

2020 Minutes SoAZ Intergroup of Overeaters Anonymous

May 16, 2020 | www.oasouthernaz.org

Attendance VIA ZOOM: Emily R-S., Chair; Linda J., Vice Chair; Chris N., Secretary; Cheryl L., Treasurer; Randi F., Sr. RR/Delegate; Cynthia N., Jr. RR/Delegate; Leslie S., Telephone; Joy V'M, Website; Janis R., TSW; Deb B., IR Trainer; Jan F., Meeting List; Becky R., Retreat; Andrea D., IR; Barbara A., IR; Barbara V., IR; Becky B., IR; Betty D., IR; Christine K., new ZOOM IR; Jan H., IR; Judy G., IR; Nan B., IR; Nancy R., IR.

Call to Order: At 11 AM by Emily R-S., Chair, instructed those in attendance on Zoom to mute/unmute and led the Serenity Prayer. Chris took attendance and 12 Steps and 12 Traditions read.

Minutes [Chris N]: The minutes from the April 18, 2020 IG meeting were accepted as submitted by Chris. Emily will grant access to the drive for the new members and IR's.

Treasurer's Report [Cheryl L.]:

- Our income for April was \$2,230.56. Our expenses were \$463.42. We had a couple of very lean months, but April and May have put our average monthly income back on track.
- The PayPal account is open and we have received several donations through it. Joy has put information about 7th tradition and PayPal on homepage of our website in the Announcements. She has also updated the form found through the link under "Donations" (on the left side or bottom of every page).
- I enabled Zelle on our bank account so that members whose bank subscribes to Zelle can make donations sending to the email "treasurer@oasouthernaz.org" and there are no fees. Members can enter their group number or other information in the "What's this for?" field on the review page. Most large banks are part of the Zelle network. I will be notifying group treasurers of this option. My credit union is not with Zelle, so I tried making a donation using the Zelle app and my debit card, but I received a notice that So AZ IG is a "small business and cannot receive money from debit cards at this time". I have not spoken to the bank about this.
- Since the libraries are re-opening, I will order the books we voted to put in the libraries.

Committee Reports

Region 3 Representatives/World Service Delegates' Report [Randi F. Sr. Delegate; Cynthia N. Jr. Delegate]:

The World Service Business Conference that was scheduled to take place April 21-26, 2020 was cancelled due to the global COVID-19 Pandemic. However, the delegates were asked to vote via e-mail on Trustee and General Service Trustees elections. Questions composed by delegates were asked of the nominees and answered. After reading through the information provided, all three trustees and two general service trustees were elected for a three-year term based on a majority vote. There is one vacancy left for a general service trustee, which has two years left on a three-year term. Per the bylaws, the Board of Trustees may or may not choose to fill the vacancy. This will be discussed at a board meeting later this month.

The delegates were also asked to vote on four literature motions, which consisted of:

- In OA, Recovery is Possible
- Temporary Sponsors Newcomers' First Twelve Days
- To the Young Person
- A Lifetime of Abstinence

All four motions to adopt the literature as it was presented was passed by a two-thirds vote. Each proposal was presented with 15 questions and answered by the Conference Approved Literature Committee. Again, we were asked to vote on the content of the literature as it was presented, and no amendments to the literature notions could be made at that time. This was a yes or no vote based on the integrity of the manuscript and its value to the entire Fellowship. I will now be serving on the Twelve Step Within Committee. Our initial meeting is scheduled for Saturday, May 9. As our meetings progress, I will bring back information on what our goals are for the Fellowship.

Public Information/Professional Outreach (PIPO) [Open]:

Meeting List [Jan F.]: Frankly, there have been so many changes to the Meeting List for Zoom and Phone meetings that I haven't kept track of them. So please refer to the Meeting List which shows the changes in bold and italics. Intergroup Representatives please check the information on the paper lists and let me know if there are any changes or corrections. My new email address is on the meeting list. Thanks.

Newsletter [OPEN]

Phone [Leslie S.]: Intergroup was billed for 17 telephone calls, 4 messages were left, 4 calls were returned.

Special Events [OPEN]:

Retreat [Becky R.]: The Retreat Committee did not meet in January or April. We have 8 active members on the committee.

The theme is: **2020 Focus on Recovery - Past, Present and Future**

Date: November 6-8, 2020

Hours for the retreat were decided on:

Friday 5:00pm-8:00pm

Saturday 9:00am-12:00pm and 1:00pm-4:00pm

Sunday 9:00am-12:00pm

Location: After much discussion we decided this year will be a Zoom Retreat. The main factor was the many aspects of the pandemic.

Our deposit at the Monastery for 2020 has been credited to the October 22-24, 2021 Retreat.

We are working on securing speakers. The committee will meet each month until October.

Region 3 2021 C & A [Michael A. and Jill S.]: no report

W+M: April meeting moved and May 23 meeting planned at Chris N.

