

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS MINUTES

December 15, 2012

www.oasouthernaz.org

Attendance: Wendy A., Vice Chair; Chris N., Secretary; Pam T., Treasurer; Janis R., IR trainer; Beth M., Sr. Delegate; Cheryl L., Newsletter co-chair, IR; Marie R., Meeting List, IR; Jocelynn W., TSW; Nan B., Website; Jill S., IR; Cris P., IR; Allison M., IR; Barbara B., IR; Lauren M., IR; Deb E., IR; Barbara M., IR; Barbara S., IR; Terre J., IR; Nancy R., IR; Marilyn B., IR; Susan C., Telephone, IR; Alison B., new IR.

Call to Order: At 10:05AM Wendy asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concepts of the Month. The sign in sheet was passed. Deb E. read the Standing Rules.

Secretary: The minutes from the November 10, 2012 meeting were accepted as presented electronically.

Treasurer's Report: Pam presented report: Income from the previous month was noted as \$489.08. Expenses were \$65.19. Current checkbook total is \$17,011.19 with \$563.10 in scholarship fund. 7th Tradition envelope passed. She will present Budget Motion later.

Committee Reports:

Delegates/Region Reps.:

Beth reported: The Spring Assembly/Convention in Houston, April 5-7, is posted for those interested. The new delegates will be registering after the first of the year.

Public Information/Professional Outreach (PIPO): excused, Wendy reported Book donations from the library and prison collections will be dropped off this month. PIPO will be making a literature contribution to those collections. Advertising for OA will be placed in the AZ Daily Star, the Tucson Weekly, and the Green Valley papers. Literature will be stocked up and folks needing PIPO materials can still be in touch with Rae for these until the next PIPO chair is found.

Lifeline and Resource Library: not present, no report.

Meeting List: Marie reported a new contact for Yuma added, she is working on the WSO site to update all of our meetings in the sites database which is comprehensive and announced that the Tuesday 10:45 NW Tender Solutions meeting won't be meeting on December 25 or January 1.

Newsletter: Cheryl reported newsletter is out and final deadline for last issue is December 10, 2012.

Telephone: Total calls 38 (Pam); Calls Reported: 3; Calls Returned: 3.

Special Events: 4 page report submitted by Mary M read by Chris (available at end of report) and a financial report by Susan C. Pam will consolidate into complete retreat financial report for next month.

Twelfth Step Within: Jocelynn reported 'the TSW committee hosted the sponsorship workshop on November 11th. We had a good turn out of approximately 30 people. The room was full of smiling faces, great speakers, and wonderful questions. We received \$93 in donations for the workshop. At the end of the workshop, we handed out a Day of Action flier for TSW day in December. That flier had 12 action items as part of an action plan to celebrate 12-12-12. The flier also went up on the SEAZ website and was distributed to the I.R.s electronically. I have not received any feedback on the Day of Action but enjoyed going through the items on the list myself. At the end of the year, of course, I look back and see many wonderful moments. It has been a tremendous pleasure serving as TSW chair this year. Thank you for the opportunity to do this service.'

Website: Nan reported 'I would like to thank the fellowship for the opportunity to serve as website chairperson during the past two years and am grateful to Roger and Beth for their guidance and instruction. I am also grateful for Cheryl's willingness to step into the position and look forward to working with her. We will set up a committee meeting in early January to discuss duties and begin training. Updates were made to the website as usual in November.'

Convention Planning: The C&A planning committee met on November 10th. We heard committees' reports. In Addition, we held a discussion about scholarships. We went over rooms for convention activities and made sure each committee chair is familiar with the general layout of the space provided for us. We discussed the buffet options briefly, and will make a final decision at our January 19th meeting as we cancelled our December mtg.

Questions: There was a discrepancy between the retreat chair report and the retreat treasurer report, Pam will consolidate data into a final financial report for the retreat and bring to January Intergroup. Susan suggested funds go thru Intergroup account in future. PIPO advertisements will be put in January papers, reports Jocelyne, Sierra Vista's ad was paid directly to newspaper per Pam. Marilyn will prepare next year's Intergroup Calendar as part of her new job.

