

Minutes SOAZ Intergroup of Overeaters Anonymous

November 11st, 2017 | www.oasouthernaz.org

Attendance: Beth M, Chair; Jill S, vice-chair; Sara J, treasurer; Chris N, Jr. RR/Delegate; Janis R, 12 Step Within; Nancy N, PIPO Asst; Leslie S, Meeting List; Alex J, Newsletter; Cheryl L, IR Trainer; Cyndi K, IR; Andy M, IR; Christine K, IR; Jan F, IR; Pat D, IR; Linda J, IR; Ellen C, IR; Sally H, IR; Deb B, IR; Bev C, IR; Nancy R, IR

Call to Order: At 10:47 AM. Beth asked those in attendance to silence their cell phones and led the Serenity Prayer. Standing Rules: Does Everyone Have a Copy (extra copies provided). Introductions and Sign-in happened while reading 12 Traditions and 12 Concepts. Jill S took minutes in Emily's absence.

Minutes [Emily RS., excused]: The minutes from the October 21st IG meeting were accepted as submitted electronically

Treasurer's Report [Sara J.]: Balance is \$13,467.68. Expenses were \$1,429.42. Income from groups \$499.00 in October. At the end of October, we had \$ 857.67 in the scholarship fund.

Committee Reports

RR/Delegates [Sr. Delegate, Region Reps: Sr. [vacant]; Chris N. Jr.]: Continue to work with Bylaws committee at Region III and finance committee at WSO thru conference calls and emails.

Public Information/Professional Outreach (PIPO) [Janet G.]: Saturday Oct 28th Women's Day Out event at the Double Tree Hotel. Spoke to 122 people and handed out 108 pieces of literature. YTD information: Spoke to 1429 people and handed out 3429 pieces of literature. This includes the mass mailing to the clergy and the library project. PIPO has become more selective about distributing literature at events to save money.

Meeting List [Leslie S.]: The following changes were made. The Yuma Saturday morning meeting which started on October 14, 2017 has a group number - 56225 - and a topic - Big Book Study. Judy G. is the intergroup rep. Intergroup Representatives please check the information on the paper lists and let me know if it is correct. The Tucson VA at 3601 S. 6th Avenue desires to start an OA meeting there. No further information was provided.

Newsletter [Hannah D., excused; Alex J.]: December 1st is new deadline for the December newsletter. The topic is 'Keeping Sanity Through the Holidays'.

Phone [Gina B., excused]: There were 28 billed calls. There were 4 messages and 4 returned calls.

Special Events [Barbara A., excused]: Jill read report for Barbara. Confirmation of Fall Programs have been completed. Still some billings to be presented to the Treasurer. The Thank-a-thon program is ready and we look forward to celebrating spiritual growth over the past year.

Retreat Committee Meeting today after Intergroup [Barbara R., Linda J.]: Last meeting of the year held after IG. The final Retreat report will be presented at the December IG meeting. The committee will be looking for co-chairs for the 2018 retreat.

Ways/Means Committee [Chris N.]: Continue creating items for sale. No sales opportunities available at Region III Assembly in Denver. At 'Making it thru the Holidays' workshop, donations were not asked but leader requested participants view and purchase Ways and Means items = \$161 Retreat Ways and Means sales = \$153.75. Plan to bring to Thank-a-Thon and IDEA Day.

Twelfth-Step Within [Janis R., Roni B., excused]: Bev C and Lauren M are gearing up for the 12 step study series starting Jan 4th. They have 20 people signed up and 2 on a waiting list. We'll have a follow-up workshop to the Making It Through the Holidays one on January 13, 2018 and the focus will be looking back at the previous 90 days and forward to the New Year. We are partnering with the Relapse Recovery and Prevention meeting group on Tuesday nights to combine their regular meeting with an additional focus on Twelve-Step Within Day on the evening of 12/12/17. A skit is planned. We have received several suggestions for workshop topics for next year and welcome all ideas. Roni is stepping down as co-chair of TSW for 2018 and Emily is asking to be appointed as co-chair. We are actively building a TSW committee and plan to meet early in the new year to plan our 2018 activities. Janis brought canned food for the soul jars for members to take after IG.

Website [Nan B., excused]: No report.

IR Trainer [Cheryl L.]: 14 IRs present. Mail/hand deliver information to meetings not represented. I continue to work on the Winter We Care List. I snail-mailed packets to all IRs not present at the October meeting, for whom I didn't have a volunteer to deliver them. On Tuesday (11/7) I sent an email to all Intergroup members reminding them that I need them to bring their updates to the 11/11 Intergroup meeting and that the deadline to submit changes is December 1st. The first email blast to everyone with an email on the Spring We Care List has produced few responses so far, so I am looking forward to taking home what comes in at Intergroup. I have one volunteer to help call anyone who hasn't updated and could use one or two more. I invite any IRs who would like a little workshop and opportunity to ask questions on how Intergroup works to let me know and I will hold one. See me after the meeting or call, text, or email me. All my information is on the Intergroup Name and Address list and the meeting list.

Unfinished Business

None

New Business

2018 Budget Motion [Sara J]: Sara presented the motion in its entirety. IRs are requested to take motion back to groups and IRs will vote at the December IG. Sara explained that previously there had not been a Resource Library applicant, but now there might be an active committee. Sara requested the IRs to correct the wording to: "if the funds accumulated through December 31st, 2017 total more than \$11,734.00 the first \$100 dollars go to resource library." A committee chair asked why the budget requests were not met. The chair pointed out that most committees did not receive their requested amount. The PIPO committee expressed they were disappointed with the 2018 budget proposal, but they will follow the approved budget. Janis R pointed out that in the 2018 budget, money will not be sent to Region III and WSO and those extra funds have been given to the committees. The chair stated that there will be a discussion next year about IG's accumulation of funds.

Presentation of Applicants: questions and election of 2018 Board: Beth M. Chair, Jill S. V. Chair, Sara J. Treasurer, Chris N. Sr. Delegate, Sally H. Jr. Delegate: Board applicants read their applications. IG secretary position is still open.

2018 Committee Chair applicant presentations: Applications were read by Leslie S for meeting list, Alex J for newsletter, Janis R and Emily RS for twelfth-step within and Cheryl L for IR trainer. Jill S read applications for Barbara A for special events, Gina B for phone and Nan B for website. Jill will collect applications from Janet G for PIPO and Hannah D for newsletter. All received applications were downloaded on the google drive.

Vision/Goals: #3, Strong Meetings and Committees [Jill S]
Group Handbook (page 42 to top of 43: 'How about OA in institutions')

Announcements

Nov 18, 9:30AM – 3:00PM IDEA Day: Church of Christ Fellowship Hall, 815 El Camino Real, Sierra Vista, AZ
Nov 23, 9AM – 12PM, 'Thank a Thon,' St. James Church, 3255 N Campbell Ave
Nov 23, 6:30PM – 7:30PM, Sierra Vista will hold candle light meeting, room #1
Dec 12, 5:30PM - 6:30PM, '12th Step Within Day,' St. Phillips Church, Salvia Rm, 4440 N Campbell Ave
Dec 16, 10:45AM – 12:30PM, Intergroup, St. James Church

Recap of Action Items [Janis R]

Adjourned at 12:07PM with the Responsibility Pledge

Respectfully submitted, Jill Sena

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