

## AGENDA

### SEAZ INTERGROUP OF OVEREATERS ANONYMOUS

October 19, 2013 | [www.oasouthernaz.org](http://www.oasouthernaz.org)

- 10:45 A.M. Call to Order and Serenity Prayer** 10 min  
Welcome to Intergroup ***Please silence cell phones***  
Introductions while reading the Twelve Traditions and Concept of the month  
Sign-in sheet passed during reading  
Standing Rules
- 10:55 A.M. Minutes** 5 min
- 11:05 A.M. Treasurer's Report** (Pam T.) [excused] 10 min  
7<sup>th</sup> Tradition envelope passed around  
Mail announced and passed around
- 11:15 A.M. Committee Reports (jot down questions so you can remember them)** 20 min  
Delegates [Beth M./Jill S.]:  
Public Information/Professional Outreach [Jill S./OPEN]  
Lifeline & Resource Library [Pam T./OPEN]  
Meeting List [Marie R.]:  
Newsletter: [Angela N.]  
Phone: [Barbara S.]: 2 calls; 1 hang-up; 1 call returned - Total: 35  
Special Events: [Marj]  
Twelfth-Step Within [Deb E./OPEN]  
Website: [Cheryl L.]:  
C&A 2013: [Janis R./Roni B.] Final Report
- 11:35 A.M. Questions for Committee Chairs** 5 min
- 11:45 A.M. IR Training** [Wendy A.] 10 min  
IRs present \_\_\_\_\_  
Mail/hand deliver information to meetings not represented  
Training tip for IR's (Annual November Group Member Count)
- 11:50A.M Unfinished Business** 20 min  
Final Revised Intergroup Inventory 2013 (Deb. E.)  
Ad Hoc Vision and Goals Committee [Deb E., Chair]  
Ad Hoc Committee for Annual Membership Count Procedures (Wendy A.)  
Nominating Committee (Susan C., Bev C., Peri R.) Slate of Officers
- 11:55 A.M. New Business** 20 min  
Youth in OA (Jill S.)  
Vision and Goals # \_\_\_\_\_  
Read from Group Handbook, "Getting Things Done in Your OA Group," p. 6  
**Best Practices:**
- 12:15 P.M. Announcements:** 5 min  
**November 9**, next **SEAZ Intergroup** meeting, **10:45 a.m.** (Board meets at 10 a.m.)  
**NOTE: IG always meets the 2<sup>nd</sup> Saturday in November** because of the I.D.E.A. event!  
Annual Retreat at St. David, Nov. 1-3  
International Day Experiencing Abstinence [I.D.E.A.]. Nov. 16, Sierra Vista  
"Thank-A-Thon," Thanksgiving Day
- 12:25 P.M. Recap of Action Items** 5 min
- 12:30 P.M. Adjourn with the Responsibility Pledge**

**"ALWAYS TO EXTEND THE HAND AND HEART OF OA TO ALL WHO  
SHARE MY COMPULSION; FOR THIS I AM RESPONSIBLE"**