

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

November 8, 2014

www.oasouthernaz.org

Attendance: Marilyn B., Chair; Chris N., Secretary; Janis R., Treasurer; Jill S., Sr. Delegate; Sara J., IR, PIPO; Patty C., IR; Deb B., IR; Junardi A., IR; Judith H., sub IR; Barbara A., IR; Nancy R., IR; Nancy N., IR; Gina B., IR; Niki L., IR; Mike A., Retreat co-chair; Nancy K., Retreat co-chair; Neva S., Diane G., visitors.

Call to Order: At 10:50 AM Marilyn asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed and the Standing Rules were read.

Secretary: [Chris N.] The minutes from the October 18, 2014 meeting were accepted as presented electronically.

Treasurer's Report: [Janis R.] Janis presented the financial report. Income from the previous month was noted as \$1,315.95. Expenses were \$314.27. Current checkbook total is \$17,276.30. The report was received for audit. Mail announced and passed around for reading. 7th Tradition envelope passed. Janis presented 2015 Budget motion (see attached at end of minutes). She explained the process for creating the budget and at the end of the year how the final budget will go forward to 2015. IR's were instructed to bring back a vote for December intergroup.

Committee Reports:

Delegates/Region Reps.: [Jill S. /Cheryl L.] Jill reported that Cheryl has sold a total of 30 and is still selling tickets to the 2015 Region 3 Cruise drawing, call or email her for tickets. They drafted 4 motions to align our bylaws with recent changes to OA, Inc. Bylaws and will present at 12/20/14 Board.

Public Information/Professional Outreach (PIPO): [Sara J. /Mollie H.]

- We want to thank Barbara A, Ann S, and AnnLee for sharing the OA message at the My Health and Wellness Expo on October 18. We offered people literature, and 49 people stopped and took meeting lists. We also handed out a couple of Teen packets to teachers and Health Care Professional packets.
- At health fairs, we have been surprised by how many booths have candy at them. We would like to buy nice pens with our OA Logo and SEAZ info on them to hand out. The pens we have chosen are a Stylus Companion with Pen. We want to give out the kind of product that people will really use and carry around. The cost for these pens is approximately \$800 for 500. We have \$192.22 left in our budget, so we request an extra \$600 to be added to the PIPO budget for this year or we can add it to next year's budget (which we already turned in).
- We obtained the appropriate contact information including phone numbers, email and physical addresses to get our PSAs to Radio Stations. We have the email and letter script written. We are starting with the stations that cover each of the places in SEAZ where there are meetings. Mollie delivered PSA CDs to the contact people for 14 different stations, which broadcast throughout southern AZ. These stations are KFLT, KNST, KYWD, KRQQ, KXEW, KTZR, KMIY, KOHT, KTUC, KHYT, KSVR, KCUV, and KTUC AND KIIM. We are mailing one to KCEC in Yuma.
- Young Peoples meeting have had 0-4 members attending so room rent is paid thru December. Those attending will review and decide if it is viable after that time.
- KIIM and three other stations want a ½ hour interview to broadcast before and after Thanksgiving. Asking for volunteer speakers.

Lifeline and Resource Library: Open

Meeting List: [Wendy A.] excused: The meeting list was updated after last Intergroup and twice during the month, then e-mailed to the Webmaster and Newsletter. Hard copies of the meeting list will be provided at Intergroup.

Newsletter: [Angela N.] excused: Gratitude Newsletter sent via email and hardcopies available at Intergroup for groups.

Telephone: [Barb S.] excused: Total calls 38; Calls Reported: 4; Calls Returned: 2, 2 hang ups

Special Events: [open]

Retreat Committee: [Mike A. /Nancy K.]

- Report Summary for Minutes: As discussed last month, we had 29 full attendees and 11 Saturday attendees. Our income from registrations was \$4137.50, from ways and means was \$236, from 50/50 raffle was \$84.50, from the clothing boutique was \$184, and from beverages was 22.93. Scholarship donations included in the registrations \$240. There were 2 speaker registrations for \$250. Scholarship funds distributed were \$345. Our Misc. expenses were \$1121.36. We paid to the monastery \$3,355. We rolled over the \$100 deposit for next year.

- It is worth saying again, we had an almost 90% questionnaire return rate. Needless to say, a good time and enrichment abounded. The retreat was an absolute success. As a committee, we had a lot of successes and a lot of learning opportunities. Through our efforts at achieving group conscience in a few different areas, we uncovered some work for next year's committee to be able to take on in identification and clarification of best standard practices in a more current environment. And, Nancy and I will be co-chairing that committee. For the first of many reminders, it is scheduled for Oct. 23-25.

Twelfth Step Within: [Beth M.] excused: Chris read report.

- October 25 the committee met to discuss the Thank-A-Thon planned for Thanksgiving Day November 27 from 9 to noon at the St. James Methodist Church. There will be three 50-minute meetings at the event with varied formats. Water, coffee and tea will be provided. The committee will meet again November 23 to finalize plans.
- 12th Step Within day, Friday, December 12 the committee will host a potluck, meeting and celebration with entertainment, a meeting and a potluck. Fliers are on the web.

Website: [contact: Cheryl L.] excused: Marilyn read report. Routine maintenance was performed, Updated Welcome page, posted Call to Action items, Posted IDEA Day Flyer, meeting list updated, updated Minutes and Agenda Archives and new Events Flyers Archive folder.

Questions: Retreat committee will meet after the December Intergroup. Question about budget motion vote at meetings: by majority or group conscience? Janis explained both and groups could decide by either method and the budget process was re-explained. Recording of PSA is scheduled 11/18, 19, 20 so will need volunteers by 11/12. Janis asked Sara to check with WSO about guidelines for radio public speaking.

