

**SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS  
MINUTES**

**August 10, 2013**

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Marilyn B., Chair; Deb E., Vice Chair; Jill S., RR/ Jr. Delegate; Barb S., Telephone Chair & IR; Angela N., Newsletter Chair; Marj M., Special Events Chair, Retreat Chair, & IR; Cheryl L., Website Chair; Cris P., IR; Susan C., Retreat Chair & IR; Barbara B, IR; Beverly C., IR; Terre J., IR; Sara J.,IR; Wendy A., IR Trainer; Nancy R., IR; Mike A., IR; Peri R., IR; Jan F., IR; Barbara M., IR; and Wanda C., IR.

**Call to Order:** At 10:48 a.m. Chair Marilyn B., called the meeting to order and opened with the Serenity Prayer; she asked for those present to silence their cell phones and appointed Nancy R. as Secretary Pro Tem. Introductions were made during the reading of the Twelve Traditions and the Seventh Concept. The sign-in sheet was passed. Deb E. read the Standing Rules.

**Secretary Report:** The July 20, 2013, IG meeting minutes were sent electronically and were accepted as presented.

**Treasurer Report:** Treasurer Pam T. was excused. She had sent the financial report electronically. The report was received for audit. Copies are available for distribution. Budget requests are due at next month's meeting. Reimbursement forms and receipts may be mailed directly to Pam at home. The mail folder was not available.

**Committee reports:**

**Special Events: Marj M-M, Chair:** [requested to be first on the agenda for committee reports because she had to leave early] The second Retreat Planning meeting met July 20. The speakers/presenters are in place, and several people have volunteered to lead extra activities. A final schedule should be decided at the September 21 meeting. The committee is requesting groups to donate to the Scholarship Fund to enable the committee to grant 10-12 scholarship requests. Checks should state "Retreat" on the memo line. Retreat registration forms are available for each group today and on the website and will be available at the Region III Convention. Newsletter Editor Angela N. has emailed a registration form to all on the newsletter list.

**Delegate/RR report: Jr. Delegate/RR Jill S.** reported that they had no report. Beth and Jill will attend the Assembly. All OA's are welcome to attend a business session.

**Public Information/Professional Outreach (OPEN/Jill S.):** no report \*Today Darlyn R. is staffing an OA table at a SEABS event in Benson. \*Jill S. reported that two volunteers are needed to staff an OA table at "Red Road to Wellbriety" on September 21. Sara J. brought a brochure. Contact Jill to do this service.

**Lifeline and Resource Library (OPEN/Pam T.):** no report

**Meeting List – Marie R., Chair:** submitted a report to be read. \*The Saturday "I Put My Hands in Yours" 4 p.m. meeting is meeting at the Phillips Chapel CME Church. \*Call or email Marie if you have meeting changes. \*Meeting List copies are available.

**Newsletter – Angela N., Chair:** no report but the deadline for submissions is September 5.

**Phone Chair: Barbara S., Chair -** Calls reported: 2; 2 calls returned; total calls for the month: 43.

**Twelfth Step Within: (OPEN/Deb E.)** no report

**Website: Cheryl L., Chair –** \*Routine maintenance and updating was performed. \*The domain and website were renewed for 2 years at a cost of \$216.78. \*There were no missed messages during the time the emails were not being checked on the website. \*Wanda will be trained soon. \*Convention deadlines were posted on the events page. \*The retreat registration form was added to the events page.

**2013 Convention/Assembly Planning: (Co-Chairs Roni B. & Janis R.)** no report since no July meeting

**Questions for the Committee Chairs:** none

**IR Trainer: Wendy A.** counted 13 IRs present. \*The "Spring We Care" list was finished and hard copies are on the table. Inform Wendy of any changes which will be made for the fall issue. \*Wendy made arrangements for the distribution of today's meeting materials.

**Unfinished Business:**

\*Revised Intergroup Inventory 2012 (Deb. E.) \*Document will be emailed at a later date.

\*Ad Hoc Vision and Goals Committee (Deb E., Chair) reported the document would be ready for the September meeting.

\*Ad Hoc Committee for Annual Membership Count Procedures (Wendy A., Chair) reported this would be ready for the September meeting.

**New Business:**

\*Marie R., Chair of the Ad Hoc Newsletter Guidelines Committee, submitted via email the following **MOTION** for the SEAZ Policy Manual: *That the SEAZ "Desert Recovery" newsletters include the current version of the SEAZ Meeting List as prepared by the Meeting List chairperson. The Newsletter Chairperson will obtain the current Meeting List from the Meeting List Chairperson when preparing to publish each issue of the newsletter. The complete content of the SEAZ Meeting List will be published in the newsletter, but the Newsletter Chairperson has the discretion to change the formatting of the list (for example font style and size) to comply with the format of the newsletter.* **Motion adopted.**

\*Bev C., Peri R., and Susan C. volunteered to serve on the Nominating Committee. A slate will be presented at the October meeting.

\**Vision and Goals #4* was read.

\**Group Handbook for Members, Groups and Intergroups: Recovery Opportunities*, p. 5 was read.

**Announcements:** The next Intergroup meeting will be September 21, 10:45 a.m. (Board meets at 10 a.m.)

2013 C & A Planning meeting at 1 p.m. today

2013 Region III Convention & Assembly, Tucson, August 16-18

Annual Retreat at St. David, Nov. 1-3

Annual Thank-A-Thon, Thanksgiving Day

World Service Convention, Cleveland, August 29-September 1

**Recap of Action Items:** Cheryl L. reviewed the action items.

**Adjournment:** Adjourned 11:58 p.m. with the Responsibility Pledge.

Respectfully submitted,  
Nancy Rea, Secretary Pro Tem