

# SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

## MINUTES

DECEMBER 21, 2013

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Marilyn Bredeson, Chair; Junardi A., Secretary; Pam T., Treasurer; Beth M., Sr. RR/Delegate; Jill S., Jr. RR/Delegate; Sara J. IR, PIPO Co-Chair; Angela N., IR & Newsletter; Marie R., Meeting List; Wendy A., IR Trainer; Cheryl L., Website; Claudia P., IR; Peri Jude R., IR; Barbara B., IR; Diane S., IR; Sally H., IR; Mike A., IR; Jan F., IR; Nancy R., IR; Susan C. Retreat Co-Chair; Roni B., IR; Janis R., guest; James F., guest

**Call to Order:** Marilyn called the meeting to order at 10:43 a.m. with the Serenity Prayer. The Twelve Traditions were read during introductions.

**Secretary Report:** The November 9, 2013, minutes were accepted as presented electronically.

**Treasurer Report:** Pam T., 7<sup>th</sup> Tradition was passed around; mail was announced and passed around; the 2014 corrected Budget will be amended (computation changes and returned check from the Yaqui Nation for the amount of \$1512 to be resolved next week); and the PIPO column will be revised as per the Board motion to go forward with the request mileage reimbursement for the PIPO event in Sells.

### Committee Reports:

**Delegates** [Beth M. & Jill S.]: no report.

**Public Information Professional Outreach (PIPO)** [Mollie H. & Sara J.]: \*Mollie is offering a quick presentation on advertising on the third Saturday of January, 10 a.m., if anyone is interested; please contact her well in advance. \*Packets have been prepared for distribution by members. "Directions for carrying the OA message through literature packets" is included in each packet and should be removed before giving away the packet. Members want to carry the message. \*Still seeking committee members.

**Lifeline & Resource Library** [open/Pam T.]: Pam made copies of the convention CD's and distributed them to the IR's.

**Meeting List** [Marie R.]: Marie brought copies of the new meeting lists, which are also on the website.

**Newsletter** [Angela N.]: Angela reports that the next deadline is Jan.5<sup>th</sup>, with an OPEN TOPIC. She is also looking for original poetry and artwork.

**Phone** [Barb S.]: Barb reported: 1 call; 1 call returned; 1 hang-up; TOTAL CALLS 42.

**Special Events** [Marj M.]: excused. \*Beth reported that the Abstinence workshop will be held at the Reid Park Performing Arts Center. A kitchen is available, and lunch will be provided at cost or you may bring your own. Janice Sullivan has given permission to record her talk which will be put on the website with the digital recorder purchased on behalf of OA. Mary read the workshop flyer to the group. \*Region III Trustee Vicki Cox is tentatively scheduled to speak and lead an abstinence workshop on March 22<sup>nd</sup>. WSO and Region III will help to fund her trip. \* Sally H. reported 30 or more people attended the Thank-a-thon. \*Retreat Committee Co-Chair Susan C. reported the overage from 2013 Retreat was \$1797.86 and expenses were \$261.41. The Committee recommends that the money boxes no longer be on the "honor system," but that whoever is in charge of sale items keeps the cash on his or her person or with a designated volunteer. A Chair or Co-Chairs are needed for the 2014 Retreat, which is scheduled for October 10-12, at St. David, which is reserved. Presenters have already been chosen. Marj has lots of ideas to offer and is willing to co-chair.

**Twelfth Step Within** [open/Deb E.]: Marilyn reported the 2013 Special Events and Twelfth Step Within budgets were combined to fund the two 2014 abstinence workshops.

**Website** [Cheryl L.]: Cheryl reported routine maintenance and updating were performed, and she replied to inquiry emails.

Following the Questions for Committee Chairs, Chair Marilyn B. thanked the 2013 Chairs for their service.

**IR Trainer:** (Wendy A.) IR's present: 12. Arrangements were made for the distribution of today's meeting materials. Reminder: Meeting lists and the "We Care" lists are for use within the fellowship only.

### Unfinished Business:

•Marilyn received some, but not all, of the member count totals and requested that the numbers be emailed to her as soon as possible.

### New Business:

- Committee Chair Appointments:** At this morning's Board meeting the following were appointed to serve for 2014:
  - Public Information/Professional Outreach [PIPO]: Sara Jess and Mollie Hunter
  - Lifeline & Resource Library: OPEN [Pam T. is willing to serve as a committee member.]
  - Meeting List: Wendy Ascher

Newsletter: Angela Nikkari  
Phone: Barbara Saylor  
Special Events: Marj Malloy-Mueller  
Twelfth Step Within: Beth Marlatt  
Website: OPEN [Cheryl L. will mentor.]  
IR Trainer: Sally Hicks

•**2014 Budget Motion:** The proposed 2014 Budget was adopted unanimously.

•**Special Election:** Cheryl Lundgren addressed the IR's and read her application for Junior Region Representative/Delegate. Cheryl was elected unanimously.

•**Proposed Bylaw Amendments:** Marilyn presented the Board motion: TO AMEND: **ARTICLE II: PURPOSE**, *Section 1: Purpose*, A. and **ARTICLE IX: AMENDMENTS TO THE BYLAWS**, as follows:

## **ARTICLE II - PURPOSE**

### **Section 1: Purpose**

The primary purposes of this organization are:

A. To aid those with the problem of compulsive eating through the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service, and to serve, support, and represent the OA groups within the Intergroup area defined in Article I, Section 2A. This Intergroup is in compliance with and qualifies as an exempt organization under Section 501 (c) (3) of the Internal Revenue Code of 1986 (or the corresponding section of any future United States Internal Revenue Law).

## **ARTICLE IX – AMENDMENTS TO THE BYLAWS**

These Bylaws, with the exception of Article II, Sections 2, 3 and 4, may be amended at any time by a 2/3 vote of the IRs present at any regular or special meeting of the Intergroup, provided a copy of the proposed amendment has been submitted in writing and received by each group affiliated with this Intergroup at least 30 days prior to the meeting in which action is to be taken on the amendment. Article II, Sections 2, 3, and 4 can only be amended as per OA, Inc. Bylaws, Subpart B, Article XIV, Section 1. Amendments to these Bylaws shall be effective at the close of the meeting at which they are adopted, except as otherwise specified.

Bylaw Amendments adopted unanimously.

•**Audit Committee Appointments:** Marilyn appointed Roni Byrne, Sally Hicks, Janis Rothschilder, and Pam Tolkoff to serve on the Audit Committee. The committee will meet the second week of January, after the 15<sup>th</sup>. Pam will schedule via email.

**Vision and Goals #4** was read. Deb E. is to finalize them for the next meeting.

**Group Handbook for Members, Groups and Intergroups: Recovery Opportunities**, "Getting Things Done in Your OA Group", pp. 6- 8, through #2.

### **Announcements:**

\* Next Intergroup Meeting, **January 18, 2014, 10:45 a.m.**, (Board meets at 10:00 a.m.)

\* February 1<sup>st</sup> - "Abstinence" workshop and speaker Janice Sullivan at Reid Park Fine Arts Performance Center. (Mark your calendars now!)

\* Region III Spring Assembly and Convention, Dallas, TX, February 28 - March 2.

**Recap of Action Items:** Cheryl L., Webmaster

**Adjournment:** Marilyn adjourned the meeting at 12:18 p.m. with the Responsibility Pledge

Respectfully Submitted,

Junardi Armstrong, Secretary