

## AGENDA

### SEAZ INTERGROUP OF OVEREATERS ANONYMOUS

November 9, 2013 | [www.oasouthernaz.org](http://www.oasouthernaz.org)

- 10:45 A.M. Call to Order and Serenity Prayer** 10 min  
Welcome to Intergroup **Please silence cell phones**  
Introductions while reading the Twelve Traditions and Concept of the month  
Sign-in sheet passed during reading [Deb E. excused]  
Standing Rules
- 10:55 A.M. Minutes** 5 min
- 11:05 A.M. Treasurer's Report (Pam T.)** 10 min  
7<sup>th</sup> Tradition envelope passed around  
Mail announced and passed around  
Budget discussion and sent to groups for vote
- 11:15 A.M. Committee Reports (jot down questions so you can remember them)** 20 min  
Delegates [Beth M./Jill S.]:  
Public Information/Professional Outreach [Sara J./Mollie H.]  
Lifeline & Resource Library [Pam T./OPEN]  
Meeting List [Marie R.]:  
Newsletter: [Angela N.]  
Phone: [Barbara S.]: 2 calls; 2 calls returned - Total: \_\_\_\_ [Barb S. excused]  
Special Events: [Marj; Beth]  
Twelfth-Step Within [Deb E./OPEN]  
Website: [Cheryl L.]:
- 11:35 A.M. Questions for Committee Chairs** 5 min
- 11:45 A.M. IR Training [Wendy A.]** 10 min  
IRs present \_\_\_\_\_  
Mail/hand deliver information to meetings not represented  
Training tip for IR's
- 11:50A.M Unfinished Business** 20 min  
Nominating Committee (Susan C., Bev C., Peri R.) Slate of Officers
- 11:55 A.M. New Business** 20 min  
Election  
SEAZ Bylaws amendments  
Vision and Goals: #3  
Read from Group Handbook, "Getting Things Done in Your OA Group," p. 6  
**Best Practices:**
- 12:15 P.M. Announcements:** 5 min  
December 21, next SEAZ Intergroup meeting, 10:45 a.m. (Board meets at 10 a.m.)  
International Day Experiencing Abstinence [I.D.E.A.]. Nov. 16, Sierra Vista  
"Thank-A-Thon," Thanksgiving Day, 9 a.m.-12 noon, St. James Methodist Church  
February 1 "Abstinence" with speaker and workshop (Mark your calendars now!)
- 12:25 P.M. Recap of Action Items** 5 min
- 12:30 P.M. Adjourn with the Responsibility Pledge**

**"ALWAYS TO EXTEND THE HAND AND HEART OF OA TO ALL WHO  
SHARE MY COMPULSION; FOR THIS I AM RESPONSIBLE"**