

## Minutes SoAZ Intergroup of Overeaters Anonymous

Jan. 19<sup>th</sup>, 2019 | [www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Emily R-S., Chair; Cheryl L., Treasurer; Sally H., Sr. RR/Delegate, Jill S. Jr. RR/Delegate; Leslie S, Telephone; Joy VM.-Website; Janis R., IR Trainer, Barb M.-IR; Jane C.-IR; Michele K.,-IR; Mickey M.-IR; Teresa C.-IR; Lynda S.-IR; Andrea -IR; Marilyn B.-IR; Nancy R.-IR; Peggy P.-IR; Sara J. -visitor

**Call to Order:** At 10:48 AM. Serenity Prayer was said. Standing Rules: Does Everyone Have a Copy (extra copies provided). Cheryl announced that there are new copies of the standing rules and asked IRs to get a copy. Introductions were done while reading 12 Traditions and 12 Concepts. Sign-in happened while the 7<sup>th</sup> tradition was being passed. Mail was passed around.

Emily announced that a lot of members will not be present at IG because they are at the OA Birthday party in LA this weekend.

**Minutes [Chris N. - excused]:** The minutes from the December 2018 IG meeting were accepted and approved. Jill S. will be acting as Secretary for Jan. IG. Jill S. announced that there are new copies of the Bylaws for all IRs.

**Treasurer's Report [Cheryl L.]:** Balance is \$12,092.53. The total income is \$10,015.76. Cheryl reported that the Accumulations of Funds Committee will meet and talk about the report. Cheryl reported that the scholarship fund in 2018 gave out more money than they had. Nancy R. asked about why there is nothing on the PIPO line. Cheryl explained that PIPO does not bring in any money. Cheryl L. stated that the Accumulation Funds Committee will take into account for the extra money the 2018 retreat scholarship committee gave out. Cheryl L. explained that the current budget is half of \$12,092.53. Cheryl L. stated that she can write checks today because of Sara J. being at the meeting.

**RR/Delegates [Sally H; Sr. & Jill S.; Jr.]:** Report read by Jill S: Sally and I are excited to be your Sr. and Jr. Region Rep/Delegates for 2019. We started the New Year by meeting and reviewing the agenda questionnaire items for WSO. We were able summarize each item and briefly jot down what is being proposed at the 2019 WSBC. Sally agreed to make copies of the agenda questionnaire and copies of the 2019 WSCB business proposal excel spread sheet for the IG reps. The items will be presented at the Jan. IG. IG reps will be asked to take the handouts back to their groups, get the group vote on each proposed item, and return the excel spread sheet by the February IG. Sally and I will be tallying the votes from the groups and sending them to WSO at the beginning of February. We are making preparations to attend the Spring 2019 Region III Assembly and Convention (March 29<sup>th</sup>-31<sup>st</sup>, 2019).

Sally explained each Agenda Questionnaire item to the IRs. The IRs were asked to call Sally, Jill or Neva, if they have any questions about the Agenda Questionnaire. Jill reported that she will check on the item about the Newcomers Packet being online and will send out the information she gathers to the IRs through email.

### Committee Reports

**Public Information/Professional Outreach (PIPO): OPEN.**

**Meeting List [Jan F.]:** Report read by Jan F.

Jane C. is the new IR for the Tucson Wednesday Welcome Home meeting. Teresa is the new IR for the Tucson Saturday Morning Study Group. Marilyn B. is the new IR for the Sierra Vista Monday Night Miracles meeting. Nancy R. is the new IR for the Sierra Vista Thursday Newcomers meeting. Peggy P. is

the new IR for the Sierra Vista Saturday meeting. The Yuma Tuesday and Thursday night meetings have returned to the Central Church of Christ building. Carol E. is the new contact person for the Tucson Friday Living in the Solution meeting. Ann A. is the new contact person for the Tucson Tuesday Northwest Tender Solutions meeting. Jeanine C. is the new contact person and Barb M. is the new IR for the Tucson Tuesday Relapse Prevention and Recovery meeting. Michele K. is the new contact person and the new IR for the Tucson Thursday Seeking the Spiritual Path meeting. Kathy K. is the new IR for the Tucson Monday Far East Abstinence meeting. Intergroup Representatives please check the information on the paper lists and let me know if there are any changes or corrections. Thanks. Submitted by Jan F.

**Newsletter [OPEN]:** Emily reported that Alex has volunteered to do an electronic version of the newsletter. The IRs voted on if they would like Alex to do a third term on the newsletter. There were 13 votes from IRs in favor of her doing a third term. Emily stated a board member volunteered to help Alex with the newsletter.

**Lifeline Resource Library [Valerie O.- excused]:** No Report.

**Phone [Leslie S.]:** Report read by Leslie S: Intergroup was billed for 10 telephone calls. 1 message was left. 1 call was returned.