IR Trainer:

Janis went over the IG Address List to determine delivery of information from Intergroup to meetings, updated IR information and counted 15 IRs present. A "Step Ahead" flyer introducing the Voice America radio show was given to IR's. An index for the IR binder was reviewed and instructed IR's who don't have the current information to contact Janis for copies (several IR's received info at meeting).

Unfinished Business:

- Slate 2013 for Board and Committee Chairs presented by Deb E. Wendy called for vote: 13-0, motion passed.
- Budget 2013 presented by Pam (synopsis of budget read). Wendy asked for questions then vote; 13-0, motion passed.
- Annual membership count: Neva excused: reports no additional information and report passed to IR's. Several IR's stated amendments to report. Discussion about best way to gather this info as currently not accurate/effective. Ad hoc committee to develop a better way to gather this information (average a month, sign in sheet, We care list) suggested, to be discussed next intergroup.

New Business:

Broke into groups led by committee chairs or designees (assigned by Wendy) for 15min to involve IR's and to gather contact information. Beth mentioned this model used at Region III and IR's can be on more than one committee.

The Group Handbook reading and goals were not read this month due to time constraints.

Announcements: January 19, 2013 Next SEAZ Intergroup meeting at 10:45am (Board meets at 10am)

2013 C&A Planning meeting is at 1pm after January 2013 Intergroup.

Newsletter deadline changed to Jan 1 from December 10, February 10 will be next publication.

Recap of Action Items done by Nan.

Adjourned at 12:30 PM with The Responsibility Pledge.

Respectfully submitted,
Chris Nunn, Secretary

November 16, 2012

Report of the 2012 Retreat Committee

Submitted by: Mary MacGregor-Wolfe – Committee Chairperson

SEAZ OA St. David Retreat October 19-21 2012 “Transformation Through The 12 Steps of Overeaters Anonymous”

I do apologize for this late report. I was under the impression that the November Intergroup meeting was to be held on the 3rd Saturday of November, November 17th instead of a week early on November 10, 2012.

The following financial information is based on a report submitted by the committee registrar on October 12, 2012. She states that the information reflects activity up until the date of October 4, 2012. Since the committee registrar was unable to complete her term, a final financial report was never submitted to the committee. I have attempted to recreate the events that followed October 4th based on other committee reports. I do apologize if there are any unforeseen errors.

This is a summarization of her last submitted report*

52 Full Registrants (52 x 115)	\$5,980.00
10 Saturday Registrants (10 x 45)	\$ 450.00
Scholarship Donations received with Registrations	\$ 150.00
Total Received	<u>\$6,580.00</u>
11 Scholarships Awarded	\$ 637.50
Complimentary Registration for Speaker \$	115.00
2 Cancellations (2 x 115.00)	\$ 230.00
Total Deductions	<u>- 982.50</u>
Totals Receipts On 10/04/2012	\$5,597.50

*Please see copy of Registrars Submitted Report and note the following corrections.

The submitted Report of **\$5,827.50** in Receivables does not reflect the \$230.00 in deductions for the 2 cancelled registrations. So, in reality there were:

51 Full Registrants
(50 paid Registrants + 1 Complimentary as of 10/04/2012)
10 Saturday Registrants

The Registrars submitted report also reflects that \$2,358.00 was given to the Intergroup Treasurer on 10/04/2012 but a breakdown of who submitted those checks and if they were donated scholarship funds or registration funds is unknown to the Committee at this time.

From the Room Assignment List prepared by Deb B. and Jill S., I was able to presume the following:

Sometime after October 4, 2012 4 Full Registrants cancelled after the refund date of 10/05 and are not due a refund. One Saturday Only Registrant Cancelled and was not due a refund.

5 Saturday Only Registrants (+ Friday & Sunday meals) were added.

1 Full Registrant was added with a scholarship.

1 Saturday Only Registrant was added without a scholarship.

6 Saturday Only (5 x 45)	\$270.00
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1 Full Registrant	\$115.00
Subtotal:	\$385.00
1 Scholarship	\$-58.00
Total:	\$327.00
Add to Total Receipts as of 10/04/2012	\$5,597.00
Total Receipts	\$5,924.00

I was not given the amount of scholarships that were collected for the 2012 Retreat. The information has not been provided to me.

