

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

December 17, 2016

www.oasouthernaz.org

Attendance: Neva S., Chair; Elisa M., Sr. RR/Delegate; Rhonda S., Treasurer; Sara J., Secretary; Chris N., IR; Diane G., Telephone; Gina B, Meeting List; Barbara A., Special Events, IR; Cheryl L., Webmaster; Susan C., IR Trainer; Cyndi K, IR; Liz P, IR; Pam R., IR; Elisabeth E., IR; Alex, IR; Lynda S., IR; Jan F, IR; Leslie S., IR; Nancy R., IR: Mickey M., IR; Jane C, IR; Linda J, IR;

Call to Order: At 10:45 AM. Neva asked those in attendance to silence their cell phones and after a moment of silence, led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign-in sheet was passed. Liz P read the Standing Rules.

Secretary: [Sara J] The minutes from the November, 2016 IG meeting were accepted as submitted electronically.

Treasurer's Report: [Rhonda S.] Income from the previous month was noted as \$1223.00 \$389.00 in Donations + \$834.00 from Special Events. Expenses were \$782.03. Current checkbook total is \$ \$15,956.46. Rhonda reminded IR's to remind their treasurers to donate to Intergroup by the end of the year so IG could have funds to budget for next year. Rhonda will go to the PO at the end of the month.

Committee Reports:

Delegate/Region Rep: [Elisa M] This is my final report as Senior Delegate for SEAZ Intergroup as my term is ending. I participated on the PIPO committee at the Region III assemblies during 2016 and had opportunity to meet and work with representatives from other intergroups. I will be available as a resource person to our Intergroup should there be need to facilitate contact with Region III for local PIPO events. At the WSBC (World Service Business Conference) in May, 2016, my involvement was with the Unity with Diversity subcommittee which created a Power-point presentation for outreach events. It has been submitted to the WSO Trustees for their review and approval.

As is the case with all service work, one's recovery can only be enhanced. Participating at the Region and World Service levels offers a different perspective on the entire OA fellowship worldwide. For me, it brings a deeper meaning to the OA Responsibility Pledge: *"Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible."* I am grateful for the opportunity to have served in this capacity for SEAZ IG. My travels this year took me to only "A-rated" locations: **Abilene, Albuquerque and Austin!**

Dates of future assemblies include:

Spring 2017 Dallas, TX

Spring 2018 Salt Lake City, UT

Spring 2019 San Antonio, TX

Fall 2017 Denver, CO

Fall 2018 Colorado Springs, CO

Fall 2019 Las Vegas, NV

Public Information/Professional Outreach (PIPO): [Open]

Lifeline and Resource Library: [Open]

Meeting List: [Gina B] Changes were made as submitted from the secretary, and copies available for distribution. Only one change, the new IR is now listed for the Thursday Over and Under meeting. A last minute change is the contact for the 10:45 Tuesday NW Tender Solutions meeting is now Michael.

Newsletter: [Open]

Telephone: [Diane G.] 33 total billed calls: 3 messages left; 3 calls returned.

Special Events: [Barbara A] Idea Day in Sierra Vista was enjoyed by attendants. Thank you to Sierra Vista OA for planning a time to join ALL of OA in appreciating and experiencing abstinence.

The Thank-a-Thon had approximately 50 attendees. Based on 10th and 11th Step Promises, stories, group activities and sharing made up the 3 meetings. The 7th tradition \$97.31 goes to Intergroup. Thank you to the committee Sally, Althea and Pam and others who helped set up and take down decorations and supplies.

The next Special Events meeting will be in January to evaluate the Thank-a-Thon and plan for the coming year. Welcome all.

Twelfth Step Within: [Open]

Website: [Cheryl]: Posted Call to action. Updated Meeting List as needed. Updated IG Minutes & Agenda Archives. Removed outdated event announcements. Scheduled a training session with new Website chair and another member.

Questions: Applause for Neva, the Board and those who stepped up for Committees.

IR Trainer: [Susan C] 15 IR's present. Updated my email group for current Intergroup Representatives. Completed Fall 2016 We Care List. Emailed a copy of WCL to all on list. 100 copies of WCL to brought to November Intergroup and they all got taken.

TIP OF THE MONTH: I am grateful to my OA program for giving my life purpose through service.

Unfinished Business:

- Vote on the 2017 Budget motion. Unanimously accepted. Question: regarding donations to Region 3 and WSO. They are done throughout the year and more if there are overages. Bring up the question in June or to look at again.

New Business:

- Presentation/Distribution of SEAZ 2016 Intergroup Inventory to be taken to meetings to brainstorm about how to carry the message in 2017. Bring up in Business Meeting or have a separate meeting.
- Selection of Ad Hoc Audit committee: Rhonda S, Chris N and Sara J to bring back in January
- Selection of Ad Hoc committee for 2017 Visions and Goals, WSO has a Vision for 2017 on oa.org and we can take ideas from that. Neva and Mickey are the committee.
- Vision and Goals #3 – read and discuss. Priority is to drum up a Newsletter Chair: Will put on a link to the qualifications and descriptions on Call to Action. If a person doesn't have the qualifications but can join committee. Some computer skills needed, but doesn't have to be as elaborate as it has been. There will not be a newsletter in January. It has been bi-annually, but could be quarterly. Alex is interested and has the computer skills, but not all the qualifications. Alex and Jan F will talk with Janis R.
- Read from Group Handbook (pages 20- bottom 21, item #7&8 plus footnotes)

Announcements:

Jan. 5th, 2017 deadline for articles/poetry/etc for Desert Recovery newsletter

Jan 21st, OA SEAZ Intergroup (Board meets 10AM, Intergroup at 10:45AM), St James UMC

Jan 21st, Retreat Planning Committee, St. James UMC, 12:45PM

Feb 20th, deadline for Delegate registration for 2017 WSBC (May 1-6th)

March 24-26th, Region III Assembly/Convention in Dallas, TX

Recap of Action Items done by Cheryl.

Adjourned at 12:08 with The Responsibility Pledge.