

SEAZ Intergroup of Overeaters Anonymous
March 18, 2017 Minutes | www.oasouthernaz.org

Attendance: Beth M, Chair; Jill S, Vice-chair; Emily RS, Secretary; Sara J, Treasurer; Rhonda S, Sr. RR/Delegate; Chris N, Jr. RR/Delegate; Janet G, PIPO; Janis R, 12 Step Within; Leslie S, Meeting List; Barbara A, Special Events; Gina B, Telephone; Nan B, Website; Cheryl L, IR Trainer; Cyndi K, IR; Andy M, IR; Christine K, IR; Karen C, IR; Linda J, IR; Ari K, IR; Valerie O, IR; Jane C, IR; Nancy R, IR

Call to Order: At 10:45AM. Beth asked those in attendance to silence their cell phones and led the Serenity Prayer. Standing Rules: Does Everyone Have a Copy (extra copies provided). Introductions and Sign-in while reading 12 Traditions and 12 Concepts.

Minutes [Emily]: The minutes from the February 18, 2017 IG meeting were accepted as submitted electronically

Treasurer's Report [Sara]: Income from previous month was noted as \$225.80 which included group donations, special events and other and \$25.00 for the scholarship fund. Expenses were \$418.30. Current checkbook total is \$15,031.03. Mail announced/passed and 7th Tradition envelope was passed.

Committee Reports:

RR/Delegates [Sr. Delegate, Region Reps: Rhonda S., Sr; Chris N. Jr.]: We are registered for Region III, March 24-26 in Dallas. Three Sierra Vista groups and three other groups submitted written votes/comments for 10 for the groups voting and WSBC Agenda Questionnaire results from Saturday's IG meeting are as follows: All new business proposals and By-Law Amendments are to be placed on the WSBC 2017 Agenda by a majority vote except: Proposal C- to discuss a 10th tool of mindfulness and Proposal K- instructing the Board of Trustees to research alternates to Roberts Rules for governance. This report has been emailed to WSBC and to SEAZ secretary for documentation /archives. The WSO sent a confirmation email to Chris saying they received the document.

Public Information/Professional Outreach (PIPO) [Janet G.]: There were 4 people including me at the Feb PIPO meeting. The group took on the job of tracking or contacting organizations that have health fairs, expos etc. Valerie, Raymond and I staffed a Body Smart event on the UofA campus on Feb 22. There was very little interest and just a few handouts passed out. Hannah reported the Health Fair in Sierra Vista on March 4 went very well. Leslie also attended and said there were lots of handouts distributed. Elise and I met with Brad Smith the advertising rep for Sun Tran and we will be meeting with him again after the next PIO committee meeting. Presently recruiting members to be part of the mass mailing to the clergy. Will be using the yellow pages to gather names etc. The Pima County Library has a position in administration whose job is to accept, approve and disperse information to all of the sites. She has approved what I submitted. Besides posters they will also take pamphlets and Lifelines. Both of these endeavors will be costly so I am submitted a request for reduced cost pamphlets to World Service and our Region 3 Trustee Vicki Wilcox. Next PIPO committee meeting Sat March 25 from 2-4pm at Himmel Park library. I brought free pamphlets and OA cards for IRs to bring back to meetings.

Lifeline & Resource Library [OPEN]:

Meeting List [Leslie S.]: The following changes were made. Tucson Thursday Seeking The Spiritual Path 10:45 a.m. to 11:45 a.m. does not have an IR.

Newsletter [Hannah D., Alex J.]: No official report. Newsletters were on the back table for IRs to take back to their meetings. The next article deadline is May 5th and the topic is listed in the newsletter.

Phone [Gina B.]: There were 22 billed calls. There was 1 message and 1 returned call.

Special Events [Barbara A.]: The Committee met March 4 and toured the Downtown Tucson Tram System for a fall activity. Plans progress for the April 8 party at Sally H's home. Flyers were passed to IRs for distribution at the March I. G. meeting. Cheryl L and husband will be bringing their guitars for the party. Unity Day was well attended. Thank you to the Green Valley meetings for a thoughtful time that involved us in sharing and enhancing our recovery. The next committee meeting will be the first week in April. Contact Barbara A. ([520-548-0904](tel:520-548-0904)) for date, time and location.

