



-(In Keeping With Anonymity!)

FREE

August 1985

Phone Reporters: Doris _____ anytime, leave message.
Grace, _____, 5:30 to 9:30 p.m. and weekends.

The monsoons are with us. There is an excitement in the air. Excitement was felt at the last Intergroup (IG) meeting, also. No, it wasn't a stormy meeting. Quite to the contrary, it was a very loving meeting that brought changes accompanied with mixed emotions. The officers of the past year have turned their expertise over to the incoming officers: Mary, Chairperson; Janet, Secretary; and Belle, Treasurer. Tremendous gratitude is in order from and each and every Tucson OAer for the services rendered by our IG officers. We extend a hearty welcome to the incoming officers, and a hand to those having served in the past year. IG is the backbone of a local OA. Without the services rendered by these folks, we would not have meeting lists, newsletters, literature readily available, public awareness to carry the message, and an answering service for those finding out about OA to make their first contact. To find the IG Officers section on the top of page 2. You'll find more jobs than I have. There is always more to be done. Why not come to an IG meeting? Bring your ideas for making OA the fellowship possible—a haven for recovery from our common disease. Share what you found good or lacking. It came to a meeting. This is 12th step work in action. Come out of yourself, and be there, giving back a little of what you have received!

Lovingly, Your anonymous Editor

The tools: abstinence, sponsorship, phone calls, meetings, literature, anonymity, service, writing. We hear about the tools at most meetings. We share about the importance of using them regularly to work the steps and live a better life in recovery. The tools may be the instruments to "thoroughly follow" the path laid out by the "Big Book." What a comfort it can be to know we have a daily reprieve from our disease if we exercise the tools of the program. These tools turn working the program into living it. Which tools work best for me? Which tools are being neglected? Maybe we can make our lives easier by using the tools more. Let's hear about the success created by using the tools. After all, it's not any more effective to pound a nail with my hand than to try and live this program of recovery without tools!

Connie Ann

THE BOTTOM LINE IS LOVE

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[illegible]

**COME TO THE
OA 1985 WSO
Convention!**
September 27—29, 1985
Disneyland Hotel
Anaheim, California

For Details:
World Service Org
Street

The June issue is now out. It has a good article on keeping the program simple, called "Dad's Approach." There's an article on bulimia and you'll want to find and read the letter in "Share It" sent in by a member of our own Tucson OA.

Helen

For Details:
World Service Organization
2190 190th Street
Torrance, California 90504
(213) 320-7941



Thanks Helen, for the fine job your doing and the creativity you've brought to it!

IG meets the 3rd Saturday of each month at 10 a.m. SEE YA THERE, PARD'NER!!!

What a lesson for me. I shall greet each moment as it were a kaleidoscope and feast my mind on all its intricacies. I will live, experience and cherish each and every now, for all it's worth! That is all I really have. When I turn to the next moment, I can either hold it, or move on, but I cannot go back. Nor can I jump 3 moves ahead. The kaleidoscope has taught me to appreciate the now, now.

Doris C.

Today I can sit on the comfortable, shady side of the wall. The same wall I used to bang my head against or try desperately to climb over. Today I let my Higher Power handle me and take care of everything on the other side. C.A.

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