IR Trainer: [open] Chris went over the IG Address List to determine delivery of information from Intergroup to meetings, updated IR information and Marilyn counted 10 IRs present. An IR was given a notebook for a new meeting. IR Trainer suggestion: OA Communications sent by Marilyn that had updated 'Suggested Meeting Format and 'our invitation to you' plus Delegate Service Fund sent requesting groups support Region III so more delegates can attend. Janis dispersed We Care List updates for IR's to take to groups.

Unfinished Business:

Standing Rules and IG Job Descriptions: [Susan/Marilyn] Record who will be responsible for the reconciliation of the WSO website meeting list for SEAZ Intergroup with the SEAZ Intergroup meeting list (Secretary, per SEAZ Bylaws) and receive final approval of documents from Board.

New Business:

- Election: After Board applications were read, the 10 IR's who were present voted to elect the slate as presented. 2015 Chair: Janis Rothschilder; Vice Chair: Chris Nunn; Secretary: Angela Caughel; Treasurer: Rhonda Stone; Sr. Delegate: Neva Schuelke; Jr. Delegate: Barb Saylor. Marilyn read the Committee positions and potential chairs: Sara willing to continue and possibly Mollie for PIPO, Jill will apply for Resource Librarian, Gina will apply for Meeting list; Diane read her application for Phone Chair; Cheryl will apply for Web Chair; Marilyn read Susan's application for IR Trainer; Mike and Nancy will be Retreat Co-Chairs; TSW does not have an applicant but Marilyn knows a member eager to help; Newsletter and Special Events have no applicants. The Chair appointed all who applied for next year's committee chair positions.
- Vision and Goals # 3, Strong Meetings was read. TSW announced they are sponsoring a trip to Safford 11/22/14 to support outlying meetings.
- Read from the Group Handbook, How Do Good Groups Get Better and Can We Get Help from Other Groups? (Pg. 24-5. #22-23)

Announcements: Next SEAZ Intergroup meeting December 20, 2014 at 10:45am (Board meets at 10am)

Retreat Committee will meet 12/20 1pm, after Intergroup.

Seeking Spiritual Path is meeting Thanksgiving Day.

November 15th: I.D.E.A. Event in Sierra Vista (World Wide Event)

November 27th: Thanksgiving Day 'Thankathon' at St. James Church

December 12th: potluck, 5-8 pm, Horizons Mobile Home Park Clubhouse TSW is asking for ideas for main dishes

Reminder to listen for PSA's 11/23 and 11/30. Information will be sent via e-mail.

Recap of Action Items done by Jill.

Adjourned at 12:30 PM with The Responsibility Pledge.

Respectfully submitted, Chris Nunn, Secretary

Southeastern Arizona Intergroup of OA New Business Motion

Date: November 08, 2014

Motion: Propose that the 2015 SEAZ OA operational budget, based on a projected total of \$15,700 be allocated among committees as shown below. If the funds accumulated through December 31, 2014 are more than \$15,700, the balance will go into the General Reserve Fund. If the funds accumulated through December 31, 2014 are less than \$15,700 then the difference will be adjusted proportionately among the non-fixed amount line items.

FIXED AMOUNT LINE ITEMS	2015 Budget	Total funds are less/more than \$XXXX.00
Phone Service	850.00	This amount stays as shown
Rent	420.00	This amount stays as shown
PO Box	80.00	This amount stays as shown
Postage/Supplies/ Copies	200.00	This amount stays as shown
Web Site	200.00	This amount stays as shown
Newsletter	600.00	This amount stays as shown
ACC Tax Exempt Fee	10.00	This amount stays as shown
Prudent Reserve	800.00	This amount stays as shown
Sub-total	3,160.00	
DISCRETIONARY AMOUNT LINE ITEMS		
Delegate Fund	5500.00	
Special Events	650.00	
PIPO	2,000.00	
12 th Step Within	1,590.00	
Lifeline/Resource Library	325.00	
IR Trainer	250.00	
Ways and Means	300.00	
WSO	100.00	
Region III	200.00	
Retreat	1,200.00	
Meeting List	180.00	
Reserve Fund	245.00	
Sub-total	12,540.00	
Total	15,700.00	

Intent: Create a working budget for Intergroup, based on funds accumulated through December 31, 2014 (less the \$800 prudent reserve and the amount in the Scholarship Fund), to carry out responsibilities in 2015.

Implementation: A “yes” vote would establish the 2015 Intergroup budget as proposed.

Cost: Approximately \$2.00 for copies for IRs to take to their groups for discussion.

Background:

- The SEAZ Intergroup operates in the current year using funds collected in the prior year. As such, our budget total for 2015 is the amount collected in 2014. This projected income is derived from:

Monies in checkbook reserved for 2015 expenses	\$9,400.00
Prudent reserve	\$800.00
Total in checkbook as of 10.01.14	\$ 10,200.00
Projected income in 2014 (donations and events)	\$ 1,000.00
Leftover from 2014 budget allotments	\$ 6,300.00
Projected expenses	(\$1,800.00)
Projected Balance	\$15,700.00
Current Scholarship Fund amount (carried over from 2014)	\$865.00

- The budgeting process is then used to allocate the funds to different activities and committees. Please reference the table on the opposite side for budget allocations.
- All committees were able to maintain or increase their funding from last year.
- The Intergroup’s ad hoc budget committee developed the proposed budget at the budget meeting.

Argument: Each year it is the responsibility of the Intergroup to create and adopt a budget for the following year.

History: Has this or a similar motion been submitted to SE AZ IG since January 1995? Yes, annually.

Submitted by: Ad Hoc budget committee (Chris, Angela, and Janis)