

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

June 20, 2015

www.oasouthernaz.org

Attendance: Janis R., Chair; Chris N., Vice-chair and acting secretary; Neva S., Sr. RR/Delegate; Sally H., Jr. RR/Delegate; Sara J., PIPO co-chair & IR; Gina B., Meeting List & IR; Diane G., Telephone Chair; Susan C., IR Trainer, Cheryl L., Webmaster; Jen G., IR; Rene T., IR; Sandra R., IR; Julie G., IR; Randi Z, sub IR; Nancy R., IR; Nancy K., IR.

Call to Order: At 10:45 AM. Janis asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Chris read the Standing Rules.

Secretary: [Chris N.] The minutes from the May 2015 IG meeting were accepted as submitted.

Treasurer's Report: [Rhonda S.] The financial report was presented. Income from the previous month was noted as \$462.47. Expenses were \$657.60. Current checkbook total is \$17,654.37. New mail and 7th Tradition envelope was passed.

Committee Reports:

Delegates/Region Reps. [Neva S. /Sally H.]:

Sally and Neva have both been actively serving on both Region 3 and World Service committees during the past month. This is our service to OA as a whole and SEAZ benefits through the outcome of this work. If you would like more details about what we are doing, please ask us about it.

Upcoming events:

- Region III Fall Assembly/Convention, September 25-27, Albuquerque, NM.
- OA Silent Retreat: Contemplating Serenity. October 16-18, 2015. Pecos, NM. Sponsored by NNMI
- 56th Annual OA Birthday Party. January 15-17, 2016. LAX Hilton.
- World Service Convention. September 1-4, 2016. Boston. conventioninfo@oa.org

Positions open for Region III: Vice chair, Communications secretary Finally, I still have 3 copies of the Region III journals for sale. They are a fundraiser for Region III. \$7 each (4 for \$25 from the RIII Treas.). You may buy 1 or more of the copies here or order them from the Region III Treasurer through www.oaregion3.org.

And, just in from WSO: The following documents are now available on the OA website at <https://www.oa.org/world-service-events/world-service-business-conference/>. 2015 Ask-It Basket, 2015 Forum Summary, The Saturday banquet speaker podcast can also be found on the OA website at <https://www.oa.org/two-free-podcasts-a-step-five-podcast-and-the-wsbc-2015-keynote-speaker/>.

Public Information/Professional Outreach (PIPO) [Sara J. /Mollie H.]: Ordered and received 10 SEAZ stamps for groups to put local info on pamphlets. They cost \$4.25. Received literature for local libraries and Health Care professionals. Also ordered 10 new 2015 PI posters with tear-offs.

Please ask members at meetings if anyone would like to take on that responsibility of taking literature to local libraries. Also want to distribute literature to a prepared list of medical professionals. One volunteer so far to do so. (Ann S) Please ask members at your meetings if anyone else would like to help.

Lifeline and Resource Library: [Open]

Meeting List: [Gina B.] There were only a few changes this month. There was a missing meeting added to the Sierra Vista meetings I believe, it was made right after intergroup in May. No other changes were made.

Newsletter: [Darlyn R /Peggy P.] The May-June newsletter was distributed.

Telephone: [Diane G.] 34 total billed calls; 3 hang-ups; 5 messages left; 4 calls returned.

Special Events: Retreat committee meeting will be held at 12:45 pm today.

Twelfth Step Within: [open] In the absence of a TSW chair, the workshop presenters are submitting this report.

The workshop "What is the Difference between Abstinence and A Plan of Eating?" was presented at St James Church on May 30, 2015. There were 2 presenters and 43 attendees. The presenters used the Powerpoint presentation that is provided for the workshop, available on oa.org. Feedback about the workshop was enthusiastic and positive.

Expenses: Literature \$41.00 and Room Rent \$50.00
Donations from attendees: \$153.00

Website: (Cheryl): Posted Call to action, updated Welcome page, updated Meeting List 2 times, updated IG Agenda Archives, updated IG Minutes Archives

Questions: Suggested that the Storage Unit be a budget line item separate from any one committee so the IG is responsible and all can use, treasurer pays like the PO Box.

IR Trainer: [Susan C.] IR's present: 8 No activity in May, no requests, and nothing to report.

Susan mentioned that as IR trainer she had received a call from a member that felt they were being criticized by a person at a meeting and that they wanted help dealing with 'bad sponsors'. Stated we all needed to be inclusive and loving. Janis directed Susan to the TSW committee for input.

TIP OF THE MONTH: For NOW at this meal I will eat to be healthy. I will give in to my cravings at another time when I no longer wish to be healthy

Unfinished Business:

- Janis directed IR's to submit changes for Standing Rules if they saw a need for them.
- Condo offer (Rene) was discussed. It would be for 1 week on the beach in San Carlos, Mexico. An Ad Hoc committee (Jen G., Rene, Chris, Janis) will decide how far reaching the fundraiser will be, dates, and other details. Rene described the condo and specifics that needed to be announced or on flyer (about location, deposit (\$200 refundable), passport, not handicap accessible (stairs) and to be used within one year) and website can be viewed and winner would book through Rene. There is no expected amount to be raised, auction has raised \$3000-5000 for other groups.
- Ad Hoc committee (Sara, Nancy K) formed to investigate costs and issues involved with getting a permanent storage unit for Intergroup. Sara reported that unit would be ~\$50/month and wanted to table request due to expense. Jen mentioned that it was a good value for any business to have storage capacity so Janis requested report from committee about amount and will discuss at board.

New Business:

- IG Secretary position open, IR's to announce at meetings
- TSW Committee Chair appointment: Julie G read her application, approved by IG Chair.
- Read from Group Handbook (How Conference Delegates and RR Serve-p.33-35)
- Visions and Goals #2 read: Julie will submit art work to the newsletter.

Open Discussion about condo donation and brainstorming ideas

8 beds, divided into 4 pairs or couples or singles

Region III to share in the proceeds?

Split the proceeds equally between Region III, WSO and us

Give to WSO for specific struggling area of need-Lifeline

Divide 60/30/10

Money given to greatest need, split between WSO and Region

Open ticket sales to Region III and WSO

Have just one winner, hard do coordinate with 4 peoples families

Ticket cost \$25

Make ticket cost smaller so more people could participate

Keep sales in Tucson and SEAZ only

Set a goal of how much we want to raise?

Sell in SEAZ so more likely to win

Sell tickets at retreat

Set a time frame for sales of tickets

Recommend tickets/money tightly controlled

Choose date at condo then sell tickets for that date

Have drawing at retreat

How to raise? Auction (silent/live) or raffle?

Who sells tickets? Who handles money?

Put on website and bid there? if auction used.

Announcements:

- Today: Retreat Committee meeting at 12:45 pm
- July 18 next SEAZ Intergroup meeting at 10:45 am (board meeting at 10:00 am)
- October 23-25 '**Recovery Frozen? Turn Up the Heat**' Retreat

Recap of Action Items done by Cheryl.

Adjourned at 12:30 p.m. with The Responsibility Pledge.

Respectfully submitted, Chris Nunn, acting Secretary