

2020 Minutes SoAZ Intergroup of Overeaters Anonymous

October 17, 2020 | www.oasouthernaz.org

Attendance VIA ZOOM: Randi F., Sr. RR/Delegate and acting chair; Chris N., Secretary; Cheryl L., Treasurer; Cynthia N., Jr. RR/Delegate; Leslie S., Telephone; Jan F., Meeting List; Joy V'M, Website; Janis R., TSW; Deb B., IR Trainer, IR; Andrea D., IR; Stefanie, ad hoc Inclusion & Diversity; Barbara A., IR; Bill B., IR; Barbara V., IR; Becky B., IR; Betty D., IR; Jan H., IR; Judy G, sub IR; June P., IR; Marilyn B., IR; Nan B., IR; Nancy R., IR; Patricia W., IR.

Call to Order: At 10:50 AM by Randi F., acting Chair, instructed those in attendance on Zoom to mute/unmute and led the Serenity Prayer. Chris took attendance and 12 Traditions and Concept 10 read by attendees.

Minutes [Chris N]: The minutes from the September 19, 2020 IG meeting were accepted as presented by Chris.

Treasurer's Report [Cheryl L.]:

- Our income for September was \$1,117.43. Our expenses were \$142.81.
- If you have a budget request due, please get it to me as soon as possible. Three groups and two individuals took advantage of sending their entire contributions to me and having me do the 60/30/10 split for them. I encourage IRs to announce this option to their members, especially if your group treasurer is not collecting 7th tradition donations and sending distributions to Intergroup, World Service, and Region 3 for the group.
- At this week's meeting I will be asking for volunteers to join the Budget Committee to work on a budget for 2021. We will meet once or twice on Zoom to look at budget requests for 2021 and expected income for this year to formulate a budget to propose at the November meeting. This does not require any special skills.

Committee Reports

Region 3 Representatives/World Service Delegates' Report [Randi F., Sr; Cynthia N. Jr. Delegate]: I (Cynthia) am currently on the World Service Twelfth Step Within (TSW) Committee. The subcommittee I am involved with is the OA Holiday Toolkits Workshop. I worked with a partner on IDEA Day and will find out in the near future if our work was accepted by the MAC committee.

I am also a member of the Region 3 TSW Committee and am on the subcommittee of E Blasts. Once a month a member will compose an E Blast for the Region, based on OA information, OA literature, OA holidays and or other TSW issues. This E Blast gets sent out on the 12th of the month to the Intergroups in our Region and then to taken to the meeting level. The E Blasts can be found in the Region 3 E Blast file.

Randi

1. Notes from the last Region Assembly in August:

- a. Revisions to the Policy Manual and the Bylaws were accepted.
- b. A new motion will be submitted for the next Assembly to provide process for virtual participation.

2. Bylaws Committee will be meeting some time in December to schedule the next revision cycle. A chair is needed since I will be stepping down in December.

Public Information/Professional Outreach (PIPO) [OPEN]:

Meeting List [Jan F.]:

- I reviewed the Zoom, Phone, In-Person and Meeting lists.
- I updated the Phone list.
- I updated the Meeting List so that it could be published on the website.
- The Wednesday noon Zoom Big Book Study meeting has been cancelled. The October Meeting List reflects this change. Intergroup Representatives please check the information on the paper lists and let me know if there are any changes or corrections. My new email address is on the meeting list. Thanks.

Newsletter [OPEN]:

Phone [Leslie S.]: Intergroup was billed for **18** telephone calls, **1** message was left, **1** call was returned.

Special Events [OPEN]:

Retreat [Deb B.]: Zoom Retreat registration is on website and sent to all IR's to share with their groups and committee is notifying by word of mouth. Total of 100 attendees allowed. 36 registered. 10.24 will open registration to Region/Phx.

