

**Minutes SEAZ Intergroup of Overeaters Anonymous**  
July 15th, 2017 | [www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Jill S, vice-chair; Emily RS, secretary; Chris N, Jr. RR/Delegate; Janet G, PIPO; Janis R and Roni B, Twelfth Step Within; Leslie S, Meeting List; Gina B, Telephone; Cheryl L, IR Trainer; Maggy M, IR; Jan F, IR; Hannah R, IR; Judy G, IR; Christine K, IR; Jane C, IR; Pat D, IR; Bev C, IR; Linda J, IR; Sally H, IR; Sara J, IR alternate; Sandra R, IR alternate; Susan C, IR alternate

**Call to Order:** At 10:45 AM. Jill asked those in attendance to silence their cell phones and led the Serenity Prayer. Copy of Standing Rules available. Introductions and Sign-in happened while reading 12 Traditions and 12 Concepts.

**Minutes [Emily]:** The minutes from the June 17th, 2017 IG meeting were accepted as submitted electronically.

**Treasurer's Report [Sara]:** Expenses for June \$282.85, income for June \$631.72 in-group donations, \$30.00 scholarship fund. Check book total for June is \$13,760.63. 7<sup>th</sup> Tradition envelope and Mail passed

**Committee Reports**

**RR/Delegates** [Rhonda S. Sr., excused; Chris N. Jr.]: We will present Region 3 Assembly Convention motion at Intergroup.

**Public Information/Professional Outreach (PIPO)** [Janet G.]: 3 of the 8 poster ads that are on the city buses are being translated into Spanish. This will cost an additional \$66. Met with the Bariatric Service Coordinator at North West Hospital and she is checking with the team if we can be included in their aftercare program. Spoke with the nurse practitioner who works at Sierra Tucson on their eating disorder program. She will get back to me after she checks with the team. The concern is confidentiality for their clients. Sept 13; staffed a table at St Mary's Summer Wellness and Health Expo. We bought tally clicker so we could keep track of all 1to1 interactions. We spoke to 149 people and passed out 364+ pieces of literature. PIPO reps will begin passing out info, posters, business cards this coming week. Adopting a poster is an ongoing project. This includes keeping an eye on the poster and making sure to replace it when all tear-aways are gone. The PIPO budget has been overspent and the board will be working with the committee to determine how to proceed.

**Meeting List** [Leslie S.]: The following changes were made. The contact person for the Tucson Monday 5:30 pm to 6:30 p.m. meeting is Barbara A. at 520-548-0904. I reported the end of the Safford Tuesday evening meeting earlier but inadvertently omitted it from the paper meeting list.

**Newsletter** [Hannah D., Alex J.]: No report

**Phone** [Gina B.]: There were 16-billed calls. There were 6 messages and 6 returned calls.

**Special Events** [Barbara A.]: Flyers for Sponsorship Day, August 26<sup>th</sup> 10AM – 12PM at St James, are being distributed to the IRs for each group and will be on the website. Panel members are being contacted. A skit is planned as well as group activities. 25 sponsorship kits (from O.A. Bookstore) will be given out at Sponsorship Day.

**Retreat Committee** [Barbara R., Linda J.]: Primary speaker has been lined up for the Retreat. Will have local speakers as well. The committee is working on the schedule and other details. Note there are 6 male beds available.

**Ways/Means Committee** [Chris N.]: No report

**Twelfth-Step Within** [Janis R., Roni B.]: We have completed 5 of the 15 meetings for the 2-hour intensive 12 Step meetings. It's our hope that this will be the first of many series of meetings. The Relapse Recovery/Prevention Workshop will be 5:30 pm to 7:30 pm the evening of July 21 (Friday) and from 11:00 am to 2:00 pm on July 22 (Saturday) at St James. We will host a speaker from Region 3 sharing her experience, strength, and hope. A Flyer is available on our [oasouthernaz.org](http://oasouthernaz.org) website. We have scheduled a Pamphlet Workshop in Sierra Vista for August 5<sup>th</sup>. Roni and I will be leaving early that morning for the 9:15 start time and would welcome a few IG members to go along with us. A Flyer is available on our [oasouthernaz.org](http://oasouthernaz.org) website.