Given almost a full month to reflect, I can report that the 2012 OA Retreat was ultimately a great success. Sheila J., the speaker from Los Angeles who led the workshop on Chronic Slippers was fantastic. Even when she took some of the Tucson OA members to task for their lack of willingness to sponsor, her honesty about our primary purpose, "To carry the message of recovery to those who still suffer" was refreshing and necessary in this age of chronic busyness. Since the retreat, I personally have seen more people raise their hands to sponsor and have heard reports of more people making outreach calls. These are the long-term effects of how a good speaker can impact our OA community.

Each of the local speakers (Joy M., Ann, Deborah G., Samuel D., and Sheila J.) who spoke on the steps gave a fresh perspective on the group of steps they were asked to speak on. Some were simple, some more complex, some instructive and some hysterically funny, but it proved to be a great lesson on how differently *and* alike our individual recovery is reached and maintained.

Besides the great speakers, there were several highlights during the weekend. Creating God Boxes to the accompaniment of live heavenly harp music after steps 1, 2 & 3, (Thank You Miss Raelyn Kanuck!), the bonfire beneath the Celtic cross where participants watched their written character defects burn blue and go up in smoke after steps 6 & 7, and watching Sheila J. win the Gratitude Quilt Raffle were especially miraculous.

It took a lot of effort on the part of many people to make this retreat happen. In spite of our many obstacles, HP was there and present throughout. Those serving on this year's committee were Deb. B and Jill S. (Room Assignments & Monastery Liaison), Andrea M. and Claudia P. (Speaker Seekers) Liz S. (Welcome Committee), Michelle T. and Kenci C. (Decorating & Signs), Emily K. (Support), Rae S. (Flyers), Wendy A. (Voice of Reason) and Susan C. (Co-chair and Registrar) who was removed by an unanimous vote on October 13, 2012 by the committee (Claudia P. abstaining) after an unfortunate episode of violence. The committee did not make this decision lightly. They sought guidance from the Third Tradition of OA (Paragraph 7 on pg. 131 of the OA Twelve & Twelve, and from their individual HP's). I want to give special thanks to Claudia P. who delivered tremendous support and mentoring to me during a very traumatic and turbulent time. I will always be grateful for her kindness, strength, and experience in program behavior.

Thank you to Chris N. (Ways & Means), Jill S. and Judy B. (Clothing Closet). Our small group leaders; Michelle T., Barbara B., Alex R., Jill S., Rae S., and Sheila J. Thank you to Donna W. who led the Friday night OA meeting, Alex R. for leading yoga, Joe N. for leading meditation and Liz S. for teaching Chair Fitness, and to all of those who helped to put the Raffle Baskets together. (As always, they were a real hit!) Thank you to all of those who donated to the Clothing Closet and the Silent Auction which were profitable again this year. There were two documented in-kind donations: Emily K. provided 4 cases of sparkling water and Paul M. donated \$100.00 which was used to purchase diet soda and iced tea. (The leftovers were sent to Sierra Vista for IDEA day). Thank you to all the special elves that helped with set-up, clean up, and coffee making and restocking the refrigerator. The retreat was truly a group effort, and one that I am proud to have help plan, organize and oversee.

IN SUMMARY:

RETREAT EXPENSES;

Monastery	\$6,180.00
Refund requested on 10/22/2012	<u>\$- 315.00</u>
Total Paid to Monastery	\$5,865.00

Breakdown of Monastery Costs:

49 Full Registrants (49 x 110)	\$5,390.00
10 Saturday Only (10 x 30)	\$ 300.00
5 Saturday Only & Two Additional Meals (5 x 35)	<u>\$ 175.00</u>
	\$5,865.00