Region 3 2021 C & A [Michael A. and Jill S.]: absent, Chris N read

• **Purpose & Mission**

The following is the mission statement for our convention and assembly...Have an open, fun Tucson- themed convention and assembly where people feel safe sharing about recovery from compulsive eating. Have attendees hear new things, see new things and help individuals feel refreshed, enriched and motivated to continue in recovery. Provide connection and fellowship to all attendees, including OA newcomers.

• **Dedicated C&A Zoom Account**

Barbara V, C&A Treasurer has worked with Nan B. and Christine K, co-chairs of our Virtual Delivery Committee, to purchase a dedicated Zoom account. We will use it for our large C&A meetings and also for committee meetings. It will be a good way to field test the platform and work out any bugs as we get ready to host the convention next August on that platform. We want to thank the Intergroup and Joy V. for allowing us to use the IG Zoom account all these months. Thanks so much!

• **Newcomers at the C&A?**

We will discuss at our October meeting whether to reach out to OA newcomers. Ann S., chair of publicity committee has a goal: every group in SoAZ will have a C&A "ambassador". They will be the point people for C&A news, distribute flyers (virtually of course) and make announcements. But we're also thinking of reaching out beyond our groups to those who need to hear the OA message. We haven't made this decision yet. It will be discussed at our October meeting. We want to be sure we're set up to welcome and properly orient those for whom the convention would be their first experience with OA.

• **Merging Committees**

Because of the decision to go all-virtual, some committees have been concluded and some members are joining new or existing committees. Hospitality and Welcoming are merging will continue under the leadership of Becki B. Ways and Means may stage an online boutique featuring the crafts, cards, book covers, etc. that we've come to love. We have a shipping committee set up to take care of delivering goods to those who purchase them. As I say, the decision has not been made, but we're exploring the added cost of shipping and all the associated logistics.

W+M: no report

Twelfth Step Within [Janis R.]

• The 2 12 in 12 Step Studies going on in Tucson are continuing on with Step 10 studied in October. • The next special topic Zoom meeting is scheduled for Sunday, October 18 from 1:00-2:30. The topic is Understanding and Protecting Tradition 10. Deb has shared information flyers with the IRs and that flyer is posted under Events on the oasouthernaz.org website. Registration is required and the Zoom ID and password will be shared with registrants. • The TSW committee is planning a Zoom meeting for Twelve Step Within day on Dec. 12, 2020. We're also discussing the possibility of hosting an IDEA Zoom event on Nov. 21st. Future plans for TSW activities will be announced when ready.

Diversity and Inclusion Ad Hoc Committee [Stefanie G]: Survey is complete and results will be presented soon. Presenting motion to become a standing committee.

Website [Joy V.]:

• **Grim News:** We got hacked! One of our members reported that Google links were sending visitors to a site selling Viagra. Thankfully, Website Coach Roy came to the rescue! He worked for an hour and discovered that our file system had been compromised on GoDaddy, our host server. The hacker added a file that redirected visitors to the other site. It's fixed now,

and although it was a low-level hack job, Roy cautions that GoDaddy is notorious for its security problems and maybe even worse for its Customer Support. It's cheaper than others. You get what you pay for.

- **Proposed Solutions:** The passwords for both GoDaddy and WordPress have been changed. Also, Roy recommends that instead of fixing our website, that we start fresh. Our site uses an antiquated template in WordPress since it was created nearly a decade ago. It's got quite a number of security holes. He's teaching me how to create the website, using a popular, modern template in WordPress called 2020. Roy is coaching me through the process.

• **Posted on the OA Website:** Current List for In-Person Meetings – 4; Current List for Phone Meetings – 6; Current List for Zoom Meetings – 15 (Removed the Wednesday noon Big Book meeting as per Christine K); Current Meeting List; September Agenda; September Call to Action; Flyer for Special Topic Zoom Meeting: 10th Tradition (1 to 2:30 PM, Sunday, October 18th); Link and information for SoAZ Retreat. Focus on Recovery: Past, Present, & Future! Link to register under Events. Hurry up since there's a limited registration for 100 participants.

