

# SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

## MINUTES

November 14, 2015

[www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Janis R., Chair; Chris N., Vice-chair; Sara J., Acting Secretary; Rhonda S., Treasurer; Neva S., Sr. RR/Delegate; Sally H., Jr. Delegate; IR; Diane G., Telephone; Peggy P., Newsletter & IR; Nancy K., Retreat & IR; Cheryl L., Webmaster, sub IR; Susan C., IR Trainer, sub IR; Mike A., Retreat; Rene T., IR; Liz P., IR; Randi Z., IR; Tracy S., IR; Jen G., IR; Deb B., IR; Sandra R., IR; Jane C., IR; Timi R., IR; Pam R., IR; Lisa T. H., IR; Barbara A., IR.

**Call to Order:** At 10:45 AM. Janis asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Chris read the Standing Rules.

**Acting Secretary:** [Chris N] The minutes from the October 17, 2015 IG meeting were accepted as submitted electronically.

**Treasurer's Report:** [Rhonda S.] The financial report was presented. Income from the previous month was noted as \$1,884.21. Expenses were \$1237.04. Current checkbook total is \$18,730.68. No mail. 7th Tradition envelope was passed.

- 2016 Budget Motion. A duplication of Website was discovered under 'fixed and discretionary amount' line items. Rhonda will fix. The IRs will take the motion to groups.
- Additional report: Motion for 2016 is \$100 less than for 2015.
- Condo raffle brought in \$2510; \$1255 to be sent to Region 3 for the sole purpose of Intergroups who are financially unable to send Region Reps to the Region 3 assemblies and \$1255 to be sent to WSO for the sole purpose of furniture and supplies.
- Scholarship funds need to be discussed with the retreat committee for 2016. \$160 will be refunded from the monastery for overpayment.
- Can't use group donations for WSO and Region 3 donations, but we will have enough for the budget motion for next year. (By-laws inclusion?) Adding the individual donations (\$290), 7th Tradition from Intergroup (\$318), TSW (\$202), WM (\$230) and retreat (\$795) together (\$1747) is more than the amount to be sent to Region 3 and WSO (\$900) in the proposed budget.

### Committee Reports:

- **Delegates/Region Reps:** [Neva S. /Sally H.] The SEAZ Bylaws were reviewed and the questionnaire was returned to the Region III Trustee. We are in compliance with World Service Bylaws and no revisions are necessary at this time.
- Our work on Region III (Bylaws) and World Service (Conference Literature) committees is ongoing.
- The Spring 2016 Assembly will be held in Abilene, TX; the theme is "Reaching Out Our Hands". Registration is available online at [www.OARRegion3.org/Spring16](http://www.OARRegion3.org/Spring16). There is also funding for speakers, Contact R3 Treasurer for details. All members are welcome to attend.
- Future assemblies- Fall 2016 in Austin, TX; Spring 2017 in Lubbock, TX; Fall 2017 in Denver, CO.
- Also another reminder that SEAZ will probably want to make to make a bid and plan a convention/assembly here for Fall 2018. We will want to make that decision by next Fall.
- A set of 12 CDs from Region III Fall Assembly are available. Request for volunteer (s) to make 10 copies.

**Public Information/Professional Outreach (PIPO):** [Open] Sara reports a follow up on the half hour talk and Q & A to UofA students and faculty on Tuesday, October 20th from 6:00 – 6:30 pm: No one came. The person who planned these talks left the department and the person filling in apologized for not advertising better. I sent her an email, stating that if these talks are better attended and they want us to come back before Thanksgiving, to let me know, but I haven't heard from her.

**Lifeline and Resource Library:** [Open]

**Meeting List:** [Gina B.] A new contact for the 10:45 Tuesday meeting, and a new IR for the Friday New Beginnings meeting was added. There are also some meetings with open IR positions. Meetings lists are printed, copied, and available for distribution.

**Newsletter:** [Darlyn R /Peggy P.] For 2016 we would like to focus on how members do footwork in their program using the Tools of Recovery. We will feature two tools each edition. Starting with the January/February issue, we will feature Meetings and Telephone. Submissions can be on any OA-related topic, but if anyone has examples of how they have used these two tools to strengthen or maintain their recovery, we would like to hear about it.

Deadline for the next issue is Tuesday, January 05, 2016.

**Telephone:** [Diane G.] 52 total billed calls 0 messages left; 0 call returned.

### Special Events:

Retreat Committee: [Mike A. /Nancy K.], The Retreat was a great success! The involvement of the various meeting groups and even individuals who gave generous and beautiful gift baskets was hugely appreciated! Many were the comments of the appreciation for the loving thoughtfulness put into these baskets. The speaker was fantastic! I think everybody there came away with full notebooks, brains, and hearts.

