

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

February 15, 2014

www.oasouthernaz.org

Attendance: Marilyn B., Chair; Chris N., Secretary; Janis R., Treasurer; Jill S., Sr. Delegate; Cheryl L., Jr. Delegate, website contact; Barbara S., Telephone, IR; Sara J., PIPO, IR; Angela N., Newsletter chair, IR; Beth M., TSW, IR sub; Marj MM., Special Events, IR; Roni B., IR; Claudia P., IR; James F., IR; Barbara M., IR; Nancy N., IR; Mike A., IR; Jan F., IR; Nancy R., IR.

Call to Order: At 10:50AM Marilyn asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Jill read the Standing Rules.

Secretary: The minutes from the January 18, 2014 meeting were accepted as presented electronically.

Treasurer's Report: The financial report was presented. Income from the previous month was noted as \$2,250.74. Expenses were \$1,421.49. Current checkbook total is \$18,146.51. Mail announced and passed around for reading. 7th Tradition envelope passed. Received for Audit, written 'budget tips' available for committee chairs. Q: Why is money from TSW event not listed as income in budget line? Any money earned this year through special events or Ways and Means goes to the 2015 budget.

Committee Reports:

Delegates/Region Reps.: [Jill/Cheryl] The WSBC agenda questionnaire was sent out to IG members this past month and the responses will be tallied and sent to WSBO by the middle of the month. Jill and Cheryl will be attending the Dallas Region III Convention on Feb. 28th – March 2nd, 2014.

Public Information/Professional Outreach (PIPO): [Sara J] Our banner and signs were used at the Feb. 1st Speaker event and the ad we wrote and financed for the event brought in at least one newcomer.

PIPO needs Lifelines. Please put a flyer in your announcement books. Do IRs want any PIPO flyers (like the Lifeline Request or Events) emailed to them? If you do, please tell me after the meeting. We will be updating the Meeting List (and changing it's colors monthly for easy switchout-yellow is current), which goes into our packets when there are changes. We also added the Steps and Traditions to the back. Also remind members to take packets only when they have appointments so we aren't giving out old schedules. Please ask members to ask newcomers how they found out about OA and if they saw our ad in the Tucson Weekly. Then bring the answers back to Intergroup next month.

Upcoming Events:

- Packet Stuffing Party: Thursday, March 20 from 10:00 – 11:30. Call Mollie to get her address if you plan to attend: 271-3754
- Red Road to Wellbriety is having another event called "Not Simply Red" on Saturday, March 22 from 9:00am to 3:00pm at San Xavier Recreation Center. Volunteers to carry the message there, please contact Mollie: 271-3754
- We also plan to have a table or booth at the Arizona Academy of Nutrition and Dietetics (AZAND) Convention and Exposition 2014 where there is expected to be 140 Practitioners, Food Service Directors and Consultants, Counselors, Researchers, Educators and more. It is on Friday, June 6, 2014 at the Double Tree – Reid Park.

Lifeline and Resource Library: no report

Meeting List: Wendy excused, hard copy report: Updated meeting list Intergroup position changes, added Safford and Bisbee meetings

Newsletter: [Angela] No report, next newsletter submissions need to get to Angela by March 5.

Telephone: Total calls 48; Calls Reported: 4; Calls Returned: 4 ; 2 hang-ups [Barb S.]

Special Events: [Marj M.] The next meeting of the Special Events Committee is Saturday 2/15/14, from 12:30 – 1:00 in the meeting room at St. James Methodist Church. A committee chair is needed, do to Marj's health, so please put this request out there as an ongoing action item. Also, please continue to announce that the retreat is still looking for a chair/co-chair and a committee.

Website: [Cheryl] reported that IG Calendar and Visions and Goals documents were updated. Routine maintenance was performed, action items updated, meeting list updated, current newsletter posted, and announcements updated.

