

Minutes SoAZ Intergroup of Overeaters Anonymous

September 21, 2019 | www.oasouthernaz.org

Attendance: Linda J., Vice-Chair; Cheryl L., Treasurer; Randi F., Sr. RR/Delegate, Jill S., Jr. RR/Delegate; Jan F., meeting list; Joy VM., Website; Janis R., IR Trainer; Deb B., Retreat; Chris P.-IR; June P.-IR; Betty D.-IR; Barb M.-IR; Jane C.-IR; Nan B.-IR(telephone); Andrea D.-IR; Marilyn B.-IR; Laura -IR; Lorraine W.-IR (telephone); Judy G.- IR (telephone); Joanne S.- visitor (telephone)

Call to Order: At 10:45 AM. Serenity Prayer was said. Introductions were done while reading 12 Traditions and Concept 9 was read. Sign-in happened while the 7th tradition was being passed. Mail was passed around.

Minutes [Chris N. - excused]: The minutes from Aug 17th 2019 were accepted and approved. Jill S. will be acting as Secretary for September IG.

Treasurer's Report [Cheryl L.]: Our income for August was \$580.00 and expenditures were \$1,726.40. The bank balance on 8/31 was \$10,303.17 and the checkbook balance was \$10,179.39, with three outstanding checks totaling 123.78. As a result of the vote on August 17, I moved \$300 to the 12th Step Within budget, \$250 from Remote Attendance and \$50 from Resource Library. With Intergroup getting ready to put together a budget for next year, I thought it would be a good idea to compare the year to date income to that of 2018. Our income for this year thru August 31 was \$6,227.31 and for 2018 it was \$6,029.87, which is very close. To come up with the funds for this year's budget, we had to use some of the accumulated funds, which was to be a one-time exception to basing our budget on the previous year's income. At this rate, we will not bring in enough income to fund the budget at even the original levels set for this year (which only included sending one Region Representative to each region assembly, rather than 2). At the September 21 Intergroup meeting, I will ask for volunteers for the Budget Committee, which will look at the Budget Request forms and put together a proposed budget for 2020. Submitted by, Cheryl L., 2019 Treasurer

RR/Delegates [Randi F.; Sr. & Jill S.; Jr.]: Randi booked our hotel and flight to the Las Vegas Assembly and Convention happening October 11th, 12th, and 13th. Thank you, Randi! I will be stepping down as Jr. Delegate at the end of the year to focus on the 2021 Tucson Assembly and Convention. Randi turned in the budget request for 2020. Submitted by, Jill S.

Committee Reports

Public Information/Professional Outreach (PIPO): OPEN.

Meeting List [Jan F.]: The following changes were made. • Deb B. is now the contact for the Tucson Saturday Far East meeting. Also, she has been listed as the Retreat Chair on the meeting list. • Jen G. is now the contact for the Tucson Thursday Seeking the Spiritual Path meeting. Intergroup Representatives please check the information on the paper lists and let me know if there are any changes or corrections. Submitted By, Jan F.

Newsletter [OPEN]:

Lifeline Resource Library [OPEN]: Board voted to eliminate this committee at the Board meeting today.

Phone [Leslie S.-excused]: Report read by Linda J.- Intergroup was billed for 22 telephone calls. 1 message was left. 1 call was returned. Submitted By, Leslie S.

Special Events [Beth M.- excused]: No Report.

Retreat Committee Meeting [Deb B.]: We will be meeting today at 12:30-1:30 in room 7. We will have one additional meeting in October, prior to the retreat. We currently have 27 registered for the week-end, 1 for Saturday only, and scholarship requests totaling \$205. We have received \$350 in scholarship donations. There will be 60 beds available to us. There may be a maximum of 65 for Saturday lunch, as determined by our hosts. Registration forms are available through meeting IRs, and on the SoAZ website under Events. Flyers were delivered to the Phoenix OA office and announced at their Sunday meeting. Flyers have been distributed to the meeting for the Clothing Sale collection, and the raffle gift baskets. Our year to date expenses are as follows: Copies - 18.00, Room rent for committee meetings - 120.00, Notebooks, folders, pens- 34.78, Registration for speaker-140.00 Total: \$312.78 Annual Budget: SoAZ Intergroup: \$700.00 Balance: \$387.22 -Next meeting is October 19, 2019 Submitted by, Debra Brown, Retreat Planning Committee Chair

Ways/Means Committee [Chris N.-excused]: No report.

