

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

August 18, 2012

www.oasouthernaz.org

Attendance: Emily RS., Chair; Wendy A., Vice Chair; Chris N., Secretary; Pam T., Treasurer; Beth M., Sr. Delegate; Neva S., Jr. Delegate; Susan C., Telephone, IR; Cheryl L., Newsletter co-chair, IR; Rebecca T., Resource Library/Lifeline; Jocelynn W., TSW; Janis R., IR Trainer; Nan B., Website; Allison M., sub for Jonathan Kat, IR; Barbara B., IR; Lauren M., IR; Barb S., IR; Barbara M., IR; Paula T., IR; Angela N., sub for Debbie E., IR; Wanda C., IR; Nancy R., IR; and Roni B., visitor.

Call to Order: At 10:45AM Emily asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concepts of the Month. The sign in sheet was passed. Pam read the Standing Rules.

Secretary: The minutes from the July 21, 2012 meeting were accepted as presented electronically.

Treasurer's Report: Pam presented the financial report. Income from the previous month was noted as \$711.89. Expenses were \$403.46. Current checkbook total is \$15,353.35. Mail was passed. Committee chairs are requested to submit budgets for 2013 in September. Budget committee members were requested, Beth and Emily volunteered.

Committee Reports:

Delegates/Region Reps.: Neva:

- The information on unaffiliated groups has been updated with WSO – the Nogales meeting never really got started and the Tucson meeting just needed to update their information.
- The VoicesAmerica.com OA broadcast is being prepared for this coming October. This is a WSO initiative that will consist of interviews of OA members as part of one of the VoicesAmerica.com broadcast series on health. Fliers with information are expected to be distributed in early October. Beth is participating as part of the Public Information committee work at World Service.
- Beth and Neva are preparing for Fall Assembly in September. No agenda has been released as yet for the fall assembly.

Public Information/Professional Outreach (PIPO): written report presented by Wendy

- All of the projects that have been mentioned before are still on going. Please download flyers to share with your meetings and remind folks to donate books and literature.
- If anyone has books for donation today, please give those to Wendy.
- Also, to address some money concerns from groups about the literature collections, PIPO has put together a budget so that everyone can see where funds have been allocated and why PIPO needs donations from groups. I will be passing this on to Nan so that it can be posted to the website. IRs who are interested can download that information and share it with their groups. Please look for this sometime AFTER the 25th of July.
- Thanks to everyone who has donated and given time to our committee. We have a solid group but can ALWAYS use more volunteers.

Lifeline and Resource Library: Rebecca gave verbal report

Meeting List: Marie excused, written report: The July/August meeting list is current based on changes I received at the last Intergroup meeting. I haven't received any other edits since. I will send a supply of the printed lists to the meeting with either Neva or Nan. And the current meeting list version is posted on the web site. Neva brought list.

Newsletter: Verbal report: Cheryl announced new newsletter will be out soon, next deadline is 10/10/12.

Telephone: Total calls 44 (Pam); Calls Reported: 7; Calls Returned: 3 (4 hang ups) per Susan.

Special Events: written report written by Mary and read by Susan

- The Registration Flyer is available now on the website. Yah!! Those with Internet access can enter their information directly on the form, print it out and send it to: Susan Crinage (OA 2012 Retreat) P.O. Box 13391, Tucson AZ 85732. For those without Internet access, we have provided several copies for the IR's to bring back to their meetings and provided instructions for the IR's to print additional flyers for their groups.
- This year we have asked those requesting scholarships to submit their registration with a half payment of \$57 to comply with first come basis policy.
- We have also added new topics for small group sharing which will include cross addictions, working parents, and sponsorship. The sponsoring small groups will be led by our special speaker, Sheila J., who is a member of OA since 1981, and works with and teaches others how to sponsor chronic slippers. She will also be giving a presentation at our retreat on this valuable topic. Those who would like to get a sample of her sponsoring style can visit www.oalaig.org/html/rss3.php.
- Sheila has already purchased her plane ticket for \$403.60 and needs to be reimbursed ASAP. We will also be utilizing local speakers for some inspirational teaching on the 12 steps. Which brings me to our next concern, at the commencement of our retreat plans we were told that our budget was \$1,075 (by Pam) for Special Events to be held in 2012. Since there are no other special events planned for this year - since there is no Special Events Chairperson - we thought we were entitled to the full amount scheduled for in the 2012 budget. Please clarify.
- We are anticipating a sold out retreat and will be making an additional \$5 per registrant as the Monastery has reduced their price from \$115 to \$110. This will provide an additional \$270 which will help fund our outside speaker travel expenses.
- Out of the \$200 advanced to me, I have used \$137.43 for supplies (folders, pens, copies, ink).
- We have secured 3 baskets so far and need two additional baskets for the retreat. We have already received several generous donations for our silent auction. Even though we got a late start on planning, we are confident that we will pull off an awesome event.

Twelfth Step Within: Jocelynn: This month we held the annual Big Book Weekend on August 10th and 11th at St. James Church. We received a lot of positive feedback on the workshop, and for myself, I found the weekend to be a tremendously positive experience. Friday night we had approximately 22 people in attendance, and Saturday we had around 35 people. With the generous help of our speakers, we were able to address fear in its many aspects, the steps, and the solution. We also sold several Big Books (5 total). A very sincere and large thank you to all of our helpers and speakers. Our speakers-- Sally H, Michelle T., Aida, and Joy--were amazing. There was so much generous and unflinching honesty with their experience, strength and hope. I was truly humbled by each of them. Without the hard work of Roni B. and Barbara M., the weekend would not have been possible. Not only did Roni help find several of our speakers but she worked very hard to arrange the dates and times of the weekend. Barbara was there the whole time to make sure we were comfortably situated and that our needs were met. A special thank you to Kate C. who provided coffee for the weekend. I know that was a big hit, especially early Saturday morning. Finally, my sincere thanks to each of the attendees. They did a lot of hard work over that weekend and each of them brought a lot of experience, strength and hope to share. It was really an amazing experience.

