

# SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

## MINUTES

May 16, 2015

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Chris N., Vice-chair, Angela C., Secretary, Sara J., PIPO co-chair & IR; Gina B., Meeting List & IR, Susan C., IR Trainer, Cheryl L., Webmaster, Mickey M.IR, Jen G., IR, Rene T., IR, Niki L., IR, Sandra R., IR, Julie G., IR, Barbara M., Key Carrier & IR; Patty C., IR; Timi R., IR.; Deb B., IR; Neva S., Sr. RR/Delegate; Peggy P., Newsletter Co-Chair & IR; Nancy R., IR; Jan H., IR; Nancy K., IR; Melissa K., visitor; Margie R., visitor.

**Call to Order:** At 10:45AM. Chris asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Chris read the Standing Rules.

**Secretary:** [Angela C.] The minutes from the April 2015 IG meeting were accepted as presented.

**Treasurer's Report:** [Rhonda S.-absent] The financial report was presented. Income from the previous month was noted as \$1265.01. Expenses were \$870.07. Current checkbook total is \$17,849.50. New mail and 7<sup>th</sup> Tradition envelope passed.

### Committee Reports:

**Delegates/Region Reps.** [Neva S. /Sally H.]:

Both attended OA World Service Business Conference (WSBC) in Albuquerque (April 26-May 2). There were 16 voting Trustees, 174 voting Delegates representing more than 50 countries. Business included election of 2 General Service Trustees, and election of Region Trustees for R3, R6, and R9. As to the business motions: A, 1, 2, 3, 4, 5, 6 were all adopted on the Consent Agenda. B, G, and J were "adopted as amended." H was withdrawn as unnecessary. Motion I was adopted following discussion. Motion 7 lost decisively after extensive discussion.

The Business Conference also adopted revisions of *A Program of Recovery*, *A Guide for Sponsors*, and the *OA Handbook for Members, Groups, and Service Boards*.

The Unity With Diversity committee is continuing work to address the lack of diversity in OA (that is that membership consists largely of white women of a certain age).

The proposal to create a piece of OA literature dealing with body image, sexuality, and relationships was approved for development by the Conference Literature Committee.

WSO asks that meetings and Intergroup secretaries check their meeting information at the OA.org website to make sure it is updated and correct.

Several workshops were presented. CDs or MP3s can be ordered.

Notes from our Delegates:

*Sally's experience:*

This was my first time at WSBC. OMG what an adventure. I was considered a green dot. All that means is that it was my first time there, so I could ask stupid questions and no one would look at me funny. Before this experience I totally didn't pay attention to the reports or even know what was going on. I know we voted on some stuff to put on the agenda, but what does that really mean? Well I found out. It was fascinating to watch the process in action. This is the process used to change policy in OA. Anyone can bring a motion to the agenda. We vote on whether we want it on the agenda. That goes back to the board of trustees and if passed it goes on the agenda. I think. Once on the agenda it goes through several channels, of which I'm still learning, then when brought up at business meeting there are 3 people who get to talk against and three people who get to talk for. Then there are questions that the Chair of Trustees gets to answer. The Board of Trustees are trustees from all the regions. Our trustee is Vicky. There are 10 trustees from different regions. There are also General Service Trustees. I know it's all very confusing. But it was informative, confusing and exciting at the same time. We got to hear the Serenity Prayer in German, Mexican, French, and Norwegian always followed by the prayer in English. It was awesome! It won't be my last time going and I look forward to going again next year.

*Neva's experience:*

This was only my second WSBC. I was hijacked by the Region III Steering Committee for two years in between. But, it was just as awesome this time as it was the first. I continue to be awestruck by the "working out" of the group conscience of OA as a whole – some of which Sally described above. There is no hierarchy at WSBC. Yes, there are roles to play and rules to be followed, but they are there to help the process run more smoothly. We are all just fellow compulsive eaters working for the good of OA as a whole to maintain and grow in our own recovery. Sally and I were both privileged to be chosen for the Conference Literature Committee. We are each on different sub-committees. The one I'm on is revising the pamphlet *Maintaining a Healthy Body Weight*. Look for an ad coming out soon soliciting new OA stories of maintenance to be considered for the revised pamphlet. Thanks for letting me be of service to SEAZ this year in this capacity. It is a huge booster shot for my recovery.

**Public Information/Professional Outreach (PIPO)** [Sara J. /Mollie H.]: Ordered and received 10 SEAZ stamps for groups to put local info on pamphlets. They cost \$4.25. Received literature for local libraries and Health Care professionals. Also ordered 10 new 2015 PI posters with tear-offs.

Please ask members at meetings if anyone would like to take on that responsibility of taking literature to local libraries. Also want to distribute literature to a prepared list of medical professionals. One volunteer so far to do so. (Ann S) Please ask members at your meetings if anyone else would like to help.

**Lifeline and Resource Library:** [Open]

**Meeting List:** [Gina B.] No new changes were made, the lists were distributed, and copies brought to IG.

**Newsletter:** [Darlyn R /Peggy P.] The May-June newsletter was distributed.

**Telephone:** [Diane G.] 34 total billed calls; 6 hang-ups; 0 messages left; 0 calls returned.

**Special Events:** Retreat committee meeting held at 12:45pm.

**Twelfth Step Within:** [open]

**Website:** (Cheryl):

- Posted Call to action
- Updated Welcome page
- Updated Meeting List 2 times
- Updated IG Agenda Archives
- Updated IG Minutes Archives
- Added link to May 30 workshop to events and welcome pages

**Questions:** Questions asked, information clarified.

**IR Trainer:** [Susan C.] Completed updating of We Care List Spring 2015; sent letter of thanks to Intergroup Representatives; brought 100 copies to IG meeting.

**Unfinished Business:** Condo offer (Rene) was discussed. It would be for 1 week on the beach in San Carlos, Mexico. An ad hoc committee (Jen G., Rene, Chris) was formed to decide how far reaching the fundraiser will be, dates, and other details.

Ad hoc committee (Sara, Nancy K) formed to investigate costs and issues involved with getting a permanent storage unit for Intergroup.

**New Business:**

- Read from Group Handbook p 32-33
- Chris read Vision & Goals #1
- Open Discussion

**Announcements:**

June 20 next SEAZ Intergroup meeting at 12:45pm

**Recap of Action Items** done by Cheryl.

Adjourned at 12:16 p.m. with The Responsibility Pledge.

Respectfully submitted, Angela Caughel, Secretary