

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

October 13, 2012

www.oasouthernaz.org

Attendance: Wendy A., Vice Chair; Chris N., Secretary; Pam T., Treasurer; Beth M., Sr. Delegate; Neva S., Jr. Delegate; Susan C., Telephone, IR; Cheryl L., Newsletter co-chair, IR; Roni B., co chair C&A; Marie R., Meeting List, IR; Nan B., Website; Cris Poole, IR; Allison M., IR; Barbara B., IR; Lauren M., IR; Barb S., IR; Barbara M., IR; Terre J., IR; Maureen L., IR; Wanda C., IR; Nancy R., IR; Marilyn B., IR.

Call to Order: At 10:45AM Wendy asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concepts of the Month. The sign in sheet was passed. Not read the Standing Rules.

Secretary: The minutes from the September 18, 2012 meeting were accepted as presented electronically.

Treasurer's Report: The financial report was presented. Income from the previous month was noted as \$461.76. Expenses were \$95.03. Current checkbook total is \$20,866.37. Mail announced and passed around for reading. 7th Tradition envelope passed.

Committee Reports: Ad Hoc Nominating Committee: requesting attendees fill out applications for open positions on board and Committees during intergroup.

Delegates/Region Reps.:

- Beth and Neva attended the Fall Region 3 Assembly in Henderson NV, Sept. 27-30. The main business conducted at Fall Assembly is Steering Committee elections. This year the Chair and Recording Secretary positions were up for rotation. Andrea MacDonald has been filling the Chair position as an appointee after the previous Chair, Francine A., moved out of the region mid-term. Andrea was the only applicant for the Chair position and was affirmed to her first elected term. Two applicants ran for the position of Recording Secretary, which was being vacated by Marcia F. after four years (two terms) of wonderful service. Neva S. was elected for a two year term as Recording Secretary for the Region 3 Steering Committee. Neva has turned in her resignation as SEAZ Region Rep/Delegate effective December 31, 2012. There would be a conflict as both Region Reps and Steering Committee members vote on Region business at assemblies.
- The other business carried out at assembly is the committee work. Region Committees include Ways/Means/and Finance, Communications/Technology, Unity with Diversity, Twelfth Step Within, PI/PO, and Bylaws. Each committee has a region rep serving as chair and a Steering Committee member serving in an advisory/cochair position. These committees assist and facilitate in the business of the Region in carrying the OA message and also provide continuity with efforts at the World Service level and the Intergroups within the region.
- As the new Recording Secretary, Neva joined the Bylaws Committee, which will be bringing some motions to the Region Assembly in the Spring. Neva was also charged with reformatting the Region Bylaws and Policy Manual to make both documents easier to amend when necessary.
- Beth serves as chair for the Communications/Technology committee which reported that the Steering Committee application is now online, and that the committee will be electronically archiving Region 3 documents in the Spring. After the recent hacking of the previous hosting server, the committee Sunday changed hosting compies and has since successfully migrated the region 3 site to the new host. Assembly speaker recordings are being posted to the website and the Communications Secretary, Barb R., is encouraging members to send recordings of OA speakers for posting.
- Ways, Means and Finance committee had additional refrigerator magnets produced. Neva purchased 20 magnets at Assembly and has brought them for resale here at Intergroup. If you wish to purchase magnets, they are on the side table. Please make sure you take only the number of magnets you are paying for and put the money in the envelope provided. Our Treasurer, Pam T., will have any magnets left over at the end of Intergroup today.
- The Unity with Diversity committee plans to present a motion at WSBC next Spring to amend the policy statement for that committee to be more inclusive.
- PI/PO is focusing on increasing outreach to healthcare professionals through mailings and through participation in

regional health fairs and professional shows.

- Twelfth Step Within has completed making contacts with its current list of unaffiliated groups and plans to continue putting out monthly reminders on the 11th of each month. The committee is also working on a “stuck in recovery” workshop.
- The next Region 3 Cruise has been postponed until 2015, so stay tuned for more on that in the future.
- The Spring assembly is being hosted by Houston HOW Intergroup. We will share more information about that as it comes to us.

Public Information/Professional Outreach (PIPO):

- Recovery Expo! We had a wonderful time! Thanks so much to everyone who volunteered to help!
- All of the projects that have been mentioned before are still ongoing. Please download flyers to share with your meetings and remind folks to donate books and literature. If folks are leaving literature in places and need refills, please contact Rae for more.
- If anyone has books for donation today, please give those to Wendy.
- Thanks to everyone who has donated and given time to our committee. We have a solid group but can ALWAYS use more volunteers.
- There will be a meeting of the PIPO committee soon. Members are asked to watch for details via email and website.

Lifeline and Resource Library: No report, not represented.

Meeting List: Marie stated no changes, she is checking with groups about permission to put notation on meeting list that meeting needs support.