Region 3 Convention and Assembly [Michael A. and Jill S.]: There was no report for this committee. Jill S. announced the next meeting will be on Oct. 19th at 12:20pm at St. James. Jill announced that the committee will be narrowing down the convention theme at the next meeting and a hotel was found to host the convention.

Twelfth-Step Within [OPEN]: Although there is no current chairperson for this committee, activities to carry the message are still happening. Joy is leading the 12 step study meetings the first Saturday of every month this year and the group completed Step 8 two weeks ago. Janis and Roni are leading the 12 step study in Green Valley with Step 6 completed on Thursday September 12th. Submitted by, Janis R.

Website [Joy V.]: Posted on the OA Website: • September Meeting List • Idea Day flyer • Current Meeting List - Routine Updates Posted: • August 2019 Call to Action • August Agenda Documents to be added: • August Minutes (when approved) • September Agenda • September Call to Action -Action Taken Since August Intergroup Meeting: Completed the budget necessary to maintain the OA Website. Respectfully submitted, Joy V'M

Questions?

Janis suggested that there be a check-in with people on the conference call on the written agenda along with having a podium for committee members read their reports at. The podium will eliminate having the phone be passed around for OA members on the conference call.

Janis will send out the new definition of abstinence and recovery to all IG reps to present to their meetings.

IR Trainer [Janis R]: Total Number of IG reps. present were 12 (in person) & 2 (on the conference call): Totaling 14 IG reps. I shared the Call to Action with all IRs and asked for information about newcomers. I sent a reminder email about today's Intergroup meeting and the vote on the bylaws amendment. During the

last month I shared the WSO Bulletin and the 7th Tradition document with all IRs. I created IR binders for Cynthia and June. I sent emails to all IRs with documents for today's meeting and call-in instructions for those who want to attend the meeting remotely. Submitted by, Janis R.

Unfinished Business/Other

SoAZ Bylaw Amendment Vote- Marilyn B. read the motion about Article 5 of the bylaws stating that IG will meet a minimum of 10 months per year. This motion passed with 14 yes votes.

Budget Request for 2020 Committee- Cheryl asked for all committees to turn in the 2020 budget requests. Cheryl also asked for volunteers to help on this committee and Janis volunteered.

Nominating Committee report- Linda J. announced that there is a candidate that is thinking about being Delegate/ Region Rep for 2020. Linda stated that Special Events, Retreat, Twelve Step Within, and Newsletter Committees are in need of chairs.

New Business

Jan. meeting motion presented- Cheryl read the motion asking the Jan. IG meeting be changed to the second weekend in Jan. She explained how the OA Birthday Party in LA is currently on the third weekend in Jan. and this causes the Jan. IG to have low attendance. This motion passed with 14 yes votes from IG reps.

Judy G. from Yuma stated that she attended a health fair in Yuma that had 500 participants and many health professionals expressed interested in OA at this health fair.

Getting Things Done in Your OA Group was read from the Group Handbook (pgs.

13-15). Announcements

October 15th: Deadline to submit theme ideas for the SoAZ Region 3 Convention & Assembly to Michael A. and Jill S.

October 19th, 10:45 AM – 12:15 PM, Intergroup, St. James Church, Board meeting 10:00

AM October 19th, 12:45 PM Retreat Committee, St. James Church

October 19th, 12:20 PM, 2021 Region 3 Convention committee, St. James Church, room 5

November 9th, 10:45AM-12:15 PM, Intergroup, St. James Church, Board meeting 10:00

AM November 16th, IDEA Day 9:30-3:00pm – Sierra Vista

November 28th, Candlelight gratitude meeting 6:30pm – Sierra Vista

Phone Committee needs a member to cover Fridays – please contact Leslie S. 520-732-1339 if interested

Recap of the action items were read by Joy V.M.

Adjourned at 11:45 AM with the Responsibility Pledge

Respectfully submitted, Jill S., substitute Secretary