**Special Events [Beth M.- excused]:** Janis R. read the report: Currently the committee is considering an OA Weekend Speaker Marathon. No action has been taken other than in my head (uh-oh!). Thanks for this opportunity to serve the Intergroup. Submitted by Beth M.

**Retreat Committee Meeting [Deb B.- excused]:** No Report. There will be a retreat committee meeting after IG today.

**Ways/Means Committee [Chris N.-excused]:** No report.

**Twelfth-Step Within [Janis R.; Emily RS.]:** Read by Janis R. Although there is no current chairperson for this committee, activities to carry the message are still happening. Joy and Julia are leading the 12 step study meetings the first Saturday of every month in 2019 in Room 6 at St James Church. The first meeting was on January 5<sup>th</sup>. Emails were sent out prior to January 5<sup>th</sup> so the first meeting could go smoothly. In addition to Joy and Julia there were 13 people attending. Janis and Roni are preparing to take the 12 step study meetings to Green Valley starting the second Thursday in March and continuing the second Thursday of each month. Those meetings will be held at 6:30 pm in one member's home. Davis is taking names of people who want to join. Currently there are 10 people interested in addition to Janis and Roni. Submitted by Janis R.

**Website [Joy V.]:** Read by Joy VM: Went through some initial training from Nan, where she explained the various tasks of the webmaster and how to do those. Will meet with Nan after today's meeting so routine monthly updates to website will be made, including: Updating Call to Action, Updating meeting list, Adding Intergroup agenda and minutes to archives, and Editing events on Events page if necessary. Respectfully submitted, Joy V'Marie

### **Questions?**

Sally asked Leslie a question about phone calls.

Nan B. had a correction for the meeting list: she reported that Monday 5:30pm Reading and Writing Recovery IR position is now open.

An IR explained to Jill and Sally that there is a Newcomer Pamphlet available online at OA.org. Jill stated that she will gather information about this and get back to the IRs.

Joy V.M. asked all committees to send her call to actions as soon as possible.

**IR Trainer [Janis R]:** 14 IRs present. Report read by Janis R: I sent an email to all IRs who ended the 2018 year to see who is staying on in 2019. Cheryl is passing me all her documentation work that she did last year so I can create notebooks as needed. Welcome to all the new and returning Intergroup Reps. Please call or email me if you have any questions or need anything. The Policy Manual has an update for the We Care List scheduled for May this year so in a couple months I will be starting the process of updating the list that was distributed in 2018. Submitted by Janis R.

Janis explained that the Policy Manual has a changed and that the We Care Sheet will be completed in May only. Barb AG is no longer IR; Randy is new IR for Sunday Miracles Happen. Andrea is the IR for Wed. evening Green Valley meeting. Barb M. was asked for her new email address.

Janis welcomed the new IRs and discussed how to use the Google Drive. Janis and Emily will be sending out an email on how to use the Google Drive. Janis explained that the call to action needs to be read at meetings. Janis stated that each IR gets a binder and should take this to their meetings and read the reports to the groups. She asked the IRs to read the minutes from the previous month and look for corrections. She asked IRs to always bring their binders to the IG meeting. Janis stated that binders have been brought to the IG meeting and she also has protectors available.

### **Unfinished Business/Other**

Audit Committee- Cheryl explained that she, Emily, Sara, Ronda, and Janis met and completed the audit report.

Accumulation of Funds Committee- It was reported that there are extra funds and they will be distributed in 2019. Emily stated that there are concerns about the extra money. Emily discussed how they will try to have a committee meeting before February IG. Questions were asked about the accumulation of funds by Leslie S. Janis and Emily explained the concerns for the funds. Janis reported that she will type up a one page review of what happened in 2018 regarding the Accumulation of Funds Committee for the 2019 IG reps. Emily stated that there are more conversations to be had about the accumulations fund.

### **New Business**

Vision and Goals- A new vision and goals committee will be formed and will make new vision and goals for 2019. Vision and Goals were skipped because of time.

IG Inventory- Janis was able to explain the IG Inventory for IRs. She presented a handout on what IG was able to accomplish in 2018. She was able to also able to give the IRs a handout to complete a 2 question form to bring back to IG. The handouts are on the Google Drive.

Printing Materials- Emily asked what IRs can print out information for IG to save money. Only 4-5 IRs are not able to make copies for IG.

**Announcements** – Emily R.S. read the announcements.

February 16, 10:00 AM – 3:30 PM, Traditions Workshop, Foothills Branch Library, Yuma

February 16, 10:45 AM – 12:15 PM, Intergroup, St. James Church, Board meeting 10:00 AM

February 23, Unity Day in Green Valley

Recap of the action items were read by Joy V.M.

**Adjourned at 12:19 PM with the Responsibility Pledge**

Respectfully submitted, Jill S., substitute Secretary