

# SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

## MINUTES

February 21, 2015

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Janis R., Chair; Chris N., Vice Chair; Angela C., Secretary; Rhonda S., Treasurer; Neva S., Sr. Delegate; Sally H., Jr. Delegate; Diane., Telephone, Sara J., PIPO co-chair & IR, Peggy P., Newsletter, Gina B., Meeting List & IR, Susan C., IR Trainer; Cheryl L., Webmaster; Nancy K., Retreat Co-Chair, Mickey M., IR; Jen G., IR; Junardi A., IR; Patty C., IR; Nancy R., IR; Jan F., IR; Deb B., IR; Lisa G., IR; Rene T., IR; Niki L., IR, Sandra R., IR, Katie S., IR, Marie R., IR sub; Barbara M., Guest; Roni B, Region 3 Chair.

**Call to Order:** At 10:45AM. Janis asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Angela read the Standing Rules.

**Secretary:** [Angela C.] The minutes from the January 2015 IG meeting were accepted as presented electronically.

**Treasurer's Report:** [Rhonda S.] The financial report was presented. Income from the previous month was noted as \$180.08. Expenses were \$674.78. Current checkbook total is \$17306.19. The report was accepted and received for audit. Mail announced and passed around for reading. 7<sup>th</sup> Tradition envelope passed.

### Committee Reports:

**Delegates/Region Reps.:** [Neva S. /Sally H.] Both RR/Delegates are now registered for the Region III Spring Assembly in Texas, March 21, 2015, as well as WSBC, April 27-May 2, 2015. Today at Intergroup we will take the tally for the WSBC

Agenda Questionnaire and send the results back to WSO following Intergroup. All Items passed except C (coin issue) and 7 (reduce percentage of groups responding to pass a motion). These 2 items were both 50/50.

**Public Information/Professional Outreach (PIPO):** [Sara J. /Mollie H.] PIPO will be sharing and handing out literature at Sierra Vista health fair March 7, and "Not Simply Red" at San Xavier Comm. Center (date unknown at this time). PIPO was present for NAWBO's & Bookman's Health Fairs. PIPO sent 4 more PSAs to radio stations in southern AZ. PIPO planning meeting March 1 at Sara's house. There is a suggestion from the committee that meetings buy a contact-info stamp to put on pamphlets, so interested persons can contact SEAZ OA.

**Lifeline and Resource Library:** [Open]

**Meeting List:** [Gina B.] Changes were made; lists were distributed; copies brought to IG.

**Newsletter:** [Darlyn R /Peggy P.] Newsletter for Jan/Feb was delayed due to illness and scheduling issues. Issue was sent electronically on Feb. 12. Meeting list will be sent as separate document electronically, but will be part of physical copy of newsletter. Will be focusing on the steps, traditions and concepts. (The April/May issue will feature items on Step 3 or 4, Tradition 3 or 4, and Concept 3 or 4.) Next deadline is March 5, 2015 and all future deadlines will be 5<sup>th</sup> day of every other month.

**Telephone:** [Diane G.] 64 total billed calls; 5 hang-ups; 7 messages left (6 calls returned/1 no answer when attempted); one additional person needed for committee.

**Special Events:** [open] Nancy K (retreat co-chair) was present. No report at this time, but retreat committee is currently seeking a speaker for fall retreat.

**Twelfth Step Within:** [open]

**Website:** [Cheryl L.] Posted previous Call to Action; updated welcome page, meeting list, newsletter, archives; responded to 6 requests for information.

**Questions:** Questions asked, information clarified.

**IR Trainer:** [Susan C.] Created an email group for current Intergroup Representatives; letter of Introduction to IRs - trainer to Intergroup Representatives; Inventory IR trainer bag noting what needs to be reordered; checked INDEX for IR 3-ring binder for required 2015 upgrading. \*\* Susan went over the IG Address List to determine delivery of information from Intergroup to meetings, updated IR information and counted 16 IRs present.

#### **Unfinished Business:**

- WSBC motions for new ByLaws/Amendments. Neva collected the tallies from each IR rep and she and Sally counted them.
- Intergroup Inventory – Chris N. gathered input from IRs. Future feedback is always welcome via email or next IG meeting.
- SEAZ motions for new ByLaws/Amendments. Please take these to meetings. Each IR gets 1 vote on each motion
- The question came up about exceptions to the rule about serving in the same position for longer than 2 years and Cheryl said she would look in our bylaws to see if the exception phrase is mentioned anywhere. If not, we may move that an exception clause be added to our bylaws in the future.

#### **New Business:**

- Region 3 Chair, Roni B., addressed the IG body.  
\*\*There are 10 Regions world wide, 7 states/465 meetings represented in Region 3.  
\*\*At Region there are problem-solving sessions on Fridays.  
\*\*SEAZ has one of the healthier IG in the Region. How can we share this with other IGs? Janis had emailed all chairs in Region 3 only 2 responded. Other IGs have no goals, policy manuals, IR trainers, IR notebooks, etcetera. \*\* Roni discussed financial issues with WSO and the changes they are considering to tighten the budget.

Vision and Goals – Ad hoc committee of Niki, Janis & Chris prepared draft of 2015 V&G. Niki presented it and it was approved by IG body. While we did review it and there were no other suggestions from the group our committee is going to look at the Intergroup Inventory that was turned in at the meeting and see if there are any ideas to add to the document and we will report on that in March.

Read V&G – Read #2 of 2014.

Read from the Group Handbook, 5 & 6 (page 28)

**Announcements:** Next SEAZ Intergroup meeting at 10:45 a.m. (Board meets at 10 a.m.)

**Recap of Action Items** done by Cheryl.

Adjourned at 12:34 p.m. with The Responsibility Pledge.

Respectfully submitted, Angela Caughel, Secretary