

MONDAY NIGHT HOW MEETING MOVED:
This meeting, formerly located at
La Buena Vida Apartments, now meets
at Our Mother of Sorrows Church,
1800 S. Kolb Rd., room 14, from
7:30 to 9:00pm. Susan 2nd.

A WORD FROM ANNE

I would like to thank the Tucson OA Fellowship for all their prayers, support, and the plant that was given to me when I was hospitalized in May. Thank you and may your Higher Power give you health, happiness, and prosperity.

I am WSO Tape Representative. I accepted this opportunity to serve OA. There are tapes out there that were borrowed and not returned. Would you look around and see if you have any OA tapes? Call me at _____ and I'll arrange to get them. I have new ones from the 1982 convention and they can be borrowed. Thank you.

I also loaned Bill's book, Compulsive Overeater, out and have lost track of it since my illness. If you have a loose copy, please check page 25 for my phone number. If it's there, please call and I'll make arrangements to pick it up. Thanks again.

Peace, Love, & Joy.

Anne S.

My experience I have in life (even the unpleasant ones) contributes to my learning and growth.



THANKSGIVING MARATHON 11/24/83 - Call an Intergroup Officer or an OA friend for details!

NEED HELP?	Call on new Intergroup Officers:
Jill G.	Chairperson, WSO Delegate
Judith H. S.	Secretary
Belle	Treasurer
Elvie T.	By-laws Committee Chairperson
Connie-Ann	WSO Delegate
Holly	Public Information Chairperson
	Newsletter Editor
	Special Events Committee Chairperson
	12th-Step Committee Chairperson
Joe F.	Literature Chairperson
Sarah H.	Lifeline Representative
Ann S.	WSO Tape Representative
Judy S.	Telephone Committee Chairperson

DELEGATES' FUND STATUS

As of 10/15/83, there is a balance of \$147.34 in the Delegates' Fund. Contributors were: Monday morning Step, Tuesday Big Book Study, Wednesday Silhouettes, Thursday Lifelines, Wednesday Welcome Home, individuals, and other sources.

TREASURER'S REPORT

At Intergroup last month, Belle showed a starting balance of \$173.82. Contributions were made by Wednesday Silhouettes, Monday morning Step, Intergroup 7th tradition, and Monday Northern Lites. After expenses, the balance as of 10/15/83 was \$205.24.

New Meeting:
Nogales, Arizona

Target Range Road
Thursday 7 P.M.
Gloria 1-281-2882



NEWSLETTER DEADLINE: Deadline for newsletter articles is the 2nd Wednesday of the month. Column width is 35 elite spaces - I think. Thanks for your contributions! Holly C. 2538 N. Columbus, Tucson, 85712. 323-2129.



SYMPTOMS LEADING TO RELAPSE:

COCKINESS: Got it made - - no longer fear the compulsion -- going into situations where abstinence is bound to be difficult to prove to others you have no problem. Do this often enough and it will wear down your defenses.