

## **2019 Minutes SoAZ Intergroup of Overeaters Anonymous**

**February 16, 2019** | [www.oasouthernaz.org](http://www.oasouthernaz.org)

**Attendance:** Emily R.S., Chair; Linda J., Vice-Chair; Chris N., Secretary; Cheryl L., Treasurer; Jill S., Sally H. Sr. RR/Delegate; Jan F., Meeting List; Joy V'M, Website; Beth M., Special Events; Deb B., Retreat Chair; Janis R., IR Trainer; Betty D., IR; Mickey M., IR; Andrea D., IR; Nancy R., IR; Jan H., IR; Teresa C., IR; Jane C, IR; Barb M., IR; Randi F., IR; Greg M., IR.

**Call to Order:** At 10:45 AM. Emily asked those in attendance to silence their cell phones and led the Serenity Prayer. Introductions and Sign-in happened while reading the 12 Traditions and 12 Concepts.

**Minutes [Chris N.]:** The minutes from the January 19, 2019 IG meeting were accepted as submitted electronically.

**Treasurer's Report [Cheryl L.]:** 7<sup>th</sup> Tradition Envelope and Mail folder are not available but will be located, an envelope will be passed for the 7<sup>th</sup> Tradition.

- The Arizona Corporation Commission site is fully updated with 2019 officers and with me listed as Statutory Agent, which is the person they contact for updates, reports, or changes.
- I reserved and paid for the meeting rooms for Intergroup and the Board through June of this year.
- The checking account is updated with Emily and me as authorized signers.
- Our income for January was \$501.00 and expenditures were \$397.47, of which \$300 was room rent for the Intergroup and Board meetings.
- The bank balance on January 31 was \$12,508.25. The checkbook balance was \$12,303.06, with 2 outstanding checks totaling \$305.19.
- I have made updates to the Budget Tips and the Expense Reimbursement form and put them in this month's folder on the Google Drive. Copies are also always available on the table at Intergroup.

### **Committee Reports**

**RR/Delegates [Sr. Delegate, Sally H.; Jr. Delegate, Jill S. excused]:**

- Sally will be reading fliers sent to us by Region 3 that you could announce at your meetings. These fliers can be found on the Google Drive. They are under group announcements #1(OA Young Persons Story needed), #2 (R3 Turn Ons and Offs), #3 (Men in OA), #4 (OA Step Ahead), and #5 (OA Service Body Bulletin) on the Google Drive. There is valuable information on these handouts for your groups and OA members.
- I was able to register for the San Antonio, TX conference. I met with Cheryl L. to accomplish this task and we found ways to save IG some money. Thank you, Cheryl L.! The total costs were \$130 dollars for registration, \$327.95 for the hotel room, and \$302.61 for the flight out of Phoenix. I sent an email to organizers of the Spring Region 3 Assembly announcing that I am looking for a roommate for 2 nights to cut the hotel costs in half.
- Sally and I are looking forward to receiving your agenda questionnaires, tallying the answers and sending them to WSO. We will report the final tallies to you at the March IG. I was able to explore the question brought up about the newcomer packet being available online. WSO currently has a pamphlet for the newcomers online that does not include all the items in the Newcomer Packet. This agenda item would have the whole Newcomer Packet available for people to purchase online versus just having a newcomer pamphlet online to purchase.

**Public Information/Professional Outreach (PIPO) [Open]:** no report

**Meeting List [Jan F.]:** Randi F. is the new IR for the Tucson Sunday Miracles Happen meeting.

Nan B. is the new IR for the Tucson Monday Reading, Writing and Recovery meeting.

Chris G. is the new contact for the Tucson Monday Far East Abstinence meeting. There is no IR for this meeting.

**Newsletter [Open]:** Alex J notified Emily that she has offered to assist with a digital version with Hannah D.

**Lifeline Resource Library [Valerie O; excused.]:** Valerie has decided to step down as the chair of the Resource Library/Lifeline Committee. She is not available to hold this position any longer or to attend Intergroup regularly due to time constraints. Humble apologies. Thank you to everyone for your service!

**Phone [Leslie S.]:** There were 21-billed calls. There were 3 messages and 3 returned calls.

**Special Events [Beth M.]:** Save the date! Marathon Speaker/Discussion meetings will be held featuring a wide spectrum of OA members in recovery. What they were like, what happened and what they are like now in OA. Format is an OA speaker for 30-40 minutes with questions and open sharing afterward.

April 27, 2019

9:30 A.M. – 8:00 P.M.

Cherry Avenue Recreation Center

5085 S Cherry Ave

Come one, come all! Stay for a little while, stay for a long time.

This location was chosen for its proximity to I-10 in hopes that it will facilitate out-of-town members and the public to attend. Later this year (perhaps in the summer) I am contemplating a 4<sup>th</sup> step workshop. I am thinking 1.5 to 2 hours each dedicated to a different approach to working this important step.

