

Minutes SEAZ Intergroup of Overeaters Anonymous

June 17, 2017 | www.oasouthernaz.org

Attendance: Beth M, Chair; Jill S, vice-chair; Emily RS, secretary; Chris N, Jr. RR/Delegate; Janet G, PIPO; Janis R and Roni B, Twelfth Step Within; Alex J, Newsletter; Gina B, Telephone; Maggy M, IR; Jan F, IR; Michael A, IR; Hannah R, IR; Nancy R, IR; Judy G, IR; Deb B, IR; Andy M, IR; Christine K, IR; Ari K, IR; Cyndi K, IR; Jane C, IR; Nora, IR Pat D, IR; Bev C, IR; Valerie O, IR; Linda J, IR

Call to Order: At 10:45 AM. Beth asked those in attendance to silence their cell phones and led the Serenity Prayer. Standing Rules: Does Everyone Have a Copy (extra copies provided). Introductions and Sign-in happened while reading 12 Traditions and 12 Concepts.

Minutes [Emily]: The minutes from the May 20, 2017 IG meeting were accepted as submitted electronically.

Treasurer's Report [Sara, excused]: Janis R read report for Sara. Expenses for May \$2,850.44, income for May \$657.72 in group donations, \$193.25 from Ways and Means, and \$30 for the scholarship fund. Checkbook total for May is \$13,411.76.

Committee Reports

RR/Delegates [Delegates, Region Reps: Rhonda S. Sr., excused; Chris N. Jr.]: No formal report. New business motion will be presented later in the meeting.

Public Information/Professional Outreach (PIPO) [Janet G.]: New projects: Planning a presentation for Human Resources Department & Recruiting members to be PIPO reps so info, posters, business cards, and bulletin boards cards can be dispensed in a timely manner. Public Service Announcements on radio stations. Janet has a few meetings that still need posters for distribution. Possible blog. Events: St Mary's Summer Wellness Fair July 13; Women Health and Wellness Expo, Radisson Hotel, Aug 19; and Women's Day Out, Double Tree Hotel Oct 28. All of PCC 's campuses are having Wellness Fairs in Oct. Have an appointment with the Bariatric Services coordinator to discuss options for a presentation at NW hospital this coming week. St Mary's seems open to a presentation as well. All 5 PCCC campuses now have posters in their Student Services areas.

Meeting List [Leslie S., excused]: Read by Jan F. The contact person for the new Tucson Spanish speaking meeting on Friday 5:00 p.m. to 6:30 p.m. Manos Unidos (Joined Hands) is Inge H. at 207-6602. There is no IR for that group. The correct address for the group is 840 S. 6th Avenue and its area is downtown. The contact person for the Tucson Monday 7:00 p.m. to 8:00 p.m. Far East Abstinence/Step Study is Joy at 834-7224. The IR for the Tucson Saturday Far East Saturday Group is Pat D. at 906-3526. On the bottom of the back page the area code 420 was deleted from Jill S' phone number. The area code 520 was added to Leslie S.'s phone number.

Newsletter [Hannah D. excused, Alex J.]: 100 copies of the new newsletter were brought to IG to take back to the meetings. The September newsletter topic is 'Staying anchored to your higher power' and submissions need to be sent by August 18th. The newsletter should be sent electronically by Wednesday, June 21st. If you haven't received it by that date, send an email to the newsletter (link on SEAZ website) so you can be added to the listserv.

Phone [Gina B]: There were 25 billed calls. There were 3 messages and 3 returned calls.

Special Events [Barbara A., excused]: Planning for Sponsorship Day is underway. The date is August 26th, 2017 at St. James Methodist Church. The time starts at 10 AM to 12 Noon with a brown bag lunch to follow. Flyers for distribution will be available at the next Intergroup Meeting. Two more people indicated interest in working with the committee. Great!

Retreat Committee [Barbara R. excused, Linda J.]: Verbal report. Planning for the retreat is moving forward and the format is being discussed. Save the Date fliers were available for the IRs to take back to the meetings.

Ways/Means Committee [Chris N.]: No report

Twelfth-Step Within [Janis R., Roni B.]: We had our first meeting for the 2-hour intensive, 15 week, 12 Step meetings. It's our hope that this will be the first of many series of meetings. The Relapse Recovery/Prevention Workshop will be 5:30 pm to 7:30 pm the evening of July 21 (Friday) and from 11:00 am to 2:00 pm on July 22 (Saturday) at St James. We will host a speaker from Region 3 sharing her experience, strength, and hope. A Flyer is available on our oasouthernaz.org website. We have scheduled a Pamphlet Workshop in Sierra Vista for August 5th. Roni and I will be leaving early that morning for the 9:15 start time and would welcome a few IG members to go along with us. Janet, PI/PO chair, has given the TSW Committee the portable signs that their committee had created a few years ago. If they are needed for an OA activity, Janis will have them stored with the TSW materials.