Twelfth Step Within:

- [Beth M] Thanks to a healthy budget the SEAZ Intergroup owns a digital recorder for the first time. I hope to put a recording of the abstinence workshop onto the web in the near future. My further hope is that a system might be worked out for groups and other SEAZ events to record their speakers (with permission of course) for posting on our web to help carry the message to the more remote southern Arizona locations and the public.
- The Feb event was an amazing success, 69 participants with 46 pre-registrants! Financial overview: \$845 collected in registration donations, lunch reservations and water contributions; \$990 expenses for airfare, misc. speaker expenses, supplies, room rental and lunch order; \$145 net estimated final cost of event.
- Next event is April 5, from 10:30 to 3:30 at Reid Park Performing Arts Building. Region 3 Trustee from Utah will share her story, possibly an on-site lunch and an afternoon workshop focusing in part on the evolution of Trustee's personal abstinence. Need additional volunteers for committee and day of event. Online and mail-in registrations will be set up soon. Round tables and chairs will be set up for pre-registrants, seating for walk-ins will be provided at the back portion of the hall. The personal story portion of the event will be recorded and made available on the SEAZ web for downloading.

Questions: Clarification of PIPO date at San Xavier Mission is 3/22 from 9-3pm

Beth mentioned on line donation form may soon be available on website for Intergroup.

Help needed at April 5 event.

IR Trainer: Chris went over the IG Address List to determine delivery of information from Intergroup to meetings; updated IR information and Marilyn counted 13 IRs present. Marilyn read report in Sally's absence.

*Sally has purchased new OA Handbooks and 12 Concept pamphlets for your IR Notebooks and has also made copies of all the inserts you need for your notebooks. Sally would like to offer her time to help all who would like to update and refurbish their IR Notebooks. Her number is 429-5318. She can come to you.

*IR's or the Group Secretary has the primary responsibility for informing the WSO of all changes to group information. This means that if your group changes venues or changes the day or times of your meeting it is the IR or your group's secretary's responsibility to contact WSO and let them know of the changes so that it can be corrected at their end. This is so people from out of town accessing meeting information from WSO website have the correct information.

*Expenditures for this month for supplies and pamphlets = \$112.70. Tip for the month: There are 2 fairly new pieces of literature--the For Today workbook and the Voices of Recovery workbook and they can be ordered in the paper or electronic version.

Unfinished Business:

2014 IG Calendar correction was sent electronically to IR's

Annual Membership Count Report and 2014 procedure-Marilyn explained difficulty in tallying based on group names. Will complete 2013 by next Intergroup.

WSBC Agenda Question responses were tallied by Jill and comments collected by Cheryl. All questions will go to WSBC.

SEAZ IG 2013 Inventory was presented and reviewed by Janis, IR's were instructed to discuss at group level and return with suggestions next month.

New Business:

After hearing the application of Deb Eres, the IR's affirmed the IG Chair's appointment of Deb Eres as Lifeline and Resource Library Chair.

Marilyn asked for an IR to serve on the SEAZ Vision and Goals Ad Hoc Committee. Angela N. volunteered.

Vision and Goals # 1-2 read

Read from the Group Handbook, "Getting Things Done in your OA Group, (page 8, #3)

Marilyn informed IR's that groups could contact WSO and have a member listed as 'designated downloader'. WSO will then send this person information for your group.

Announcements: March 15, 2014 Next SEAZ Intergroup meeting at 10:45am (Board meets at 10am)

Feb 22 Unity Day in Green Valley 10:30am-3:30 pm

April 5-Region III Trustee Workshop 10:30am-3:30 pm

April 28-May 3 WSBC, Albuquerque

August 8-10 Region III Convention and Assembly, Tempe

October 10-12, 2014 SEAZ Annual Retreat, St. David.

Recap of Action Items done by Cheryl and will be available on website.

Adjourned at 12:31 PM with The Responsibility Pledge.

Respectfully submitted, Chris Nunn, Secretary