Retreat Committee: Linda J and Barbara R have volunteered to co-chair the 2017 Retreat. The committee is currently working on the format and the monastery will be closing so we may need a new location for the upcoming retreat.

Ways/Means Committee [Chris N]: No official report. Chris will update us on merchandise sold at the April IG Meeting. Region III pins were available to all those who wanted to take one.

Twelfth-Step Within [Janis R., Roni B.]: Roni and Janis held a Pamphlet Review workshop on Saturday, March 11 at St James Church from 11-1pm. Thirty-seven people attended and the group participation was outstanding. We reviewed three pamphlets: Strong Abstinence Checklist and Writing Exercise, Carrying the Message, and Twelve-Stepping a Problem. We read through each pamphlet and completed an exercise to get the feel of using each one. Leftover literature will be brought to the workshop in Sierra Vista time and place TBD. At the end of the workshop we introduced the opportunity for up to 15 members to attend the TSW Committee's intensive 15 meetings working the 12 Steps during this summer. Flyers explaining the meetings are available today and on our website. After the first meeting the following meetings are closed. Registration is through April 11th. If needed, a waiting list will be created as the meetings won't start until June 13th. A suggestion was made to the TSW Committee about hosting a Relapse Recovery Workshop and we are planning it with date and location TBD. Expenses: copies \$8.00, copy card \$27.03, Room rent \$50.00, and literature \$124.32. Total expenses=\$209.35. Donations=\$115.00

Website [Nan B.]: Made monthly updates to website, including: updating Call to Action, updating meeting list, adding Intergroup agenda and minutes to archives, editing events on Home page and Events page, and added current financial expense sheet to replace 2016 budget (Is this what we want on website?). Stefanie fielded one email from the site – an inquiry from Little House about our interest in having an OA meeting at that location. We can discuss further under new business.

Questions for Committee Chairs

- Janis asked the Beth and Nan is the newsletter distribution is set up on email? Nan will follow up with the newsletter co-chairs and assist if needed.
- Nan asked Barbara A if the Special Event flyer for Sally's party should be put on the website with Sally's address listed. Barbara will follow up with Nan.
- Beth congratulated with TSW committee for a wonderful workshop.

IR Training [Cheryl L.] IRs present: 10 (new/alternates): No official report. Tip of the month: All IRs look at their copy of the Concept Pamphlet and Group Handbook. Everyone should have the 2015 copyright. Contact Cheryl if you need an updated pamphlet. Mail/hand deliver information to meetings not represented.

Unfinished Business

Visions and Goals Document 2017-2018 [Janis]:. The V & G committee consisting of Janis, Jill, Linda, and Ari communicated via telephone and email to revise the previous V & G document. A few minor editorial changes were suggested and Janis will be making those corrections and updating the document name to Visions 2017-2018. The new document includes 4 visions; service, education, strong meetings and committees, and financial health and lists suggested tasks for each

vision. Also included are a status and completion column to track progress. The following comments were made regarding specific tasks:

- Janet mentioned as the current PIPO chair, that she hasn't had many volunteers and she needs more help. Beth suggested that one of the responsibilities of being an IR or board member is to attend OA events, volunteer, and be a part of committees. Nancy R suggested going to members and directly asking for their help as that increases volunteerism. Cheryl suggested that the Call to Action be read in its entirety by the group IR and at that time the IR should remind members that volunteers are needed. Jill suggested each IG member set a personal goal to reach out to 2 – 3 people before the April IG meeting and ask if they would be willing to offer service.
- Sara asked as the current treasurer, that she doesn't have contact information for the group treasurers. It was requested that each IR go back to the group treasurer and either have them contact Sara or send Sara their contact information. Beth requested that the WSO online donation form web address be listed in the financial tasks and to share that information with the group treasurer.
- Karen C suggested not using acronyms for committee names such as PIPO. Janis offered to make a table at the end of the document defining abbreviations.

