

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

March 19, 2016

www.oasouthernaz.org

Attendance: Neva S., Chair; Rene T., Vice-chair; Randi Z., IR and acting secretary; Elisa M., Sr. RR/Delegate; Peggy P., Newsletter & IR; Cheryl L., Webmaster; Susan C., IR Trainer; Diane G., Telephone; Nora G., UR; Leslie S., IR; Nancy K., IR; Barbara A., IR; Sandra R., IR; Viviane, IR; Andy K., IR; Connie, IR; Nancy R., IR; Pam R., IR; Adena L., Visitor; Cyndi K., IR

Call to Order: At 10:45 AM. Neva asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Rene read the Standing Rules.

Acting Secretary: [Randi Z.] The minutes from the February 18, 2016 IG meeting were accepted as submitted electronically.

Treasurer's Report: [Neva S. standing in for Rhonda S.] Rhonda was not in attendance but the checkbook was there for anyone needing reimbursement. Income from the previous month was noted as \$367.00, plus 1255.67 in Donations. Expenses were \$162.48. Current checkbook total is \$18, 974.31. IRs were requested to check donations on the group donation statement to ensure all meeting donations were recorded correctly. Mail announced/passed and 7th Tradition envelope was passed.

Committee Reports:

Delegate/Region Rep: [Elisa M.]

- Registration for the Region III Assembly in Abilene, TX for April 15-17 along with the necessary airline and hotel reservations.
- Registration for the WSBC in Albuquerque, NM for May 2-7 along with the necessary hotel reservations. Information on the event indicated that new delegates are automatically assigned to a mentor delegate.

Public Information/Professional Outreach (PIPO): [Open] Sara reported via email that the "Not Simply Red" Health Fair is April 9 at San Xavier. Since there is a meeting in that area now, it would be nice to have a table there. Sara can set up a table at 8:00 AM but volunteers are needed between 8 AM and 2 PM. Contact Sara for additional information.

Lifeline and Resource Library: [Open]

Meeting List: [Gina B.] Gina was not in attendance but reported the following:

Report: Sunday seeking the power meeting IR became open, Chris Nunn became the IR for the Monday Far East meeting, and the Benson meeting became fragrance free☺ There are hard copies for groups for distribution.

Newsletter: [Darlyn R /Peggy P.] The latest edition of the newsletter for March/April with the meeting list was brought to Intergroup / e-mailed this month. Focus of the newsletter this year is on the tools. March/April newsletter was on sponsorship. We need original articles, poems and artwork relating to the tool of a plan of eating for the May/June issue. Submit as early as possible, but deadline is May 5, 2016.

Telephone: [Diane G.] 49 total billed calls; 3 messages left; 3 call returned.

Special Events: Retreat Committee: [Nancy K./ Janis],

Our second meeting was held last month after the Intergroup meeting. We had 9 committee members attend. We discussed the theme, speakers, and assignments for the October retreat.

The retreat will be at the Holy Trinity Monastery in St. Davis the weekend of October 28-30. Our theme is "ALIVE in Recovery" and we selected our first choice for speakers. (After the meeting they were asked and accepted the opportunity to lead the retreat) At our meeting today we will be discussing rates for the retreat and clothing exchange and raffle opportunities. Anyone who wants to help is invited to join the committee. The meetings are approximately 60-90 minutes long and we meet in the same room as the Intergroup meeting. We will meet at 12:45 PM through October. Rene volunteered to be the listed contact person for the committee.

Twelfth Step Within: [Open]

Website: [Cheryl]: Posted Call to action; updated Meeting List; updated IG Agenda Archives; updated IG Minutes Archives; posted Newsletter and updated Newsletter Archives. She also brought additional tent cards for distribution.

Questions: Question about retention period for archives. Cheryl responded that we are currently saving Newsletters, Agendas and Minutes indefinitely until we run out of space on the server.

IR Trainer: [Susan C]_IR's present: **14** Information delivered to meetings not present. Activities for the last month: Updated IR email listing. Ordered 10 more updated Group Handbooks AND 30 "The Twelve Concepts of Service". Met with two new IRs. Updated IR documents. Updated and emailed OA Intergroup binder Table of Contents to IRs. Tip of the month: Pray before you eat, pray before you shop and pray in the checkout line.

