

# SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

## MINUTES

April 18, 2015

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Janis R., Chair; Chris N., Vice Chair; Angela C., Secretary; Rhonda S., Treasurer; Sara J., PIPO co-chair & IR; Gina B., Meeting List & IR, Susan C., IR Trainer; Cheryl L., Webmaster; Mickey M., IR; Jen G., IR; Rene T., IR; Niki L., IR, Sandra R., IR, Julie G., IR, Barbara M., Key Carrier & IR; Patty C., IR; Timi R., IR.

**Call to Order:** At 10:45AM. Janis asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Chris read the Standing Rules.

**Secretary:** [Angela C.] The minutes from the March 2015 IG meeting were accepted as submitted.

**Treasurer's Report:** [Rhonda S.] The financial report was presented. Income from the previous month was noted as \$669.12 Expenses were \$694.31. Current checkbook total is \$17429.56. There was no new mail received. 7<sup>th</sup> Tradition envelope passed.

### **Committee Reports:**

**Delegates/Region Reps.**[Neva S. /Sally H.]: Both attended Region III Spring Assembly in Webster, TX; Sally also went on the Cruise/Convention out of Galveston. Speakers were recorded and will be available to listen to on the OARegion3.org website. Nineteen voting representatives at Assembly. The Region Three Steering Committee is looking for ways to get more Intergroups to participate at the Region level. Region III finances, income is ahead of expenses. There is a Region Chairs meeting in Australia later this year. There are 10 Regions in OA and this will be the first Region Chairs meeting hosted in that region.

WSO is using money donated in Rozanne S.'s memory to develop an OA app. They are soliciting input. You can email [info@oa.org](mailto:info@oa.org) with "OA app idea" in the subject line to contribute your ideas.

Region Steering Committee members & Region Trustee are available to present workshops.

Business at the Assembly included the passage of 5 Bylaws and 4 Policy Manual amendments. Most of these were housekeeping type amendments – clarifying language and moving sections that had somehow ended up in the wrong document.

We also elected Brenda Q. from Heart of Texas Intergroup to serve for the remainder of the term as Vice Chair. The Assembly also affirmed Vicki W. to be elected at WSBC for another term as Region III Trustee.

The Region III Speaker's list is being updated by the TSW Committee. The application form and qualifications are on the Region III website. Applications should be filled out and returned by May 31<sup>st</sup>. The email address to send it to is: [joan\\_batson@yahoo.com](mailto:joan_batson@yahoo.com).

The Region PIPO committee discussed attracting younger members to OA.

OA will have a table at a big health care provider Trade Show in Las Vegas this year. The Vegas area

IG is asking the Region for additional support in the form of literature to pass out this year. They have run out in the past.

The Comm/Tech committee is looking to increase and improve links between the Region website and IG websites.

The Bylaws committee is continuing with its review of the Region III Bylaws and Policy manual.

Ways Means and Finance committee is selling a "recovery journal" as a fundraising item.

The Region III Fall Assembly will be held in Albuquerque, NM, September 25-27.

Upcoming WSBC in Albuquerque, Apr. 27- May 2. We will report on WSBC at the May Intergroup meeting.

**Public Information/Professional Outreach (PIPO)** [Sara J. /Mollie H.]: Sara took tally of reps who queried their meetings about who heard about OA from a health professional.

PIPO was at "Not Simply Red" at San Xavier; Janet G. is distributing doctor packets, pamphlets and meeting lists in the community. Judith H. offered to distribute some Clergy Packets. Will be ordering 10 SEAZ stamps. Ordered OA books for local libraries, Health Care pamphlets and 2015 PI posters. Tear-off poster soon to be available at SEAZ website.

**Lifeline and Resource Library:** [Open]

**Meeting List:** [Gina B.] Changes were made as needed; lists were distributed; copies brought to IG.

**Newsletter:** [Darlyn R /Peggy P.] Continuing to seek submissions for the May/June edition, and the subject matter should focus on #5 and #6 Steps, Traditions or Concepts, but others subjects will also be equally considered. Deadline for submission is May 5, 2015.

**Telephone:** [Diane G.] 38 total billed calls; 0 hang-ups; 7 messages left; 7 calls returned.

**Special Events:** No retreat committee meeting today.

**Twelfth Step Within:** [open]

**Website:** [Cheryl L.]

- Posted Call to action
- Updated Events Page
- Updated Welcome page
- Updated Meeting List 5 times
- Replied to 1 email through the website
- Updated IG Agenda Archives
- Updated IG Intergroup Minutes Archives

**Questions:** Questions asked, information clarified.

**IR Trainer:** [Susan C.] TIP OF THE MONTH: To properly identify your Group's donations your

group's Treasurer can write your group number in advance on several or all your blank Checks. This can be written right after the account title. When it comes time to reorder checks, your Treasurer can request the bank to print the title and to include the number right after the account title. **10** IRs present. We-care list updates collected.

**Unfinished Business:** None

**New Business:**

- Janis addressed the storage issue. Only one person was interested in the committee. Tabled again till next month.
- Read from Group Handbook p 30-32
- Janis reviewed Vision & Goals #4
- Open Discussion

**Announcements:**

- Next SEAZ Intergroup meeting is May 16, 2015 at 10:45 a.m.in Room 6 (Board meets at 10 a.m.)
- April 27-May 2 WSBC, Albuquerque
- May 30, 2015, 1pm-4pm, workshop – Difference between Abstinence and a Food Plan

**Recap of Action Items** done by Cheryl.

Adjourned at 12:16 p.m. with The Responsibility Pledge.

Respectfully submitted, Angela Caughel, Secretary