

SOUTHERN ARIZONA INTERGROUP OF OVEREATERS ANONYMOUS

MINUTES

January 16, 2016

www.oasouthernaz.org

Attendance: Neva S., Chair; Rene T., Vice-chair; Chris N., Acting Secretary, IR; Rhonda S., Treasurer; Diane G., Telephone; Peggy P., Newsletter & IR; Gina B., Meeting List; Nancy K., Retreat & IR; Cheryl L., Webmaster; Susan C., IR Trainer; Mickey M., IR; Judith H., sub IR; Tracy S., IR; Sandra R., IR; Pam R., IR; Barbara A., IR; Cyndi K., IR; Leslie S., IR; Nancy R., IR; Nora G., IR; Connie T., IR.

Call to Order: At 10:45 AM. Neva asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions were made while reading the Twelve Traditions and the Concept of the Month. The sign in sheet was passed. Chris read the Standing Rules. 2016 Calendar was presented by Neva.

Acting Secretary: [Chris N] The minutes from the December 19, 2015 IG meeting were accepted as submitted electronically after correction of bottom line "Adjourned with the Responsibility Pledge."

Treasurer's Report: [Rhonda S.] The financial report was presented. 2015 Final statement presented and mentioned that IG had received \$1100 more than projected. Income from the previous month was noted as \$1006.60. Expenses were \$182.14. Current checkbook total is \$18,074.31. No mail. 7th Tradition envelope was passed. Rhonda will e-mail new budget 2016.

Committee Reports:

Delegates/Region Reps: [Sally H. /Jen G.] Neva read report.

- We will be handing out the WSO Agenda questionnaire to all the groups so that SEAZ can vote on what Tucson OA would like to have placed on the agenda at the WSBC. This agenda will need to be discussed in every group and feedback returned by the February Intergroup.
- The Spring 2016 Assembly will be held in Abilene, TX; the theme is "Reaching Out Our Hands". Registration is available online at www.OARegion3.org/Spring16. There is also funding for speakers, Contact R3 Treasurer for details. All members are welcome to attend.
- Future assemblies- Fall 2016 in Austin, TX; Spring 2017 in Lubbock, TX; Fall 2017 in Denver, CO.
- Jen and I will be registering soon for next year's WSBC as well as with the Region III Spring Assembly in Texas.

Public Information/Professional Outreach (PIPO): [Open]

Lifeline and Resource Library: [Open]

Meeting List: [Gina B.] There are some meetings with open IR positions. Meetings lists are printed, copied, and available for distribution.

Newsletter: [Darlyn R /Peggy P.] The newsletter co-chairs decided to feature the Tools of Recovery in each edition this year, so there are articles dealing with Meetings and the Telephone in this January/February issue. Hard copies are available at the IG meeting, and through on-line distribution from the newsletter website. For the March/April edition, the Tool featured will be Sponsorship. Anyone who would like to share how they have used this tool to aid in their recovery, can submit it to the newsletter website, or to the personal email of Peggy or Darlyn. Original articles, poems and artwork on any OA-related subject will also be welcome. Deadline for submission is Saturday, March 05, 2016.

Telephone: [Diane G.] 24 total billed calls 3 messages left; 3 calls returned.

Special Events:

Retreat Committee: [Nancy K.] Meeting right after IG to start plans for this years Retreat. 2016 dates are October 28-30, 2016 at the St. David Holy Trinity Monastery.

Twelfth Step Within: [Open]

Website: [Cheryl]: Posted Call to action, updated Meeting List as needed, updated IG Minutes & Archives, posted corrected Newsletter and updated Newsletter Archives and posted new 7th tradition donation form.

Questions: Cheryl asked for new budget to be e mailed to post on website. Nancy K. asked why IG had TSW and Special Events when committee description is very similar; Neva stated this would be looked at later in year, Nancy volunteered for TSW and was instructed to submit application. Indian Center is asking for OA speaker, Neva to get information.

IR Trainer: [Susan C] IR's present: **15** Information delivered to meetings not present. Passed out new Group Handbooks for all IR's/Board/Committee Chairs. Tip of the month: "For Today (p. 365) I will allow no one, including myself, to pressure me into promising to lose weight."

Unfinished Business:

Intergroup Inventory was collected and will be compiled by V&G Committee (Nancy K., Jen G., Liz P.) to create Visions/Goals 2016, WSBC 2016 vision: "Individual's responsibility to carry the message."

New Business:

- NBM to amend PM 2/95 postponed until next month
- WSBC Agenda Questionnaire was passed to IR's and reviewed by Rene. These need to be discussed at business meetings if members want this motions on the WSBC Agenda and IR's are to bring these back next month.
- Audit Committee Report given by Neva, audit of books complete and correct.
- Strong Meeting Checklist is suggested for all groups to do on an annual basis.
- Vision and Goals #1/Service is a pathway to abstinence: read by Sandra. Cheryl stated she put job descriptions of positions still open and printed for meetings. IR's can request this to share with meetings.
- Workshop published by WSO to work the 12 steps possibly being offered this month is still not planned. Nancy will contact Marilyn.
- Read from New Group Handbook (page 1-3, Definition of Terms to 'Regional Assembly').

Announcements:

- Sally submitted her resignation as Sr. Delegate effective immediately do to a new job. IR's are to announce at meetings looking for anyone with experience as a delegate to submit application. By Laws allow for the Chair to attend for missing delegate.
- Retreat Planning Committee meets after Intergroup today.
- February 20th next SEAZ Intergroup meeting at 10:45 AM (Board meets at 10 AM)
- February 27th - Unity Day event in Green Valley—Please plan to attend!
- Region 3 Spring Assembly- Abilene, TX, April 15-17
- World Service Business Conference [WSBC], Albuquerque, May 2-7

Recap of Action Items done by Cheryl.

Adjourned at 12:22 p.m. with The Responsibility Pledge.

Respectfully submitted, Chris Nunn, substitute Secretary