Unfinished Business:

- Second WSBC delegate. Neva nominated by Rene. Nancy K. seconded. No discussion. 14 Aye. Motion carries.
- Jen will not be able to attend Spring Assembly. Therefore IG will only have one representative.
- Policy motion to amend SEAZ policy 2/95 to read as follows:

"That all groups will operate autonomously and donate to Intergroup, Region and WSO at the group level. Intergroup will no longer be responsible for sending group contributions to Region and WSO. Intergroup may donate to Region and WSO a percentage of its income (from Special Events, 7th Tradition, etc.) after all Intergroup needs are met."

Neva introduced, Cheryl seconded.

Questions:

Susan C. - Is there a budget line item for this? Answer - yes.

Leigh – was the purpose of this motion to prevent duplication? Answer – purpose was to separate out what meetings were doing.

Adena (guest) – will IG be donating a fixed percentage? Answer – no. The amount to be donated depends on the IG expenses for the year. This is determined by the budget committee made up of representatives from various meetings.

14 Aye. Motion passes.

- Telephone Committee motion #1 – Remove the extension mailboxes on our CenturyLink service contract. (Note: Passing this motion rescinds Policy 09/03 in the SEAZ Policy Manual.)
 - Susan C. – We can still leave a message or direct people to our website. Daily volunteer will still follow up within 24 hours.
 - Elise M. – impact on budget is to save \$6.95/month.
 - We have a bilingual volunteer to record new message.

14 Aye. Motion passes.

- Telephone Committee motion #2 - Add phone listing to the following white pages: Yuma, Safford, Bisbee, Benson and Patagonia. Viviane seconded. Since we have meetings in all those areas, our presence should be in each town's phone books. (Note: Passing this motion amends Policy 01/97 in the SEAZ Policy Manual.)
 - Adena - Century Link will place the ads in the Dex phone books for 1/2 - 1/3 the cost of Dex Media. In addition, Century Link will give us a one month free offer for basic service (\$35.95 value) to have us stay with Century Link. They would not make any accommodation for our being a non-profit. Total cost would be \$23.75/month for all areas.
 - Nancy R. – Affect on budget? Neva S. – we have general funds and prudent reserve to cover the additional costs. If we cannot cover the costs in that manner, a fallback plan is to adjust the budgets of other committees who have not spent their allocations.
 - This will cause IG to go over budget for this year. Board will prepare a motion for a budget waiver to be presented at next month's IG meeting.

14 Aye. Motion passes.

New Business:

- Vision and Goals #3 – Attract and retain new members.
 - Yuma group is planning a PI event for next Fall/Winter. We will be working with them on the event and will provide newsletters and meeting lists. Nancy K. – create invitation for newcomers? Asked Yuma to publicize Tucson meetings?
 - Barbara A. and another member have created PIPO packets to distribute to hospitals.
 - Cheryl – There are resources on the OA web site to guide members on how to carry the message, including the new “Carrying The Message” pamphlet.
 - Adena L. – proposed Anorexic/Bulimic workshop.
 - Randi Z. – Saddlebrooke health fair in October. Will get more information.
 - Neva – Falls to individual members to carry the message since there is no PIPO chair.
 - Connie – There will be two upcoming tribal celebrations, one in April with about 300+ participants and one in September with about 400+ participants. OA will be represented. The Tucson Indian Center would like to educate their staff on OA. Coordinator is ill but will pick up again when she’s feeling better. This should be added to the newsletter.
- Read from Group Handbook (page 3, Region Representative, through page 5)

Announcements:

Today-Retreat Committee meeting at 12:45

April 9 – San Xavier “Not Simply Red” Health Fair. 8 AM – 2 PM. Need volunteers

April 16 – SEAZ Intergroup meeting at St. James UMC (Board meeting at 10 AM, IG meeting at 10:45 AM, Retreat meeting at 12:45 PM)

April 15 – 17 – R3 Spring Assembly in Abilene, TX

May 2 – 7 – WSBC, Albuquerque, NM

September 9 – 11 – R3 Fall Assembly in Austin, TX

October 28-30 – Tucson IG retreat in St David

Recap of Action Items done by Cheryl.

Adjourned at 12:00 p.m. with The Responsibility Pledge.

Respectfully submitted, Randi Zeehandelaar, acting Secretary