

SOUTHEASTERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS  
MINUTES

October 19, 2013

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Marilyn Bredeson, Chair; Deb Ehres, Vice Chair; Junardi Armstrong, Secretary; Beth Marlatt, Sr. RR/Delegate; Jill Sena, Jr. RR/Delegate; Marj M., IR, Special Events Chair and Retreat Co-Chair; Cheryl L., Website Chair; Susan C., Retreat Co-Chair; Barbara M., IR; Sara J., IR; Nancy R., IR; Mike A., IR; Peri R., IR; Angela N., Newsletter Chair; Cris P., IR; Barbara B., IR; Barb S., IR; Sally H., IR; Robyn H., IR; Nancy N., IR; Wendy A., IR Trainer; Pat W. alt. IR; and Deb B. alt. IR.

**Call to Order:** Marilyn called the meeting to order at 10:48 a.m. with the Serenity Prayer. The Twelve Traditions were read during the introductions.

**Secretary Report:** The September 21, 2013, minutes were accepted as presented electronically.

**Treasurer Report:** Pam T. absent and excused. Email her if you have any questions.

**Committee Reports:**

**Convention:** Co-chairs Janis R. and Roni B. read their report of a very successful convention.

**Delegates:** no report.

**Public Information Professional Outreach (PIPO):** Sara J. reported on the San Xavier event last month and announced a Mini Expo in Sierra Vista Mall on November 2, 2013, and a Diabetes Health Fair in Sells on November 8, 2013, sponsored by the Tohono O'odham Nation. They will need volunteers for the event in Sells and later some help putting packets together. Meanwhile, they are still looking for committee members. (See report)

**Lifeline & Resource Library:** [open/Pam T.] No Report. Pam to bring copies of the convention CD's for the groups to the next IG meeting.

**Meeting List:** Marie was absent but sent in her report announcing the new meeting on Monday eves @ 5:30 p.m. at the Mountain View Retirement Village, 2<sup>nd</sup> floor (please sign in at the registration desk), 7900 N. La Canada Dr., called "Reading, Writing and Recovery: an in-depth Step Study", focusing on one of the 12 Steps for an entire month.

**Newsletter:** Angela reports that the next deadline is Nov. 5<sup>th</sup>, and the theme is Gratitude. She is also looking for original poetry and artwork.

**Phone:** Barb S. reported: 2 calls; 1 hang-up; 1 call returned; TOTAL CALLS 35.

**Retreat Committee:** Marj M. announced that the **dining hall is full**. People, who plan to come only on Saturday and have not pre-registered, may come to the conference room to the retreat for a free will donation; however, they must plan to bring their lunches and eat in other areas. Susan C. reported that registrations are: 7 for Sat.; 4 coming but staying in a hotel, 47 full registrations = 61 total. Total sales: \$5880 minus Scholarships (-422.50) leaves total at \$5457.50.

**Special Events:** Marj reported the Committee requests the following: Ideas for workshop topics, best day and time for events, and volunteers to help plan, execute and conduct the events.

**Twelve Step Within:** [open/Deb E.] no report

**Website:** Cheryl reported routine maintenance and updating were performed; one email was answered the meeting list was added to the home page; several events were added to or updated on the events page.

**Questions for the Committee Chairs:** Questions answered.

**IR Trainer:** Wendy A. IR's present: 14 . Arrangements were made for the distribution of today's meeting materials.

### Unfinished Business:

\* Deb E. reports she will put together the responses on Visions and Goals #1 from the groups. She also discussed the need to think about how to simplify the process.

\* Susan C. announced that they are still looking for an IG Secretary; Resource Library/Lifeline Chair, and an IR Trainer. All other positions have candidates. She will bring the slate of officers in November.

\* Wendy introduced for the Ad Hoc Committee for Annual Membership Count Procedures a **MOTION** *that in November 2013, the annual count procedure be modified as follows: each meeting count the attendance weekly during the month of November 2013. The weekly attendance will be averaged. Intergroup 2014 will evaluate if there is sufficient variation in weekly attendance to justify the additional effort required by this modification. Intergroup 2014 should determine if the annual count methodology should be changed in SEAZ policy.* **Approved unanimously.** Averages should be reported to Marilyn B. Wendy will notify the absent IR's.

### New Business:

\*Youth in OA ; Jill S. reported and suggested we consider starting meetings near the U of AZ and that groups have the Youth packets available at meetings. Email: [oayoungperson@gmail.com](mailto:oayoungperson@gmail.com).

\* Beth M. (Mentor for Twelfth Step Within Committee) is planning a speaker/workshop for Special Events inviting Janice Sullivan from FL. and **requests money from the budgets of Special Events and 12 Step Within to purchase plane tickets and book the speaker for a January 2014 date. Motion made** by Deb E. and seconded by Susan C. **Approved unanimously.**

\* *Vision and Goals* was tabled until next month.

\**Group Handbook for Members, Groups and Intergroups: Recovery Opportunities*, "Getting Things Done in Your OA Group", p. 6 was tabled until next month.

### Announcements:

\* New Meetings: Mon. 5:30pm NW at Mountain View Retirement Village, 2<sup>nd</sup> floor (please sign in at the registration desk), 7900 N. La Canada Dr, see Meeting List report above for details; Thursdays at 5:30 p.m. at St. Francis Episcopal Church. in Green Valley.

\*Annual Retreat, St David, November 1-3, 2013

\*Sierra Vista Mall on November 2, 2013.

\*A Diabetes Health Fair in Sells on November 8,2013 sponsored by the Tohono O'odham Nation

\*International Day Experiencing Abstinence [I.D.E.A.], November 16, Sierra Vista

\*Thank-A-Thon," Thanksgiving Day, November 28, at St. James Methodist Church N. of Campbell and Ft. Lowell

### Upcoming Events:

Next Intergroup Meeting, November 9, 2013, 10:45 a.m., (Board meets at 10:00 a.m.) NOTE: IG always meets the 2<sup>nd</sup> Saturday in November because of the I.D.E.A. event, which is the 3<sup>rd</sup> Saturday!

**Recap of Action Items:** Cheryl L., Webmaster, reviewed the list to be posted.

**Adjournment:** Marilyn adjourned the meeting at 12:32 p.m. with the 3<sup>rd</sup> step prayer.

Respectfully Submitted,

Junardi Armstrong, Secretary