- **Documents to be Added:** September Minutes (when approved); October Agenda; October Call to Action

• **Action Taken Since September Intergroup Meeting:**

Roy has been saying this from the start. We need a logo. After researching the logos found on other Intergroup sites across the country, I saw that the most recognizable were simple (see the one for the Los Angeles Intergroup as an example). I've created a simple logo to represent our Intergroup. Please see below. Routine maintenance of the website



• **Action to Be Taken Soon:**

As stated above, continue being coached by Roy to create a new website (3 hours remain budgeted). So far, so good.

Questions: Cheryl asked about previous plans to use the C+A logo on the website. Joy reports she has attempted to get but Roy said that it is too detailed to use for a small logo and still be identifiable.

Barbara A asked if there were plans for a Thank A Thon this year. TSW is looking into maybe hosting the IDEA Day but will meet and decide tomorrow.

IR Trainer [Deb B.]: 14 IR's present. Jan H. new IR for Wed BB Study.

Old Business: None

New Business:

• **Slate for November Board Elections [Cheryl L.]**

To elect the following Board officers to serve as the SoAZ Intergroup Board for the calendar year,

2021: Chair: Roni B

Vice Chair: Janis R

Secretary: Randi F

Treasurer: Chris N

"Senior" Delegate: Cynthia N

"Junior" Delegate: Leslie S

It was asked why the committee chairs were not listed on the slate as in past years. Cheryl reported the committee decided to announce them at the November meeting as these positions are appointed by the incoming chair and not elected.

• **2021 Board Applications presented to IG**

Each applicant read their application and no questions were asked. Slate to go to groups for voting. • **Volunteers for ad hoc Budget Committee [Cheryl L.]:** Chris N, Nancy R, Deb B plus Cheryl volunteered for committee.

Date: October 17 , 2020

Southern Arizona Intergroup of OA New Business Motion

•**Motion:** To change the status of the Diversity and Inclusion ad hoc committee so that it is a standing committee and its chair will be an Intergroup standing committee chair.

Intent: To make the Diversity and Inclusion committee a standing committee.

Implementation: If approved, it will be implemented immediately following the October Intergroup meeting; IRs only are eligible to vote. Chair of the current ad hoc committee will become the committee chair. After that, the selection of the committee chair will follow established procedures.

Cost: none.

Rationale: In the past, ad hoc committees have been limited in scope and duration, usually lasting one year or less. It is felt that the work of this committee will be ongoing in order to (1) implement the recommendations coming forth from the survey, (2) continually educate the fellowship on diversity and inclusivity and (3) develop workshops and documents to aid the Intergroup.

History: The Diversity and Inclusion ad hoc committee has been in existence since February, 2020. **Submitted by:** Diversity and Inclusion ad hoc committee.

Standing rules #5 requesting that the vote be taken today was requested and seconded. Two IR's dissented, that they needed to take it to their groups rather than vote today. Unclear about the survey results and question about documents and workshops to be offered would be WSO approved.

Marilyn requested the motion be tabled until next IG. Nancy R. noted that the April minutes have the D&I explanation of committee purpose and mission for IR's. To be voted on in November.

• Intergroup meeting will be beginning at 11 am in November instead of 10:45 am to allow for a Board Bio

break. **Vision and Goals #2:** Education read by Chris N.

Group Handbook page 36-38 *How Things Done in Your Intergroup or Service Board– Items #4, 5 &6* read.

Recap of Call to Action items done by Joy including announcements below and will be available soon on website. She will include open committee positions.

Announcements:

October 18th, 1:00PM – 2:30PM, Special topic Zoom meeting: A Study of the 10th Tradition

November 6-8th, SoAZ virtual retreat – Focus on Recovery: Past, Present and Future

November 14th, 11 AM – 12:30 PM, Intergroup, Zoom meeting, Board meeting 10:00 AM

November 14th, 1:00 PM, 2021 Region 3 Convention planning meeting, Zoom meeting

Meeting adjourned by Randi F. at 12:30 PM with the Responsibility Statement.

Respectfully submitted,

Chris Nunn, Secretary