On the financial front, we received \$196.87 in donations for the weekend and \$45 for Big Books. We did not use any tuition money as we set the workshop to be by donation only.

Website: Nan reported: Updates were made as usual. I was advised that the Region III site had been compromised, so I

disabled all links from the SEAZ site to that site and await word from Roni when it is safe to reinstate those links.

A question was raised about posting our SEAZ event announcements on the OA.org site. I found that we can do that simply by submitting a form through the OA.org site. The issue of whether committee chairs or the Website committee should be responsible for the form submission is to be discussed at the August SEAZ board meeting.

Convention Planning: Janis read

- The C&A planning committee met on July 21st. Our treasurer, Pat reported that our convention account checks are MIA but they will be tracked down.
- We talked about registration prices and after a lengthy discussion we reached a group conscience on the following fees:
Banquet-Extra ticket\$35
Full rate –includes banquet \$85 by 7/16/13, \$100 after
Friday only-\$10
Saturday only-\$45 by 7/16/13, \$55 after
Sunday only-\$15 by 7/16/13, \$20 after
- The Program committee announced the new name for the session about diversity. It is *I howl, I growl. Friends in the desert*. We have volunteers to lead meditation/yoga sessions.
- Roni is working with the hotel regarding having the Saturday night banquet as a buffet rather than individually served portions.
- Linda R. was introduced as the chair of the entertainment committee and we are continuing to search for a signs and decorations chair.
- Our Desert Recovery logo is being finalized and we talked about how much we like it and we think it'll look great on t-shirts.
- Our next meeting is TODAY at 1pm at the University Marriott hotel at 880 E 2nd St. where we'll tour the facilities and hold our CPC meeting.

Questions: How many beds available for this years' retreat? 54, cost \$115 by 10/1/12, after, fee increases to \$125. Registration form available on website. Beth will adapt registration form to allow for fillable application to then be printed and mailed with fees. Pam asked about donations to silent auction, can services as well as items be donated? Yes. Scholarships are first come, first served. Clothing donations go to Janis. Question about BB weekend income, this income is added to next years working funds. Roni mentioned to Susan that specific speaker name/information not be published for retreat flyers. Question was asked if there would be cross addiction topic as part of retreat, Susan said the sessions are not finalized and would be discussed at meeting tomorrow. Roni mentioned cross addiction was outside topic. Room rate for 2013 Convention will be \$89/night for 4 people, 3 days before and 3 days after convention and have 35 rooms reserved.

IR Trainer: Janis went over the IG Address List to determine delivery of information from Intergroup to meetings, updated IR information and counted 11 IRs present. Janis handed out a Lifeline topic list 2013 for IR's to take back to their groups to encourage writing for the Lifeline.

Unfinished Business:

Vision and Goals dispersed to IR's, Nan will post on website. Will glean from minutes when review goals to make annual process more fluid.

New Business Motion Date: 8/18/12 Read by Janis, seconded by Cheryl. Motion reads:

- That a budget line be created on the SEAZ Treasurer's Report for the annual retreat with a starting amount of \$800 for 2012 and that checks for the retreat and checks paying retreat expenses be deposited into and paid from the existing

main SEAZ account. This line could be replenished annually through the existing SEAZ budget process.

- Intent: To create expense and income tracking for this annual SEAZ event.
 - Implementation: A “yes” vote would enable the SEAZ Treasurer to create a separate budget line for the annual SEAZ retreat and leave the Special Events line for other planned events.
 - Cost: None
 - Rationale: A separate budget line establishes a fixed amount of funds available for the Retreat Committee to effectively plan and carry out its preparation for the annual retreat and the depositing of the checks and writing of the major checks by the SEAZ treasurer provides better financial internal control and eliminates the comingling of funds into personal bank accounts.
 - History: To my knowledge, this type of motion has not been brought before the board before.
 - Submitted by: Janis R-IR Trainer, Pamelyn T-Treasurer, and Roni B-Region 3 Vice-chair
- Roberts Rules followed for discussion and vote. 11 IR's voted, motion **passed**.

New Business: October's Intergroup meeting will be 10/13/12 to accommodate Retreat.

Read from the Group Handbook, question How Conference Delegates and Region Reps Serve (page 33 #1)

Pam noted that there was a conflict concerning new motion and the retreat flyer. Susan requested a motion change to allow for the retreat committee to continue for 2012 sending checks to account set up for retreat (checks addressed to her) stating difficulty paying monastery and tracking attendees. Group conscience of IR's allowed for verbal motion from Susan: 'New business motion passed today not applicable to 2012 retreat.' Cheryl seconded. Robert's rules followed with discussion and vote. Pam mentioned retreat was ½ of annual budget in and out so hard to track, Jocelynn mentioned processes now in place. IR's voted 1 for, 10 against, motion **failed**. Susan asked IR's to change flyer information by hand and will send revised version to website so checks made out to SEAZ IG but will come through her for registration purposes.

Announcements: OA Retreat October 19-21, 2012 in St. David, applications available on line.

Next SEAZ Intergroup meeting is at 10:45am (Board meets at 10am) on September 15, 2012.

2013 C&A Planning meeting is at 1pm after September 15, 2012 Intergroup.

Recap of Action Items done by Nan.

Adjourned at 11:33 AM with The Responsibility Pledge.

Respectfully submitted,

Chris Nunn, Secretary