

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

NOVEMBER 9, 2013

www.oasouthernaz.org

Attendance: Marilyn Bredeson, Chair; Junardi A., Secretary; Pam T., Treasurer; Beth M., Sr. RR/Delegate; Jill S., Jr. RR/Delegate; Sara J. IR & Mollie H., PIPO Co-Chairs; Angela N., Newsletter; Wendy A., IR Trainer; Cheryl L., Website; Claudia P., IR; Peri Jude R., IR; Barbara B., IR; Diane S., IR; Deb B., IR; Nancy N., IR; Sally H., IR; Mike A., IR; Claudia P., IR; Jan F., IR; Nancy R., IR; Susan C. Retreat Co-Chair

Call to Order: Marilyn called the meeting to order at 10:48 a.m. with the Serenity Prayer. The Twelve Traditions were read during introductions.

Secretary Report: The October 19, 2013, minutes were accepted as presented electronically.

Treasurer Report: Pam T. 7th Tradition was passed around, mail was announced and passed around, the 2014 Budget was discussed and sent to the groups for approval.

Committee Reports:

Delegates [Beth M. & Jill S.]: no report.

Public Information Professional Outreach (PIPO) [Mollie H. & Sara J.]: Mollie brought the new signs with easels that were created for all the outreach events and reported their committee's process, making a budget request. Meanwhile, they are still looking for committee members. (See report.)

Lifeline & Resource Library [open/Pam T.]: Pam reported that if members or groups purchase a subscription before December 15th prizes will be given.

Meeting List [Marie R.]: Marie was absent but sent in the new meeting lists.

Newsletter [Angela N.]: Angela reports that the next deadline is Jan. 5th, with an OPEN TOPIC. She is also looking for original poetry and artwork.

Phone [Barb S.]: Barb reported: 2 calls; 2 call returned; TOTAL CALLS 42.

Special Events [Marj M.]: excused, but coordinating with Beth M. (2014 TWI Chair applicant) for Feb. 1st event.

Twelve Step Within [open/Deb E.]: Beth M. reported that Janice Sullivan will be giving the workshop on abstinence on Feb. 1st; the flyer is on the website. Region III Trustee Vicki Wilcox will share her story and lead a Service & Traditions workshop in March (Date TBD). Sally H. reported that the Thank-a-thon will be Thanksgiving Day, 9 a.m.-Noon; and the flyer will be on the website.

Website [Cheryl L.]: Cheryl reported routine maintenance and updating were performed.

IR Trainer: (Wendy A.) IR's present: 12. Arrangements were made for the distribution of today's meeting materials. The annual group member count is this month, and it is a head-count each week with the total averaged. Email average to Marilyn at the end of the month. Reminder: Meeting lists and the "We Care" lists are for use within the fellowship only.

Unfinished Business: Susan C. read the Slate of Officers for 2014: Chairman – Marilyn Bredeson; Vice Chairman – Susan Crinage; Secretary – Chris Nunn; Treasurer – Janis Rothschilder; Junior RR/Delegate – Deb Brown.

New Business:

•**Election:** Applications were read by the nominees. A question arose pertaining to Deb Brown's length of abstinence since a member mentioned that Region III has a one-year abstinence requirement for each RR and WSBC requires that a Delegate must have attended a Region Assembly. Since no one had available a copy of Region III Bylaws, Marilyn will investigate the Region and WSO bylaws concerning waiving the abstinence requirements for Deb Brown. The slate with the exception of Deb Brown was elected unanimously.

•**Proposed SEAZ Bylaws Amendments:** Marilyn presented the Board motion: TO AMEND: **ARTICLE II: PURPOSE**, *Section 1: Purpose*, A. and **ARTICLE IX: AMENDMENTS TO THE BYLAWS**, as follows:

ARTICLE II - PURPOSE

Section 1: Purpose

The primary purposes of this organization are:

A. To aid those with the problem of compulsive eating through the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service, and to serve, support, and represent the OA groups within the Intergroup area defined in Article I, Section 2A. This Intergroup is in compliance with and qualifies as an exempt organization under Section 501 (c) (3) of the Internal Revenue Code of 1986 (or the corresponding section of any future United States Internal Revenue Law).

ARTICLE IX – AMENDMENTS TO THE BYLAWS

These Bylaws, with the exception of Article II, Sections 2, 3 and 4, may be amended at any time by a 2/3 vote of the IRs present at any regular or special meeting of the Intergroup, provided a copy of the proposed amendment has been submitted in writing and received by each group affiliated with this Intergroup at least 30 days prior to the meeting in which action is to be taken on the amendment.

Article II, Sections 2, 3, and 4 can only be amended as per OA, Inc. Bylaws, Subpart B, Article XIV, Section 1. Amendments to these Bylaws shall be effective at the close of the meeting at which they are adopted, except as otherwise specified.

- Vision and Goals* was tabled until next month.

- Group Handbook for Members, Groups and Intergroups: Recovery Opportunities, “Getting Things Done in Your OA Group”, p. 6* was tabled until next month.

Announcements:

*International Day Experiencing Abstinence [I.D.E.A.], November 16, Sierra Vista

*Thank-A-Thon,” Thanksgiving Day, November 28, 9 a.m.-noon, at St. James Methodist Church, N. of Campbell and Ft. Lowell

* February 1st - “Abstinence” workshop and speaker Janice Sullivan. (Mark your calendars now!)

*Next Intergroup Meeting, **December 21, 2013, 10:45 a.m.**, (Board meets at 10:00 a.m.)

Recap of Action Items: Cheryl L., Webmaster

Adjournment: Marilyn adjourned the meeting at 12:41 p.m. with the Responsibility Pledge

Respectfully Submitted,

Junardi Armstrong, Secretary