

ISSUE SIX VOLUME ELEVEN TUCSON AREA INTERGROUP NOVEMBER 1983

ANSWERING SERVICE NUMBER 748-7315 * * * * ANNOUNCING * * * * * *

PUBLIC INFORMATION

Fublic information, the second nost important part of our fellowship, wants service from interested nembers. Help us carry the message by: 1) Being a speaker outside the fellowship. 2) Working on Tucson Area Intergroup "information for new comers." 3) Professional community contact. Please call Connie Ann, , or Carolyn, Serrice is sanity!

: What we overcome to do God's will is less than what we undergo if we quit. Step Three - We gain Abstinence and loose the bondage to food when we depend on our Higher Power-

Tradition Twelve "Anonymity is the spiritual foundation of allour traditions, ever reminding usto place principles before personalities.



PICTURE ROCKS RETREAT: Aliene A. of Houston will be the retreat master for this event February 10,11, and 12, 1984. Maintaining a 100pound-plus weight loss for many years, Aliene is known to many as a gifted speaker for our program. Cost of the retreat is \$65.00 per person, double occupancy only. This includes two nights' lodging and five meals. There is room for only eighty people and registration is on a first-come, first first-serve basis only. To offer your help or for further information, contact Jill G. at or your other Intergroup officers.

INTERGROUP POSITIONS OPEN: Available for immediate occupancy are the posts of Special Events Committee Chairperson and the Chairs for 12th-Step and By-Laws Committees. Discover your talents as you grow in service. Contact Jill.

HOW MARATHON: Tucson OA/HOW is holding a marathon on December 3rd at St. Joseph's Hospital Auditorium from 10am to 4pm. There will be talks on the 12 Steps, Holidays and Abstinence, Maintenance, and Nutrition and Exercise. Speakers include a physician (Non-OA), a Phoenix HOW member, and an AA. FREE.

YOUTH MEETING: needs help. New contact person is Dawn at

WSO TAPES: Do require a deposit that is refundable upon return of the tape. OA's are not held responsible for any damage to the tapes during use, so the full deposit will always be returned. Contact Anne S.

MONDAY NIGHT HOW MEETING MOVED: This meeting, formerly located at La Buena Vida Apartments, now meets at Our Mother of Sorrows Church, 1800 S. Kolb Rd., room 14, from 7:30 to 9:00pm. Susan 2



I would like to thank the Tucson OA Fellowship for all their prayers, support, and the plant that was

given to me when I was hospitalized in May. Thank you and may your High er Power give you health, happiness, and prosperity.

I am WSO Tape Representative. Ι accepted this opportunity to serve OA. There are tapes out there that were porrowed and not returned. Would you look around and see if you have any DA tapes? Call me at and I I'll arrange to get them. I have new ones from the 1982 convention and they canbbe borrowed. Thank you. I also loaned Bill's book, Comoulsive Overeater, out and have lost track of it since my illness. If you have a loose copy, please check page 25 for my phone number. If it's there, please call and I'll make arangements to pick it up. Thanks igain. Peace, Love, & Jov. Anne S.

bry experience I have in life (even the unpleasant ones) con-butes to my learning and growth.



NEED HELP? J111 G. Belle Elvie T. Holly Joe F. Sarah H. Ann S. Judy S.

judith h. S Secretary Treasurer By-laws Committee Chairperson WSO Delegate Connie-Ann Public Information Chairperson Newsletter Editor Special Events Corrittee Chairperson 12th-Step Cormittee Chairperson Literature Chairperson Lifeline Representative WSO Tape Representative

Telephone Committee Chairperson

DELEGATES ' FUND STATUS

As of 10/15/83, there is a balance of \$147.34 in the Delegates! Fund. Contributors were: Monday morning Step, Tuesday Big Book Study, Wednesday Silhouettes, Thursday Lifeliners, Wednesday Welcome Home, individuals, and other sources.

TREASURER'S REPORT At Intergroup last month, Belle showed a starting balance of \$173.82. Contributions were made by Wednesday Silhouettes, Monday morning Step, Intergroup 7th tradition, and Monday Northern Lites. After expenses, th balance as of 10/15/83 was \$205.24.~

Target Range Road New Meeting: Thursday 7 P.M. Nogales, Arizona Gloria 1-281-2882



NEWSLETTER DEADLINE: Deadline for newsletter articles is the 2nd Wednesday of the month. Column width is 35 elite spaces - I think. Thanks for your contributions! Holly C. 2538 N. Columbus, Tucson, 85712. 323-2129.

THANKSGINING MARATHON 11/24/83 - Call an Intergroup Cofficer or and CAFRENd for Call on new Intergroup Officers: lithil? Chairperson, WSO Delegate

SYMPTOMS LEADING TO RELAPSE: COCKINESS: Got it made - - no longer fear the compulsion -- going into situations where abstinence is bound to be difficult to prove to a others you have no problem. Do this often enough and it will wear down. your defenses.