

Minutes SoAZ Intergroup of Overeaters Anonymous

December 15, 2018 | www.oasouthernaz.org

Attendance: Beth M, chair; Sara J, treasurer; Chris N, Sr. RR/Delegate, acting secretary; Leslie S, Meeting List; Janis R, Emily R-S, 12 Step Within; Janet G, PIPO; Cheryl L, IR Trainer, IR; Barbara A, Special Events, IR; Christine C, IR; Betty D, IR; Jane C, IR; Linda J, IR; Ann S, sub IR; Michael A, IR; Mickey M, IR; Teresa C, new IR; Lynda S, IR; Jan H, IR; Jan F, IR; Nancy R, IR; Judy G, IR; Joanne B, and Kathy K, visitor.

Call to Order: At 10:45 AM. Beth asked those in attendance to silence their cell phones and led the Serenity Prayer. Standing Rules: Does Everyone Have a Copy (extra copies provided). Introductions were made while reading 12 Traditions and 12 Concepts. Sign-in with 7th tradition was passed.

Minutes [Chris N., sub]: The minutes from the November 10 IG meeting were accepted as submitted electronically.

Treasurer's Report [Sara J.]: Balance is \$11503.94. Expenses were \$419.90. Income was \$1354.42 in Nov.

Committee Reports

RR/Delegates [Sr. Delegate, Chris N.; Jr. Delegate, Sally H.]:

- We attended Region 3 Colorado Assembly 10/12-14.
- Sally is serving on the PIPO committee at Region.
- Chris had Bylaws Conference meeting 11/19 and another will be held 12/17 to finalize the motions for Region 3 Spring Assembly in San Antonio TX, 3/29-31.
- Region 3 is looking for a Communications Secretary for next fall, all those eligible and technologically minded please consider applying.

Public Information/Professional Outreach (PIPO) [Janet G.]: Tabbed posters for libraries and MD offices available to post, recommend putting our phone # 733-0880 on back side of website. The Haven would welcome an OA meeting to be held there.

Meeting List [Leslie S.]: The Tucson Monday 5:30 p.m. Reading, Writing, Recovery meeting is not meeting on December 24, 2018.

The Tucson Tuesday Relapse Recovery meeting is not meeting on December 25, 2018 or January 1, 2019.

The Sierra Vista Monday night meeting is not meeting on December 24, 2018.

Intergroup Representatives please check the information on the paper lists and let me know if it is correct.

Newsletter [Hannah D.; Alex J., excused]: (report submitted after IG) We received zero submissions for the December Newsletter. We decided to instead reprint old submissions, but the reprint will not be ready until next week. From which I will distribute to several meetings and ask that IR groups spread around to other meetings.

If no one has volunteered for newsletter for next year, I can continue on if I can find someone to be editor. Hannah will not be able to be editor next year.

Lifeline Resource Library [Valerie O., excused]: Sara read: For Lifeline Magazine, effective January 1, 2019, **one-year print subscription prices** will increase to US\$30. Similarly, a one-year subscription to oalifeline.org will increase to US\$30 for all subscribers. *Lifeline* will also discontinue two-year print subscriptions, so only one-year subscriptions will be available to both print and online subscribers.

Through December 31, 2018, **you are invited to take advantage of Lifeline's current price and terms**, including purchasing new one- or two-year print subscription or extending a current print subscription by one or two years. You may also purchase a one-year online subscription to oalifeline.org and save US\$7. You may order online at oalifeline.org or call 1-505-891-2664 to order by phone. **Now is a great time to invest in Lifeline** for yourself, your sponsees, your meetings, and your community's institutions.

Phone [Gina B.]: 23 calls, 5 messages, 5 returned calls.

Special Events [Barbara A.]: IDEA Day held in Sierra Vista enjoyed 20 plus people in attendance. The 7th Tradition of \$110.00 was sent to SOAZ I. G. Thank you again Sierra Vista for helping us focus on abstinence.

Thank a Thon attendance of 40 plus persons looked at Grace Gratitude and Community as they related to Thanksgiving. The 7th Tradition was \$87.00. A bundle of gratitude to each of the speakers and also for the help in producing the handouts. All that ready help in setting up and breaking down was much appreciated.

Barbara announced eyeglasses were left at Thank a Thon. Retreat Committee will meet in January 2019.