Final registration numbers - We had 30 people registered for the entire week end, with 1 no show, for a total of 29 people. We paid the Monastery for 30 people, which included the 29 plus our speaker. 23 paid the entire price. 7 requested scholarships. We had 16 people for Saturday-only. 9 pre-registered. 7 walk-ins. 11 paid the entire price. 5 requested scholarships

What was paid to the Monastery was \$4020. The expense of the flight for our speaker was \$414.20. Region 3 reimbursed \$350. We paid \$120 for the attendance fee of our speaker. We paid \$70 for room rental for our committee meetings. There was an additional expense \$112.15 for copies, nametags and holders, and the gift card for the speaker. We collected \$3720 from registrations and \$290 for scholarship donations for a total for \$4010

Requests for scholarships totaled \$520.

Here's what was collected at retreat

Basket raffle	\$ 391.00
Drinks	\$ 38.76 (\$12 in kind donation)
Clothing	\$ 278.00
Totals	\$707.76

We received 23 feedback forms with some great comments of what was enjoyed and a few thoughts for new ideas in the future.

As a whole, the committee members shared and grew from our shared experiences in innumerable ways. We invite any interested in participating, or in being chair or co-chair to attend the first meeting scheduled for 12:45 after January's Intergroup meeting.

2016 dates are October 28-30, 2016 at the St. David Holy Trinity Monastery.

**San Carlos Condo Raffle:** Thank you again to Rene T. Liz P sold the winning ticket to Suzanne F.

#### **Twelfth Step Within:** [Open]

- Two more volunteers would be ideal to help with the Thank-A-Thon.
- The Thank-A-Thon will be from 9 am-12 pm on Thanksgiving at St. James Church (flyers brought for group distribution, emailed).
- Julie had to step down due to a Saturday job conflict.

**Website:** [Cheryl]: Posted Call to action, updated Meeting List as needed, updated IG Minutes & Archives, posted corrected Newsletter and updated Newsletter Archives and posted new 7th tradition donation form.

I want to remind everyone to save documents as a "PDF" before sending them to be posted or distributed. It is the only way to ensure that your document will look the same when it is opened on another computer. The most common problem encountered, when this isn't done, is that the document ends up not fitting on the page on another computer, because the fonts get changed. An example is the donation form distributed last month that ended up taking 2 pages, instead of 1. If you need me to send you directions or walk you through this easy process, let me know.

**Questions:** Note duplication of Website on Budget Motion under 'fixed and discretionary amount' line items. Rhonda will fix.

**IR Trainer:** [Susan C] IR's present: **16** Information delivered to meetings not present.

Continuing Focus: Fall 2015 We Care List For Distribution in November 2015. Emailed a final reminder to entire email on We Care List for Spring 2015 that the deadline for sending any changes was November 5. Sent letter of thanks to IRs for their service. FINANCIAL REPORT: The final expense for this year will be making 100 copies of the Fall 2015. We Care List and this will use the balance of the budget

Tip of the month: The world needs what you've got.

#### **Unfinished Business:**

- Bylaws review update. See Delegates/Region Reps Report.

#### **New Business:**

- Election and appointment. Secret ballot for chair/vice chair position voted and collected (Neva/Rene vs. Beth/Jill). Slate accepted with Neva S as Chair and Rene T as Vice Chair, Secretary: Sara J, Treasurer: Rhonda S, Delegates: Sally H (Sr.), Jen G (Jr.), Meeting List: Gina B, Newsletter: Darlyn R/Peggy P, Phone: Diane, Website: Cheryl L.
- Time did not allow reading from Group Handbook or Vision and Goals.

**Open discussion:** Current policy has groups donating to WSO and Region so is IG donating to WSO and Region 'double dipping'? Discussed possible policy change regarding sending donations from individual groups to WSO and Region 3 from what they donate to IG. Chris will create a Motion and bring to Intergroup to discuss. Policy Manual motion needed for SEAZ Intergroup

#### **Announcements:**

December 19, 2015 next SEAZ Intergroup meeting at 10:45 AM-12:30 PM (Board meets at 10 AM)

November 21 IDEA Day -- International Day Experiencing Abstinence in Sierra Vista 10-3

November 26, Thankathon, 9a-12p St. James

**Recap of Action Items** done by Cheryl.

Adjourned at 12:30 p.m. with The Responsibility Pledge.

Respectfully submitted, Sara Jess, substitute Secretary