**Website** [Nan B., excused]: Read by Susan C. Made routine monthly updates to website, including: updating Call to Action, updating meeting list, adding Intergroup agenda and minutes to archives, editing events on Home page and Events page. In consideration of the upcoming vote on the name change, here are a couple of points related to the website: our domain name already reflects the proposed name of Southern Arizona Intergroup ([oasouthernaz.org](http://oasouthernaz.org)). We would only have to update the text on the web pages, which shouldn't be difficult. If we changed the name to something other than Southern Arizona Intergroup, we would have to buy the new domain name (if available), then GoDaddy would change our hosting site, and we'd have to update the web pages. Our current domain expires Sept. 4. Dot org domains cost about \$20/year.

**IR Training [Cheryl L.]** IRs present 14 (new/alternates) I completed the Spring We Care List before I went out of town on June 5th. I sent the new lists by email to all who had an email address on the list. Due to issues with UPS online printing, they were not printed before I left, so Janis R printed and delivered them to the June Intergroup meeting for me. To date I have not heard of any problems with the email delivery or the information on the lists.

### **Unfinished Business: Standing Rules read.**

Bylaws Amendment, name change [Jill S for SEAZ Board]: Motion read in its entirety. Submitter spoke to first pro; name change is more inclusive and reflects current membership. No other pro presented. Con – we could be more inclusive by not have our IG name geographically defined at all such as the Serenity in the Desert IG. A question was asked if other IGs are geographically defined or do they choose a non-geographic name? Both types of names are reflected in our OA Region. Does changing the name prevent groups from choosing what IG to be a part of? No, a group can choose to be participate in our IG. It is not required. No further questions or discussions. 12 of the 14 IRs present voted yes. Motion was passed.

Bylaws Amendment, definition [Jill S for SEAZ Board]: Motion read in its entirety with the friendly corrections made at the June IG meeting. Proposed definition will read: *The Southern Arizona Intergroup shall include those groups that have formally registered with the World Service Office (WSO) and have indicated their intention to belong to Intergroup.* Submitter spoke to first pro; the amended definition can include not only Yuma, but areas such as Nogales. No other pro presented. No cons presented. 14 of the 14 IRs present voted yes. Motion was passed.

Bylaws document with other proposed changes [SEAZ Board]: Proposed bylaw changes were sent to groups in June. The board asks that the IRs edit the document to reflect the new name change Southern Arizona Intergroup (SoAZ) and have the group membership review for a vote at the August IG meeting. A revised copy of the proposed bylaw changes will be posted to the Google Drive.

Motion to host Region III Assembly and Convention fall of 2021 [Chris N.]: Motion read in its entirety. Submitter spoke to first pro; our IG made about \$3,000 at the last Convention & Assembly we hosted and we get to meet and listen to members throughout our region. Another pro was given stating that they really enjoyed and benefited from being a part of the last Convention & Assembly hosted by SEAZ. Con – there was some difficulty getting members to volunteer for IG positions and to serve on the board in the year preceding the Convention & Assembly. Con – some members are feeling uncertain because the event is so far in the future and they are not willing to commit to something so far in advance. Chris N asked that the past co-chairs, Janis R and Roni B, share their experience with IG. They stated that the planning started almost 2 ½ years in advance. It was hard work, but they felt that it was great for our IG not just financially, but also for recovery. A member asked if Intergroups are asked to host or do they volunteer? Intergroups volunteer at the Spring and Fall Region III Convention & Assembly volunteer to host future C&As. Would we be able to back out if needed? Intergroups have backed out before the contract has been signed with Region and the Intergroup. No further questions or discussions. 13 of the 14 IRs present voted yes. Motion was passed.

Spanish-speaking meeting survey [Jill S]: A survey was distributed for IRs to take back to their meetings for members who would be interested in attending the new meeting, Manos Unidos, on Fridays from 5:00 – 6:30PM. The meeting participants would like to see if other members are interested in attending and whether they would prefer it be a Spanish-speaking meeting or an English-speaking meeting.

### **New Business**

Bylaw Amendment, mileage [Chris N. for SEAZ Board] – Not presented at this IG meeting.

Vision/Goals: 3. Strong Meetings and Committees (1-3) – Read by Chris N. A copy can be found on the Google Drive.

Group Handbook (page 30: #20, #21 through bottom of page 32)

### **Announcements (through Aug 2017)**

TODAY: Retreat Planning Committee after Intergroup, here.

Jul 21, 5:30-7:30PM, Jul 22, 11-2:00PM, Relapse Recovery Workshop, St. James, 3255 N Campbell Av.

Aug 19, OA SEAZ Intergroup, 10:45 – 12:30, St. James

Aug 19, Retreat Planning Committee after Intergroup

Recap of Action Items by Roni B

### **Adjourned at 12:03 PM with the Responsibility Pledge**

Respectfully submitted, Emily Riley-Saxton, Secretary