Ways/Means Committee [Chris N.]: Took W+M to IDEA Day in Sierra Vista = \$42

Twelfth-Step Within [Janis R.; Emily RS.]: The OA 12 Step Intensive Workshop series will be offered again in 2019, but will spread over the year. The workshops will be held on the first Saturday of each month from 10:30AM to 12:30PM beginning on January 5th, 2019. The registration window has closed. If you have any questions, call or text Joy 520-834-7224 or Julia 520-488-3804. The workshop will be held at St James United Methodist Church on Campbell just north of Fort Lowell.

The OA 12 Step Intensive Workshop series will also be offered in Green Valley in 2019. Please refer to the IG website for more details. Location and times are still TBD. Thank you for a wonderful year

Website [Nan B. excused]: Thank you for the opportunity to serve as Website Chair the past two years. I'm sorry to have to miss my last Intergroup meeting in this position.

- During the past month, I made routine updates to website as usual.
- Beth brought up a concern about member anonymity and information published in the minutes. Member names and phone numbers do appear in the Intergroup minutes, and member names with last initial and phone numbers are also on the meeting list and the Call to Action.
- For the minutes, we can redact phones numbers, emails, and last names before the minutes are posted on the web. In addition, the website chair can add nolink, nofollow syntax to the meeting list, minutes and call to action links so that these sites will not be indexed by search engines. This means that the pages will not be shown in search results.
- IRs and meeting contact persons should be reminded that their last initials and phone numbers are on the meeting list which is published on the website. If anyone does not want that information published, please contact the meeting list chair to have the information removed from the list. If possible, have a new contact person listed who doesn't mind their information being posted.
- If you are a committee chair and do not want your name with last initial and phone number on the Call to Action, please let the Website chairperson know.

Questions for Committee Chairs:

IR Trainer [Cheryl L.]: 14 IR's present. Many thanks to Janis R, Valerie O, Judith H, and Pat D for calling the 75 people from whom we got no response for the We Care List update. I compiled some data for this round, sparked by questions asked by a member.

210 Total listings on previous list (Spring 2018)

34 Total removals

3 removals by email or list

13 as result of phone call by volunteers

18 due to no response to lists, emails, or phone call by volunteer

45 updates as result of phone call by volunteers

68 updates by email

67 updates by lists at meetings

27 new listings

203 Total listings on new list (Fall 2018)

I emailed a new list, to all with email addresses listed, for corrections. I will make 150 copies (if there is enough left in my budget) of the corrected new list to distribute at 12/15 Intergroup

Unfinished Business/Other

2019 Budget Motion Vote: read and standing rules reviewed, pros (Emily/Janis) and cons (Christine requesting a fully funded budget, would need a new motion) voiced with discussion (explanation of PIPO fund dispersal, no newsletter, no WSO/Region donation). 12 Y, 1 N, 1 abstain, motion passed (see Nov IG minutes for detailed motion)

Beth announced a 'thank you' to all who served intergroup this year.

New Business

New WSBC motion submitted by Colorado (electronic newcomer packets) to be part of motions coming in January 2019

Open Microphone [Beth M.] Some attendees had their nametags from last month and brought along, maybe having each responsible for them? To be discussed.

Some confusion of purpose voiced for the WE CARE sheet and anonymity. Cheryl recommended/reminded IR's to have newcomers sign up on individual we care sheets at meetings, not the We Care Intergroup list.

World Service Office (WSO) Updates read by Cheryl (had computer).

Vision/Goals: # 4, Financial Health read by Cheryl.

Announcements

NW Tender Solutions not meeting 12/25 and 1/1, Monday Oro Valley not meeting 12/24 and 12/31

Jan 5, 2019 12n12 starts Saturday 1/5 at St. James Church 10:30-12:30 pm

Jan 19, 10:45-12:30 PM, Intergroup, St. James Church, Board meeting 10:00 AM

Chris N. has a flat of water from retreat available for another event, will check with GV for Unity Day.

IR's are asked to check with their groups how 12/12 (TSW Day) worked concerning texting or calling from names drawn from the jar and report to Janis/Emily or bring to IG.

Recap of Action Items listed by Janis. See Call to action for meetings open or closing for Christmas/New Year.

Adjourned at 12 PM with the Responsibility Pledge

Respectfully submitted, Chris Nunn, substitute Secretary