**Retreat Committee Meeting [Deb B.]:** no report; meeting today, after Intergroup.

**Ways/Means Committee [Chris N.]:** no report

#### **Twelfth-Step Within [Open]:**

Although there is no current chairperson for this committee, activities to carry the message are still happening.

- Joy and Julia are leading the 12 step study meetings the first Saturday of every month in 2019 in Room 6 at St James Church. The second meeting was on February 2<sup>th</sup>. In addition to Joy and Julia there were 14 people attending.
- Janis and Roni are preparing to take the 12 step study meetings to Green Valley starting the second Thursday in March and continuing the second Thursday of each month. Those meetings will be held at 6:30 pm in one member's home. Davis is taking names of people who want to join. Currently there are 10 people interested in addition to Janis and Roni.

#### **Website [Joy V'M.]:**

- The following items were posted on the OA website: SoAZ Policy Manual & Policy Manual Index (combined); Current Meeting List; Flyer for April Event: Marathon Speaker/Discussion Meetings
- Routine updates were posted on the site: January 2019 Call to Action; Names of current officers and chairpersons; January Agenda and Minutes
- Documents that will be added: Updated Intergroup Expenditure Reimbursement Form (2019); Donation Form SoAZ Intergroup of OA: February Call to Action, Agenda, and Minutes (when approved); A description of the April event linked to the website

**Note:** Apparently, some viewings of the website do not have the sidebar displayed. In some instances, the links appear at the bottom of the page. This was the case both on computer and phone displays. I will be looking into this further.

**Questions for Committee Chairs:** Emily reiterated that IR's would need to print meeting lists, agendas, motions from the Google drive for further IG meetings due to budget. IR's thanked Linda for her creative name card creation. Deb was asked if anyone could attend the Retreat Committee meeting after intergroup, yes.

#### **IR Trainer [Janis R.]:** 10 IRs present.

I've been sending emails out during the last month on several topics. I shared the information about accessing the Google Drive, distributed a history document on the "Accumulation of Funds" issue, shared documents to facilitate the business meetings on the WSBC proposed motions, and shared the Call to Action with all IRs and Contacts.

- The Policy Manual has an update for the We Care List scheduled for May this year so in a couple months I will be starting the process of updating the list that was distributed in 2018.
- I need a show of hands of intergroup members who need a copy of the Twelve Concepts pamphlet and the OA Handbook for Members, Groups, and Service Bodies pamphlet so I can order a supply of those.
- I am sharing today a one-page explanation about the difference between Bylaws and Standing Rules.

#### **Unfinished Business/Other**

- Return Intergroup Inventory: Janis will compile and present in March. Next month chair will ask for ad hoc Vision and Goals committee members.
- Accumulation of Funds committee options: please email Janis with questions about the options presented. Both an explanation and the options suggested are on Google Drive to print for group review.
- Janis will be the email contact for groups to turn in their WSBC agenda questionnaire if not done today, instead of Sally.

## **New Business**

- Linda shared her experience and enjoyment of the OA Birthday Party in California Jan 18-20, 2019. Cheryl requested altering next years IG Calendar to allow more attendance from IG as it is always held the third Sat of January (Martin Luther King Holiday) and next year is the 60<sup>th</sup> BD.
- IR's were asked to come a little early next IG to assist with room set up and breakdown as the church custodian/volunteer is unable to do this going forward.
- Cost of room rent was discussed and it was determined that the small room fee was \$10/hr. and \$20/hr. for the larger room. Committee chairs requesting use of the facility are advised to build this cost into their 2020 budget.
- Cheryl requested consideration of returning to reading the 'OA Handbook for Members, Groups and Service Bodies: Recovery Opportunities' and "The Twelve Concepts of OA Service" (of the month in it's entirety, rather than reading each Concept topic each month) to assist new/seasoned IR's in learning the Concepts. To be discussed.

## **Announcements**

Please ask group attendees about stepping up to attending WSBC May 5-11, 2019, if qualified. Speak to Sally for details.

In April, IG will start recruiting committee members for planning and hosting the 2021 Region III Convention in Tucson.

February 16, 12:45 PM Retreat Committee, St. James Church, room 5

February 23, 10:30 AM – 3:00 PM Unity Day in Green Valley, St Francis: "Forgiveness is remembering without resentment"

March 16, 2019, 10:45 AM – 12:30 PM, Intergroup, St. James Church, Board meeting 10:00 AM

March 16, 12:30 PM Retreat Committee, St. James Church, room 5

March 29-31 R3 Spring Assembly – San Antonio, TX

Recap of Action Items [Joy V'M.]

**Adjourned at 12:30 PM with the Responsibility Pledge**

Respectfully submitted, Chris Nunn, Secretary