Volunteer signup sheet [Jill]: No signup sheets returned yet. Jill asked for IRs to bring them to the April IG meeting.

New Business

Budget Motion [Sara]: Beth read through the Standing Rules explaining the motion process. **MOTION:** That \$50.00 be transferred from the General Fund to the Region III line item and \$100.00 to WSO line item on the Budget. **INTENT:** To re-balance the budget to make up for the Treasurer's overpayment to Region 3 and WSO. I looked at a draft of the budget instead of the final copy. \$300.00 was sent to Region 3 and it should have been \$250.00. \$600.00 was sent to WSO and it should have been \$500.00. **IMPLEMENTATION:** A "yes" vote would transfer the amounts as itemized above. **COST:** \$150.00 **RATIONALE:** To not have negative balances on the budget items. **HISTORY:** None that I know of.

- No con speakers. Pro speaker – Janis. She stated that the general fund is in place for situations such as this and there is a history of budget motions requesting funds be transferred.
- Questions: Nancy R asked if there are sufficient funds in the general fund. Sara responded yes. Chris seconded the motion.
- No vote was necessary.

Email from Little House [Nan B]: The secretary from Little House (address 840 E 6th Ave 85701) which hosts many recovery meetings and asked if OA would like to have a few meetings at the site. Specifically, they have openings on Friday and Sunday afternoons. Nan asked the IRs to report to their meetings to see if there might be interest in starting a new meeting. Janet G commented that downtown Tucson is not represented in OA meeting locations and it would be great if we could offer a meeting at that location. Cheryl L requested the information be put on the Call to Action. The email did not specifically mention a date that we need to get back to them, but Emily RS will reach out to them to find out more details.

Name Change Survey: Southeastern AZ IG of OA to Southern AZ IG of OA [Jill S]: Name change notes were available to IRs to take back to their respective meetings. The board has asked that the OA membership consider a bylaws amendment changing OA Southeastern Arizona IG to OA Southern Arizona IG to reflect our actual membership, as well as open us to growth in all southern Arizona. IR's are requested to take the discussion back to their groups and gather feedback and opinions on how they feel about possibly changing the name. Implications include Bylaws change, AZ Corporation Commission change (\$25), changing the name on stamps, checking account, phone bill, PO Box, WSO notifications, Region III notifications, Dr. packets, other literature

that is stamped, copying required to re-do docs (or scratch out). Written feedback should be reported to the Intergroup by June. At that point, it will be determined if there is interest to proceed to formal adoption. Questions and comments included:

- Janet G requested that if we do decide to change the IG name, we need to consider pamphlets and documents that has already been sent to Dr offices and material at other locations as well.
- Gina B wanted to clarify that currently the written part of the Bylaws includes the following information: The Southeastern Area shall include the communities of Tucson, South Tucson, Oro Valley, Catalina, Green Valley, Marana, the region of Pima County known as the Greater Tucson Area plus Sierra Vista, Wilcox, Benson, Tubac and may include any OA meeting group in southern Arizona that chooses to be part of the Intergroup. Yuma even though it is clearly stated by the Intergroup name.
- Nan B wanted to know what the rational was behind changing the name. Beth stated that this topic has come up historically and specifically it was brought to her as an issue that a member wanted her to address as IG chair.
- Beth and Nan pointed out that our website domain name is already oasouthernaz.org

Read and Discuss: Group Handbook (page 22, #11 and #12)

Announcements (through May 2017)

TODAY: Retreat Planning Committee after Intergroup, here

March 24 – 26, Region 3 Spring Assembly, Dallas TX

Apr 15, OA SEAZ Intergroup, 10:45 – 12:30, St. James

Apr 15, Retreat Planning Committee after Intergroup [Linda J and Barbara R]

May 1-6 World Service Business Conference

June 23, 24, 25 Courage to Change 2017 Summer Retreat (Prescott AZ, ASDI)

Recap of Action Items-Nan B.

Adjourned 12:04PM with the Responsibility Pledge.

Respectfully submitted, Emily Riley-Saxton, Intergroup Secretary