Twelfth Step Within [Janis R.]: Report: There are 2 12 in 12 Step Studies going on in the Tucson area this year—both are currently Zoom meetings—Eastside on the first Saturday led by Joy and Chris N and Midtown on the second Saturday of each month led by Lauren and Randi. May is Step 5. Future plans for TSW activities will be announced when ready.

Website [Joy V.]:

- **Posted on the OA Website:** Announcement on Home Page about 7th Tradition, including PayPal; Current List for Phone Meetings – 6; Current list for Zoom Meetings – 14; April Agenda; April Call to Action; Meeting List of SoAZ
- **Documents to be Added:** April Minutes (when approved); May Agenda ; May Call to Action
- **Action Taken Since April Intergroup Meeting:** Scheduled new Zoom Meetings for Intergroup and OA hosts – we now have 14 recurring Zoom Meetings, 2 recurring 12 in 12 workshops, 1 Meditation workshop (today from 1:30 to 3:30 PM), and various IG meetings; Meditation workshop flyer has been pulled from website due to literature outside of OA approval being used (Tradition 6); Sent Checklist for Zoom Hosts to two new hosts with a copy of the Zoom invitation and completed a one-on-one orientation with one of them.
- **Action to Be Taken Soon:** Once the logo for SoAZ IG is approved, that will be added to the website; Continued work with website coach to make more changes to the home page (5 hours remain budgeted)

Inclusion & Diversity Ad Hoc Committee [Becky R, member.]: I am excited to share New Meeting:

Celebrate LGBTQ+ All Are Welcome on Wednesday, May 20, 2020 at 7:00 pm MST.

Please join in the Zoom meeting with the information below.

Feel free to call/text me 520-404-2108 or email lgbtqally97@gmail.com

Join Zoom Meeting <https://us02web.zoom.us/j/87269247123>

Meeting ID: 872 6924 7123 Password: 606137

Questions: SoAZ Retreat dates are November 6-8, 2020

IR Trainer [Deb B.]: 11 IR's present. We Care List to be updated when meetings return to Face to Face.

Old Business:

7th Tradition - PayPal ad hoc committee [Randi F.]

NOTES:

1. After discussion, we decided that PayPal will be the official platform for electronic payments.
2. We do not recommend putting button widget that comes with PayPal on the intergroup web site because it does not allow us to specify the group number.
3. There are two options for members. The member uses their own PayPal account to "Send to a friend" rather than "Paying for an item or service" and they enter treasurer@oasothernaz.org. There are no fees for choosing their bank account for the transfer, but there are fees for choosing their credit card. If they don't choose "Send to a friend", we pay fees. The member can also use Zelle or some other third party app but we're not going to complicate things by mentioning it. The process for using Zelle is actually very similar to PayPal.
4. The detail instructions have been updated to specify the fees that would be incurred under each option.
5. We should still encourage members to send donations to their group treasurer so they can disburse payments to intergroup, Region 3 and WSO.
6. It was suggested that we add a logo for the intergroup to our PayPal account. We liked the idea of using the one that was created for the convention (currently in draft) as a baseline and changing the text a little. The Intergroup Board approved using the modified logo for PayPal and the Intergroup website. We are awaiting drafts of the revised logo

ACTION ITEMS:

1. Cheryl to update detailed instructions to indicate the options for donating money. DONE.
2. Joy to make any necessary changes for the web site. DONE
3. Barb V to discuss with Michael A and Jill S whether the convention logo could be used. DONE. SEE ABOVE POINT 6.
4. Emily/Board will have to approve the use of the convention logo or whether we want to create another one. DONE

New Business:

Appoint ad hoc committee to review IG docs [Emily R-S.]: Barbara V, Randi F, Linda J, Chris N and Emily volunteered and will meet and review bylaws/policy manual this summer.

Vision and Goals Vision and Goals #1: Service; Linda read.

Group Handbook Group Handbook page 27-29 Getting Things Done in Your OA Group – Item #18 & 19

Recap of Call to Action items done by Joy and will be available soon on website.

Announcements: May 16th, 12:20 PM, 2021 Region 3 Convention planning meeting, Zoom meeting

May 16th, 2020 1:30-3:30PM Meditation (Rae)

May 24th, 2020 2-4PM 2021 C+A Ways and Means Zoom Meeting (Chris N.)

June 1st, 2020 1PM Retreat Committee Zoom meeting (Becky R.)

June 20th, 10:45 AM – 12:00 PM, Intergroup, Zoom meeting, Board meeting 10:00 AM

June 20th, 12:20 PM, 2021 Region 3 Convention planning meeting, Zoom meeting

Meeting adjourned at 11:57 AM with thank you from Emily for everyone's work then with the Responsibility Pledge.

Respectfully submitted,
Chris Nunn, Secretary