Newsletter: Cheryl reported newsletter will soon be out and final deadline for last issue is December 10, 2012.

Telephone: Total calls 48 (Pam); Calls Reported: 2; Calls Returned: 1 responded in spanish

Special Events: Susan reported that the retreat was full for weekend stay but can register for Sat participation.

Twelfth Step Within: Chris read report: The TSW committee will be hosting another workshop. We've done the first 3 steps. We've looked extensively at the Big Book and the steps at our Big Book weekend. Now it's time to help both newcomers and veterans with Sponsorship. We'll be hosting a Sponsorship workshop in November on the 11th at 4pm. I will be meeting with Roni B to work on the details of this workshop and we will release a flier to Intergroup Reps very soon. I will email this flier to reps as well as sending out some hard copies by mail. Once we have a digital copy of the flier, I will send that to Nan for the website. Please encourage your home group members to save the date and look for details very soon. We will also be planning a Service workshop in December and an action day for December 12th.

Website: Nan verbally reported: Routine maintenance was performed, action items updated, meeting list updated, current newsletter posted, and announcements updated.

Convention Planning: Roni read: The C&A planning committee met on September 15th . We spent most of our meeting time reviewing the convention's registration form, flier, and bookmark. It was time well spent as we made quite a few changes and suggestions. The plan is to complete the items and get the bookmarks and registration brochures into the hands of our Regional Reps prior to the Sept 28th Assembly in NV.

Pat reported that she has only a few committee proposed budgets at this time.

Chris announced that the next Ways and Means Committee meeting is at her house on October 6th.

Sandra R took on the responsibility of Chair of the Signs and Decorations Committee.

The CPC is still looking for an Entertainment Committee chair.

Our next meeting is TODAY at 1pm. Please join us!!

Questions: TSW asked about date for Sponsorship workshop: November 11, 2012

Jill giving report for nominating committee, Roni mentioned that face to face requests more effective which Beth will do.

Retreat questions: asked if brought food Sat, would cost change and the answer was no. Sat time start? 7:30am, if members have donations for the silent auction? call Claudia at 829-6968 to clarify process.

Marilyn asked if plea for articles for newsletter was on website-stated didn't know as articles are sent to website e mail, Cheryl will send to Nan to post so members can access and print out.

Lauren volunteered to assist with calls to update we care list.

Asked when our Convention would be posted on Region III website, probably in February, 2013

Ordering more refrigerator magnets for Region III, cost \$2.

IR Trainer:

Janis excused, Wendy went over the IG Address List to determine delivery of information from Intergroup to meetings, updated IR information and counted 13 IRs present. We care list will be collected and reviewed for next issue.

Unfinished Business: Slate: Deb reviewed current slate which included Pam as treasurer, Paula T and Jill S as RR/Delegates, Rae: newsletter, Marie: meeting list, Wendy, IR trainer. No further attendees volunteered at Intergroup so Wendy will submit to groups for their vote to take to groups for consideration. Need a couple people to go to groups not represented today, Roni will help. Applications and bylaws/requirements are posted on website for members to access. Neva pitched and Nan supported teaching of skills needed for new members/committee positions.

New Business: Census: the annual membership count is done by the IR's or their designee in the first week in November meeting they have and brought back to chair in December. Do not announce at meeting, just getting a head count of attendance. Marilyn volunteered to contact Yuma., Nancy will do Benson, Neva will contact Patagonia.

Roni counted only 30 meetings listed so we are only eligible for two delegates to have on the slate. Deb mentioned that Beth was interested in reapplying for the RR/delegate position.

Vision and Goals # 2 Committed Service Bodies Task #4 suggestions discussed:

- *IR bring sponsees into intergroup and expose before position needs filling.

- *Talk up service at retreat and announce; Wanda will call Mary and ask for announce at retreat.

- *Have board and committee chairs tasked to recruit their own replacements

- *Have chair/vice chair be two year commitment because could swap.

- *To put updated copy of goals on website for review

- *Deb mentioned that service requests were declined because of upcoming Convention commitments, Roni stated that many were wearing 'two hats'.

- *Maybe start looking at filling positions sooner, August Intergroup to allow more time to get member participation.

Read from the Group Handbook, question How things get done at WSO (page35)

Announcements: Next SEAZ Intergroup meeting at 10:45am (Board meets at 10am)

2013 C&A Planning meeting is at 1pm after Intergroup.

October 19-21 SEAZ Retreat at St. David

Need audit committee volunteers so please call or e mail Pam (she will not be at November Intergroup meeting).

Sponsorship Workshop in November, specifics to be sent out.

Please send updates for We Care list via e mail/mail to Janis R.

November 17th IDEA Day in Sierra Vista.

Recap of Action Items done by Nan/Barbara/Wendy.

Adjourned at 12:15 PM with The Responsibility Pledge.

Respectfully submitted,
Chris Nunn, Secretary