Website [Nan B., excused]: No report

Questions for Committee Chairs: Is registration needed for the Relapse Recovery/Prevention Workshop? No. No reading materials needed, but a journal is recommended.

IR Training [Cheryl L., excused]: IRs present: 19 (new/alternates) Mail/hand deliver information to meetings not represented. Janis R gave TIP: If you need to ask for volunteers, go find someone and ask them directly.

Unfinished Business:

Bev C volunteered to burn CDs that were purchased at the Spring Region III Convention and Assembly. She provided 19 copies and provided a Lending Library template form to take to meetings so members can sign out CDs.

Bev C attended the new Spanish speaking meeting (Manos Unidos) and brought them updated meeting lists. At that meeting, only 1 member was present. The IG members were requested to please attend meeting to support our only Spanish speaking meeting. A few other members of IG said they have recently attended the new meeting as well. Valerie O asked the contact person (Inge) how IG can support the new meeting. Inge asked that we take a survey at all meetings to see if members are interested in the meeting time/place and if members prefer the meeting be in English instead of Spanish. The consensus of the IG was we should keep this as a Spanish-speaking meeting and find ways to get engage the Spanish speaking community to increase meeting attendance. The PIPO committee volunteered to translate an OA flier for the Spanish speaking community and start hanging them in primarily Spanish speaking locations, such as churches. A member suggested we add a "Spanish Speaker" column to the next We Care List.

New Business: Standing Rules were reviewed before beginning Bylaws Amendments

Bylaws Amendment, name change [Beth M. for SEAZ Board]: The bylaw amendment proposal was read in its entirety by the presenter, Beth M. Presenter was first pro speaker and reiterated that the name change more accurately represented all the meetings in our current IG. Judy G offered the second pro. She represents meetings in Yuma and the members in other cities appreciate the more inclusive name proposal. Specific cons were not offered but there were concerns that a name change that has no specific geographical reference would be even more inclusive and would allow other meetings outside of Arizona, but still in Region III to join our IG. A member asked whether meetings outside of our region could join our IG and according to the motion would our IG reject these types of meetings? Roni B searched on WSO Article 6 Section 2 Bylaws and read that IG are based on geographic areas except for virtual meetings which can be registered with any IG. This bylaws amendment should be taken back to the groups and presented and discussed during their respective business meetings. IRs are requested to bring back feedback to the July IG meeting where the amendment will be voted on by all IRs present.

Bylaws Amendment, definition [Jill S. for SEAZ Board]: The bylaw amendment proposal was read in its entirety by the presenter, Jill S. Presenter was the first pro speaker stating that when our board researched other IG's bylaws, they left out specific geographic area as well. Beth offered the second pro stating that removing specific geographical specifics will open our IG to more groups. Specific cons were not offered but there were members wanting to make a friendly amendment. This amendment changes the original amendment to now read: The Southern Arizona Intergroup shall include those groups that have formally registered with the World Service Office (WSO) and have indicated their intention to belong to Intergroup. This bylaws amendment should be taken back to the groups and presented and discussed during their respective business meetings. IRs are requested to bring back feedback to the July IG meeting where the amendment will be voted on by all IRs present.

Entire Bylaws document with other proposed changes [SEAZ Board]: The board made copies of the proposed Bylaws amendments with edits marked in red throughout the document. These are to be taken back to the group for review and all changes will be voted on as a slate at the August IG meeting. A copy of this document is available on the Google Drive as well.

Motion to host Region III Assembly and Convention fall of 2021 [Chris N.]: Chris N read the motion in its entirety. At the Spring 2017 Region III Convention and Assembly; IGs volunteered to host future C & As and there are currently two available dates: Spring of 2020 or Fall of 2021. The motion presented will be for SEAZ to host the Fall 2021. Our delegates requested that the motion be brought back to the groups to discuss and determine if there is a commitment from members to help plan, organize, and execute the C & A. If a group is not interested in participating, then the IR is requested decline the motion. A member suggested the IR should find at least 2 OA members in the meeting that are willing to help. The motion will be voted on in the July IG meeting.

Vision/Goals: Education is a pathway to Unity and Recovery, #'s 1-3 were read

Group Handbook: Page 27: #18, #19 through bottom of page 28.

Announcements (through July 2017)

TODAY: Retreat Planning Committee after Intergroup, here.

June 23 - 25 Courage to Change 2017 Summer Retreat (Prescott AZ, ASDI)

Jul 15, OA SEAZ Intergroup, 10:45 – 12:30, St. James

Jul 15, Retreat Planning Committee after Intergroup

Jul 21, 5:30-7:30PM, Jul 22, 11-2:00PM, Relapse Recovery Workshop, St. James, 3255 N Campbell Ave

Recap of Action Items by Roni B.

Adjourned at 12:20PM with the Responsibility Pledge

Respectfully submitted, Emily Riley-Saxton, Secretary