



# THE OA REPORTER



ATTENTION: The opinions expressed in this and every newsletter are strictly those of the writer and not OA as a whole.

ISSUE SIX, VOLUME TWELVE TUCSON AREA INTERGROUP DECEMBER 1983

ANSWERING SERVICE NUMBER 748-7315



## Christmas Greetings



### CONCEPT X

Every service responsibility should be matched by an equal service authority-the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description, or by appropriate charters and bylaws.

ALANON says: service responsibility is balanced by carefully defined service authority and double-headed management is avoided

Before i read the two pamphlets, i was going to mention the Concept, Right of Decision (III) and Tradition 2. They are relevant to this concept. i have read the concept pamphlets. Also, the Right of Appeal and the Right of Petition (V) guarantee that minority workers have authority and status commensurate with their responsibilities.

Tradition 2 really implies this concept since group conscience is the ultimate authority and trusted servant is the delegated authority. One cannot function without the other. Careful definitions and mutual respect are the means by which we constantly maintain a right and harmonious working balance.

*In loving service,  
judith*



PUBLIC INFORMATION COMMITTEE is calling all willing speakers to contact Connie Ann. Tucson Unified School District health classes have invited OA to send representatives to speak to high school students. Speakers are also being sought for the Thursday night Nogales meeting. PLEASE HELP. Call Connie Ann, Thank you.

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\* \* \* \* \* ANNOUNCING \* \* \* \* \*  
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### NEW MEETINGS:

SATURDAY PM Discussion at Newman Center, 7 PM. Contact an Intergroup officer or talk to Constance.

MONDAY PM HOW in Green Valley, 7:30 PM. Rosemary 1

THURSDAY PM in Nogales, 7PM. Holy Cross Hospital, Rm. 206. Gloria 281-2882.

PICTURE ROCKS RETREAT: Cost for the retreat for Saturday only is \$5.00. Please, if you do come Saturday, stay all day to enhance the spirit of the retreat. Those dates again are February 10, 11, and 12, Friday through Sunday. Registration for the full weekend is a deal at \$65.00. Deadline for registration is January 15th. Contact Jill G. at 6--

JANUARY INTERGROUP ELECTIONS: NOMINATIONS NEEDED for the offices of Secretary, Treasurer, and Chairperson. Please give some thought to who you might like to see in these positions and share your ideas with Jill G.

OVERSEAS PENPALS: Available now are OA members overseas who need your fellowship by mail. Second-language fluency is not required for service in this area. Contact Elvie,

SATURDAY OMNI: NO CHILDREN policy. Group conscience was taken and it was decided that the purpose of the meeting is better served with no children in attendance.



## CHEER

★ Joy to the World  
MY DEAR OA FRIENDS,

This is the end of another year, but I like to think of the new year beginning. Near the very end of December I have my birthday - I'll be 37 years old (young). Also, the 10th of January is my OA birthday - I've been in OA for seven years. They have been the best years of my life! The OA Program has given my life a richer dimension and for this I am thankful! My greatest fear before OA was fear of people. Thanks to the OA program I am losing that fear. I realize now that when we are healthy emotionally, spiritually, and physically, we are able to give off those healthy vibes. Last week when I was eating alone at a local cafeteria a man came up to me and asked me if I was the lady he ran into when he was jogging. I had to say "No." I was so flattered to think I was being mistaken for a jogger! Exercise has not gotten ahold of me yet but it's something that might in my future. There are so many "little" miracles in our lives if we just look for them. I wish you all a happy and healthy New Year. Sincerely,

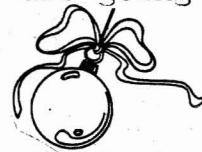
Your friend in OA,  
Carolyn C.



INTERGROUP POSITION OPEN NOW: as of this issue, the position of newsletter editor is available to someone who would like to learn the satisfaction of sharing oneself in this way. Contact Holly, , to volunteer.

#### SYMPTOMS THAT LEAD TO RELAPSE:

COMPLACENCY: "Overeating was the furthest thing from my mind." Not overeating was no longer a conscious thought either. It is dangerous to let up on discipline because everything is going well. Always to have a little fear is a good thing. More relapses occur when things are going well than otherwise.



#### TREASURER'S REPORT

At Intergroup last month, Belle showed a starting balance of \$205.24. After meeting list and newsletter expenses were deducted and contributions were received from Monday Morning Step, Wednesday Silhouettes, Saturday Omni, and Thursday Lifeliners, the new balance was \$213.25. Also deducted was the telephone bill.

#### A SHOPPING TRIP

I must go shopping. I am completely out of generosity and want to get some. I also want to exchange the self-satisfaction that I picked up the other day for some real humility, they say it wears better.

I want to look for tolerance, which is worn as a wrap this season. I saw some samples of kindness, and I'm a little low on that right now; one can't get too much of it.

I must try to match some patience. I saw it on a friend, and it was so becoming. I must remember to get my sense of humor mended, and keep my eyes open for inexpensive goodness.

Yes, I must go shopping today.

#### DELEGATES' REPORT:

Intergroup was financially unable to send both delegates to the Regional Convention in Austin this past November. There are four assemblies each year to which our delegates go to represent Tucson OA. Why not consider, as part of your Christmas giving, a contribution to your Delegates' Fund?

NEED HELP? Call on new Intergroup Officers:  
Jill G. Chairperson, WSO Delegate  
Judith H. S Secretary  
Belle Treasurer  
By-laws Committee Chairperson  
Elvie T. WSO Delegate  
Connie-Ann Public Information Chairperson  
Holly Newsletter Editor  
Special Events Committee Chairperson  
12th-Step Committee Chairperson  
Joe F. Literature Chairperson  
Sarah H. Lifeline Representative  
Ann S. WSO Tape Representative  
Judy S. Telephone Committee Chairperson

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