put in them?**

Lotions Movies
Pencils Notebooks Music
Stuffed-Animals Sunscreen
Sunglasses Lip-Balm
Bracelets Journals Books
Pens

This year's SOAZ OA Retreat at the Holy Trinity Retreat Center in St. David will be October 27th through the 29th. Want to know more? For retreat information, click on the link below. We will have a basket raffle again this year. What are some items that could be put in a basket?

Here are a few suggestions. Pencils – Pens – Books – Journals – Notebooks – Music – Movies – Sunglasses – Bracelets – Stuffed Animals – Lotions – Lip Balm – Sunscreen – and any other items that will help a compulsive overeater steer clear of becoming a basket case!

PLEASE NOTE: For those groups not interested in creating a basket, a gift card donation from a favorite location/site would be a wonderful raffle prize.

www.oasouthernaz.org