

## SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

### MINUTES

March 21, 2015

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Janis R., Chair; Chris N., Vice Chair; Angela C., Secretary; Rhonda S., Treasurer; Diane G., Telephone; Sara J., PIPO co-chair & IR, Peggy P., Newsletter, Gina B., Meeting List & IR, Susan C., IR Trainer; Cheryl L., Webmaster; Nancy K., Retreat Co-Chair & IR, Mickey M., IR; Jen G., IR; Junardi A., IR; Nancy R., IR; Jan F., IR; Lisa G., IR; Rene T., IR; Niki L., IR, Sandra R., IR, Julie G., IR, Barbara M., Key Carrier..

**Call to Order:** At 10:45AM. Janis asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Cheryl read the Standing Rules.

**Secretary:** [Angela C.] The minutes from the February 2015 IG meeting were accepted as submitted.

**Treasurer's Report:** [Rhonda S.] The financial report was presented. Income from the previous month was noted as \$600.30 Expenses were \$476.74. Current checkbook total is \$17454.75 The report was accepted and received for audit. There was no new mail received. 7<sup>th</sup> Tradition envelope passed.

#### **Committee Reports:**

**Delegates/Region Reps.:** [Neva S. /Sally H.] Excused, as they are at Region 3 Assembly.

**Public Information/Professional Outreach (PIPO):** [Sara J. /Mollie H.] Today PIPO is at the Not Simply Red HIV/AIDS Education and Health Fair at San Xavier Recreation Center. March 7<sup>th</sup> was the Sierra Vista Health, Wealth, & Lifestyle Fair. Now, anyone can make copies of the current tri-fold meeting list by going on to our OAsouthernAZ.org website, from the Call to Action link. Marilyn is in contact with the editor of Cochise County's magazine for women. Mollie spoke with the Pima Community Prevention Coalition and provided them with OA literature. Mollie also took literature to the Haven, a treatment center for women recovering from substance abuse. We'll be ordering books for libraries. We're checking if the WSO Bookstore can get them to our delegates in late April at the WSBC, so we can save almost \$50 in shipping. We sent 8 more PSAs to Radio Stations in Southern AZ.

\*\*IR's, for a month, please ask for a show of hands of how many members were referred to OA by their doctors.

**Lifeline and Resource Library:** [Open]

**Meeting List:** [Gina B.] Changes were made as needed; lists were distributed; copies brought to IG.

**Newsletter:** [Darlyn R /Peggy P.] The March/April issue was distributed electronically and hard copies were available at the IG meeting. Anyone who wants to receive it electronically should email the newsletter website, and those expecting it via email who do not receive it should also contact us. We are seeking submissions for the May/June edition, and the subject matter should focus on #5 and #6 Steps, Traditions or Concepts, but others subjects will also be equally considered. Deadline for submission is May 5, 2015.

**Telephone:** [Diane G.] 58 total billed calls; 3 hang-ups; 8 messages left (1 wrong number); 4 calls returned. Committee is full, with people "waiting in the wings!!"

**Special Events:** [open] Nancy K (retreat co-chair) was present. Nancy will write newsletter blurb to save the dates 10/23-25, 2015 to get the word out now, especially before the Region 3 assembly in March. Chris will again be the lead for the clothing exchange. Janis will work on the program with the speakers once they have been selected. Roni, Region 3 rep.

will send Nancy the list of speakers. Looking for raffle basket donations. Retreat theme not yet decided. Next meeting today.

**Twelfth Step Within:** [open]

**Website:** [Cheryl L.] Posted previous Call to Action; updated welcome page, meeting list, newsletter, archives; responded to 6 requests for information.

**Questions:** Questions asked, information clarified.

**IR Trainer:** [Susan C.] Emailed an updated questionnaire, along with copy of Fall 2014 WCL; ordered 10 Concepts of Service and 10 Group Handbooks; three Ring IR Binders were prepared for IGs; emailed 3 Ring Binder Directive & Index to Intergroup Representatives; keeping a continuous diary and history of each activity that can be measured against the job description. **13** IRs present.

**Unfinished Business:**

- AZ IG Bylaw changes were all passed by IRs. Angela will update SEAZ IG Bylaws accordingly.
- Intergroup inventory feedback led to some amendments to the V&G for 2015. Feedback welcome all year!
- Niki presented the amended V&G for 2015.

**New Business:**

- Read from Group Handbook p 29 #7
- Janis reviewed Vision & Goals #3
- Open Discussion

**Announcements:**

- Next SEAZ Intergroup meeting is April 18, 2015 at 10:45 a.m.in Room 6 (Board meets at 10 a.m.)
- April 27-May 2 WSBC, Albuquerque
- May 30, 2015, 1pm-4pm, workshop – Difference between Abstinence and a Food Plan
- OA Tech committee is looking for feedback/interest in an OA app
- Tuesday NW Tender Solutions meeting has excess literature for sale.
- Retreat committee meeting April 18, 2015 Room 6 at 12:45 p.m.

**Recap of Action Items** done by Cheryl.

Adjourned at 12:19 p.m. with The Responsibility Pledge.

Respectfully submitted, Angela Caughel, Secretary