



# Desert Recovery



TUCSON OA INTERGROUP

P.O. BOX 65712

TUCSON, AZ 85728

## Through The Eyes of A Child

Children's laughter, ever-after,  
tears of joy, tears of pain  
silly hats, soft clothes  
furry friends, a shiny nose.  
Flowers and butterflies,  
candy hearts and candy kisses  
Mint juleps, sunny days  
cool nights and warm kisses.  
Escalators, elevators,  
stairs, trains and planes.  
Boats on the water and  
teardrops like rain.  
Rainbows and sunshine  
starts in the sky,  
birds, wings and feathers.  
Never ask why?  
These are some  
of the things that I see.  
Innocent, childlike,  
Happy, Joyous and Free

-Caren, Tucson Area OA

## Delegate's Report

I attended the OA Region III Assembly at Albuquerque on March 12-14, 1993. It was a wonderful way for me to do service. I want to share a little about both the information that was given out, and the decisions that were made at this Assembly. This was my first Assembly since being elected to the position of delegate. If you would like additional information about the Assembly (and I hope that you do), you can talk to both Charlene and me. You can also talk with the Intergroup rep from the meeting(s) you attend.

Region III Assemblies consist of both Business

Meetings attended by the delegates, and Recovery Meetings attended by OA members who are not delegates. In addition to the 57 delegates, there were over 100 non-delegates at the Albuquerque Region III Assembly. Some of the events, such as the opening and closing ceremonies and the dinner and dance, were attended by both delegates and non-delegates. There was also an opportunity for the delegates to attend some of the Recovery Meetings.

The next Region III Assembly is at the Safari Resort in Scottsdale on October 29-31, 1993. I strongly suggest that you consider attending this event. There will be lots of recovery available. The cost of registration is \$28. The room expense, however, can be shared with three other persons.

Some of the decisions that were made at the Assembly are: Billye S. from Las Vegas OA Intergroup was elected as the Vice-Chair of Region III. Region III will continue to have to assemblies per year in 1994, instead of three. A motion was made and passed that the May, 1993 World Service Business Conference in L.A. adopt the Twelve Concepts of OA Service. Another Region III quilt will be produced and then raffled off. Each Region III Intergroup will produce a quilt square.

Some of the information that was provided at this Assembly is as follows:

A Twelve Step Workbook to be used with The Twelve Steps of OA book will be released on April 1, 1993 (no joke) and will be sold for \$5.50. The World Service Business Conference will vote on the draft of the OA Twelve Traditions. If approved, this new book will then be published and sold as soon as

possible. The OA World Service office will be moving from L.A. to Albuquerque during the Summer of 1994.

It was great getting to know the other delegates from Region III. I enjoyed the OA dance on Saturday night. I was also able to ride the Sandia Tram and tour Old Town Albuquerque before leaving. I am looking forward to attending the World Service Business Conference in L.A. on May 18-23, 1993.

-Fred M. , Tucson Area OA Delegate

### In All Our Affairs

The chief purpose of OA is abstinence. We all realize that without abstinence, we have nothing.

However, it is possible to expand this simple aim into a great deal of nonsense, so far as the individual member is concerned. Sometimes we hear one say, in effect "abstinence is my sole responsibility. After all, I'm a pretty fine one, except for my overeating. Give me abstinence, and I've got it made!"

As long as our friend clings to this comfortable alibi, he will make so little progress with his real life problems and responsibilities that he stands in a fair way to compulsively overeat again. This is why OA's 12th step urges that we "practice these principles in all our affairs." We are not living just to be abstinent; we are living to learn, to serve and to love.

- adapted for OA from "As Bill Sees it", AA Conference approved literature

If you have any stories of experience, strength and hope you would like to share with the fellowship of OA, please submit them by the second Monday of the month to Lisa G. 8210 E. Big Horn Trail, Tucson, AZ 85715. Remember, this is YOUR newsletter. We want to know what works for YOU!

### Tucson Area Intergroup Members

Chairperson	Helen S.
Vice Chair	K.G.
Secretary	Vicki
Treasurer	Bob
Delegates	Charlene Fred M.
Alternate Delegate	Lisa G.
Literature	Steve B.
Phone	Maxine
Spec. Events	Bruce
Lifeline Rep	Michele S.
Prof. & Inst.	Maiu
Ways & Means	Sue L.
Publicity	Fred C.
Meeting Liaison	Vade
Youth	Bob
Bylaws	Patti
Newsletter	Lisa G.
Tape Library	Bob
First Tradition	Elvie

*God, grant me the serenity to  
accept the things I cannot  
change, courage to change the  
things I can, and wisdom to  
know the difference.*