Speaker Travel Expenses.....	\$ 403.00
Speaker Complimentary Retreat Registration.....	\$ 110.00
Supplies	\$ 253.72
Copies.....	\$ 52.73
Soda & Tea.....	\$ 90.57
Speaker Gifts.....	\$ 193.40
Retreat Expenses Total:.....	\$ 1,103.42

2012 Budget For Annual Retreat:

2011 Budget Allocated For Retreat.....	\$ 800.00
2012 54 Registrants x \$5.00 Profit (110.00 + 5 Monastery).....	\$ 270.00
In-Kind Donation.....	<u>\$ 100.00</u>
Total Budget For Expenses.....	\$1,170.00
Total Budget Used.....	<u>\$1,103.42</u>
2012 Under Budget by.....	\$ - 66.58

InterGroup Expenses

Speaker Travel Expenses.....	\$403.00
Advance To Chairperson.....	<u>\$200.00</u>
Total InterGroup Expenses.....	\$603.00

Expenses Total.....	\$1,103.42
Less InterGroup Expenses.....	\$ -603.00
Less In-Kind Donation.....	<u>\$ -100.00</u>
	\$ 400.42

Receipts Submitted:

InterGroup Owes Mary Wolfe.....	\$ 227.25
InterGroup Owes Claudia Pitzler.....	<u>\$ 13.17</u>
	\$ 290.42

RETREAT INCOME

Basket Raffle.....	\$163.00
Silent Auction.....	\$429.00
Quilt Raffle.....	\$120.00
Beverage Donations.....	<u>\$ 66.90</u>
	\$778.90

Clothing Closet.....	\$157.00
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Ways & Means.....	\$100.00
Turned into InterGroup	\$257.00
Retreat Income.....	\$778.90
Less Check #1908.....	\$ - 25.00
Less Check #1115.....	\$ - 44.00
Less Check #3913.....	\$ - 52.50
Less IOU Chris N.	\$ - 55.00
Committee Owes Intergroup	\$494.40
Less Amount Due to Mary Wolfe.....	\$227.25
Submitting Money Order To Intergroup For.....	\$267.15
Late Registration Checks #525	\$ 45.00
Late Registration Check #1114	\$ 58.00
	\$103.00

In closing, the following suggestion is one that I would like to make for the 2013 Retreat Committee. Be careful when selecting committee leaders and co-leaders. While leader's qualifications are written into our By-Laws, Co-leaders and especially those that handle funds for the Committee should have **at the very least** six months of continued abstinence and working with a sponsor. It is my opinion that a lot of our difficulties could have been avoided if that requirement had been put in place beforehand.

Thank you again for allowing me to Chair the 2012 Retreat Committee. It was great fun and we all learned powerful lessons about trust, honesty, faith, and our obligation to put principles over personalities.

Mary MacGregor Wolfe

Enclosures:

Registrars Last Financial Report
 Receipt Copies For Retreat Supplies
 Check #525 Made Payable For \$45.00
 Check #1114 Made Payable For \$58.00
 Check #3913 Made Payable For \$52.50
 Check #1908 Made Payable For \$25.00
 Check #1115 Made Payable For \$44.00
 Money Order Made Payable for \$267.15

2000

10 Saturday Only.....	(10x45).....	450.00
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DEDUCT 11 Scholarship (10x58 + 1x57.50)..... \$637.50

Total DEDUCTION	\$752.50	<u>(752.50)</u>
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ADD Scholarship Donations Received with Registrations.....150.00

1. PAM RECEIVED ON SEPTEMBER 15, 2012 INTERGROUP CHECKS TOTALING	\$3,699.50
2. AFTER THAT DATE THERE WERE TWO CANCELLATIONS AND PAM HAD TO VOID TWO CHECKS FOR \$115.00 EACH - SO WE DEDUCT	(230.00)
3. MET WITH PAM T. ON OCTOBER 4, 2012 AND GAVE HER CHECKS TOTALING	<u>\$2,358.00</u>

[illegible]

52 FULL WEEKEND REGISTRATION
10 SATURDAY ONLY REGISTRATION
11 SCHOLARSHIPS
1 COMPLIMENTARY

Susan Crinage
Registrar