

# THE OA REPORTER

ATTENTION: The opinions expressed in this and every newsletter are strictly those of the writer and not OA as a whole.

VOLUME SIX, ISSUE SEVEN TUCSON AREA INTERGROUP JULY 1983

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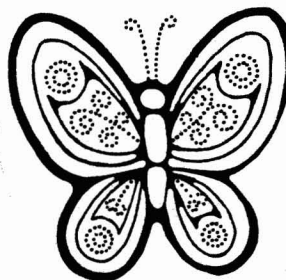
## CONCEPT VII

The Conference recognizes that the Charter and the By-Laws of the General Service Board are legal instruments: that the trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document; that it relies instead upon the force of tradition and the power of the AA purse for its final effectiveness.

Simply put: the Trustees have legal rights while the Rights of the Conference are traditional.

Space does not permit me to tell you the historical development of this Concept. You can read that on pp. 32-33. What interests me most to is that the balance of power between the trustees and the Conference is workable. The Board of Trustees have similar power to the President's veto and it is seldom used. The Concepts pamphlet gives three instances in which it would be the duty of the Trustees to veto Conference in action.

Judith h.



\*\*\*\*\* ANNOUNCING \*\*\*\*\*  
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REMEMBER THE CLOTHING EXCHANGE & POTLUCK BARBECUE \* SUNDAY, JULY 24th  
from 2 - 7pm at McCormick Place I Clubhouse, southwest corner of Ft. Lowell and Columbus. THERE WILL BE NO CHARGE - Special Events will provide the beverages, condiments, and table settings; you bring your choice of meat and salad. All OA members and families are welcome. An afternoon of fun is planned: SWIMMING, VOLLEYBALL, BASEBALL, T-SHIRT RAFFLE, and more! to offer to help, to RSVP, or if you have questions, call Teresa at (Special Events Chairperson)

HOTHOUSE EFFECT \* ENRICH YOUR SOIL  
at the Region III Convention in Phoenix August 12-14th. Ask around for who's going from your meeting, or call an Intergroup officer for more information.

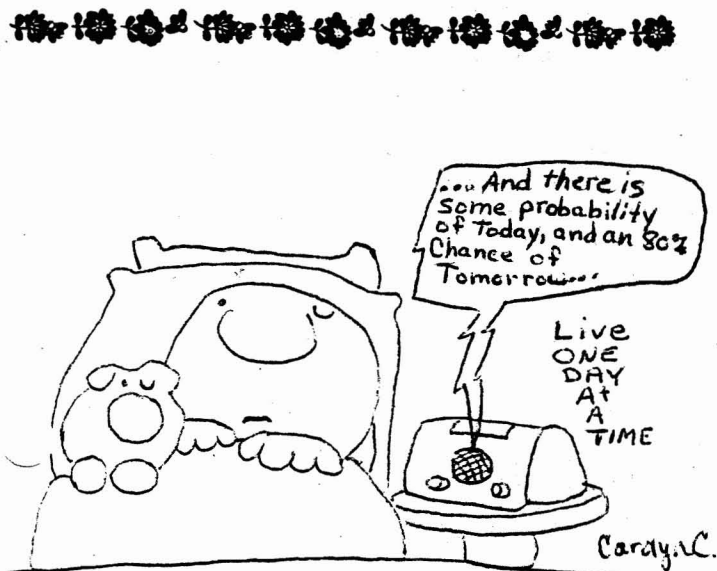
### NEW MEETINGS:

BIG BOOK STUDY - THURSDAY 7:15PM  
Pima Street Baptist Church, 5056 E. Pima. Sarah  
(See? I remembered!)

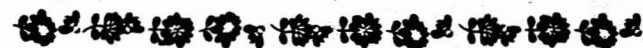
OPEN PITCH - MONDAY 7:30 PM  
La Buena Vida Clubhouse, 1345 South Kolb.

NEW LOCATION - TUESDAY NIGHT H.O.W.  
now meets at First Methodist Church, 915 E. 4th Street at Park Avenue. Judith (Enter from Park)

NEW CONTACT PERSON FOR SATURDAY AM meeting: Christine



I live a day at a time, do first things first.



## DELEGATES' CORNER

Much as Tucson Intergroup is guided by our Bylaws, so too does Region III have bylaws which guide the functioning of our Region. The first Article of both sets is a commitment to ultimate guidance by the Traditions of our Fellowship. We believe this gentle guidance is unique from most "ordinary" service bodies. Region III also has a policy manual that was adopted to "serve as a guide to those policies adopted by the Region III Assembly and to assist in its function." It is revised and added to as Region III gains strength and determines the need for written policies.

Elvie T. and Jill G.

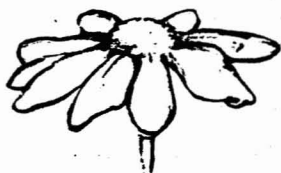


I am a unique and precious human being, always doing the best I can, always growing in wisdom and love.

### SYMPTOMS THAT COULD LEAD TO RELAPSE:

ARGUMENTATIVENESS: Arguing small and ridiculous points of view indicates a need to always be right... "Why don't you be reasonable and agree with me?" Looking for an excuse to overeat.

- material contributed by Virginia



NEWSLETTER DEADLINE: Deadline for newsletter articles is the 2nd Wednesday of the month. Column width is 35  
white space. I think. Thanks for your contributions!  
Jolly C

### NEED HELP? Call on new Intergroup Officers:

Jill G.	Chairperson, WSO Delegate
Judith H.	Secretary
Belle	Treasurer
Charlene	By-Laws Committee Chairperson
Elvie T.	WSO Delegate
Connie-Ann	Public Information Chairperson
Holly	Newsletter Editor
Teresa W.	Special Events Committee Chairperson
Dawn	12th-Step Committee Chairperson
Joe F.	Literature Chairperson
Sarah H.	Lifeline Representative
Ann S.	WSO Tape Representative

THOT: Compassion is the capacity to put love into action.

The 12 Steps of the O.A. program  
are Steps of action.

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## SHARING . . .

To break abstinence is to open the door to confusion and frustration. It is to say that I am willing to let life overwhelm me rather than to deal effectively with life using the principles of one day at a time and one step at a time. It means that I am not trusting God that if I can't deal with a problem, He can. To break abstinence is to choose despair over hope. So, abstinence is the alternative to confusion, frustration, and despair. It's the alternative to life without consciousness of God's Love and Strength, the alternative to purposeless living.

As a compulsive overeater, to me abstinence means more than simply avoiding certain foods or following a food plan; abstinence is my connection to fulfillment and self-actualization. There is nothing more important than that.

Abstinence is accomplishment, freedom from the bondage of self, vivacious living, action, growth. On some days abstinence feels better than it does on others, but abstinence days always feel better than non-abstinence days. Nothing in my life does more for me than abstinence.

Anonymous

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My emotional well-being depends primarily on how I love me.

