

2020 Minutes SoAZ Intergroup of Overeaters Anonymous
September 19, 2020 | www.oasouthernaz.org

Attendance VIA ZOOM: Emily RS., Chair; Linda J., Vice Chair; Chris N., Secretary; Cheryl L., Treasurer; Cynthia N., Jr. RR/Delegate; Leslie S., Telephone; Joy V'M, Website; Janis R., TSW; Deb B., IR Trainer, IR; Andrea D., IR; Becky R., Retreat Chair; Bev C., IR; Bill B., IR; Barbara V., IR; Christine K., IR; Glen V., new IR; Jan H., outgoing IR; Judy G, outgoing IR; June P., IR; Marilyn B., IR; Nan B., IR; Nancy R., IR; Patricia W., new IR.

Call to Order: At 10:50 AM by Emily RS., Chair, instructed those in attendance on Zoom to mute/unmute and led the Serenity Prayer. Chris took attendance and 12 Traditions and Concept 9 read by attendees.

Minutes [Chris N]: The minutes from the August 15, 2020 IG meeting were accepted as presented by Chris.

Treasurer's Report [Cheryl L.]: Our income for August was \$902.59. Our expenses were \$61.56.

- We have implemented the new policy to allow the Intergroup treasurer to accept and pass on donations for World Service and Region III. The August donations were \$133. \$79.80 for SoAZ Intergroup shows in the 6/30/10 Donations on the Income Statement. \$39.90 was sent to WSO and \$13.30 was sent to Region III. These amounts are included in the bottom section of the Financial Statement and will be deducted this month because that is when they were dispersed. So far this month \$500 has been received to be split 60/30/10.
- I emailed Budget Request forms to the Board and Committee chairs. Please fill them out and return to me by September 30. The forms are also on the Google Drive in the September folder. We will form a committee next month to work on a budget proposal for 2021.
- I created a folder on the Google Drive for documents and forms that are frequently needed, so you can find them in one place. I will be rotating out of the Treasurer position at the end of this year, as per our bylaws, and would be happy to discuss the position with anyone who thinks it might be something they would like to do.

Committee Reports

Region 3 Representatives/World Service Delegates' Report [Cynthia N. Jr. Delegate]: no report

Public Information/Professional Outreach (PIPO) [OPEN]:

Meeting List [Jan F., absent.]: Read by Emily

- The group number for the 9 am Saturday Morning Study Group is #12117. This change has been made to the Phone Meeting list.
- The Tucson Tuesday 10:45 am NW Tender Solutions meeting has started meeting in person again at the Dove of Peace Church. This change has been added to the In-Person meeting list.
- Patricia W. is the new IR for the Tucson Saturday Far East meeting.

Newsletter [OPEN]:

Phone [Leslie S.]: Intergroup was billed for 18 telephone calls, 1 message was left, 1 call was returned.

Special Events [OPEN]:

Retreat [Becky R.]:

The Retreat Committee has been very busy planning this new retreat through Zoom. The Retreat will be limited to 100 attendees. We are opening to Southern AZ first. We will have the link for the online registration on the Southern AZ website as soon as we finish up a few details. We have secured all our speakers.

2020 Focus on Recovery - Past, Present and Future

Date: November 6-8, 2020

Friday 5:00pm-8:00pm

Saturday 9:00am-12:00pm and 1:00pm-4:00pm

Sunday 9:00am-12:00pm

Region 3 2021 C & A [Michael A. and Jill S. excused]: Read by Emily

Meeting Schedule

We will be having our meeting on September 19th, 2020 @ 1:00pm. All are welcome to attend. We have been meeting by ZOOM because of COVID 19. Please email Michael or Jill, if you are interested in attending. We will send you a ZOOM link.

Purpose & Mission

The following is the mission statement for our convention and assembly...Have an open, fun Tucson- themed convention and assembly where people feel safe sharing about recovery from compulsive eating. Have attendees hear new things, see new things and help individuals feel refreshed, enriched and motivated to continue in recovery. Provide connection and fellowship to all attendees, including OA newcomers.

Updates

- We are going virtual! Last meeting, a vote passed to have the 2021 C & A be an all virtual event. The ZOOM delivery committee is making a mission statement and is leading the way in creating a virtual C & A. We reorganized some committees because of no longer having an in person event.
- We have set up a Google Drive account so committee members can store and edit documents in a simple effective manner.
- Michael and I have had discussions with Becky R. and Randi F. about what to do with having the Fall C & A and Fall Retreat in the same time period. We look forward to hearing about the IG Board discussion of how to move forward with both events being in the same time period. After this discussion, we can narrow down a date for the C & A.

W+M: no report

Twelfth Step Within [Janis R.]:

The 2 12 in 12 Step Studies going on in Tucson are continuing on with Step 9 studied in September.

The TSW Zoom Special Topic meeting for new or never before Sponsors was held on Sunday, September 13 from 1:00-2:30. There were 13 attendees and sponsorship resource packages were mailed to them the following week. The next special topic Zoom meeting is scheduled for Sunday, October 18 from 1:00-2:30. The topic is Understanding and Protecting Tradition 10. Deb has shared information flyers with the IRs and that flyer is posted under Events on the oasouthernaz.org website. Registration is required and the Zoom ID and password will be shared with registrants.

Future plans for TSW activities will be announced when ready.

Inclusion & Diversity Ad Hoc Committee [Rae S.]: absent, read by Becky R.

- The committee divided up the meeting list and announced the survey at each meeting. Our goal was to communicate the reason for the survey and be available for questions.
- The survey will be available until today.
- Our next scheduled meetings will be to review and plan the best way to distribute the survey information and the next steps.
- It is our desire to move from an ad-hoc to a permanent committee. Randi has been an asset for this process.
- Thank you for this opportunity to pave the way to send the OA message to ALL who still suffer.

Website [Joy V.]:

Posted on the OA Website: Current List for In-Person Meetings – 4; Current List for Phone Meetings – 7; August Agenda; August Call to Action; Flyers for Special Topic Zoom Meetings: Sponsorship (1 to 2:30 PM, Sunday, September 13th) and 10th Tradition (1 to 2:30 PM, Sunday, October 18th); Flyer for OA DC Metro Special Topic Zoom Meeting: Body Image (10 to 11 AM Arizona time, Saturday, September 26th)

Documents to be Added: August Minutes (when approved); September Agenda; September Call to Action

Action Taken Since July Intergroup Meeting: Deleted messages from the GoDaddy email inbox; Routine maintenance of the website

Action to Be Taken Soon: Once the logo for SoAZ IG is approved, that will be added to the website; a black-and-white logo for the Region 3 2011 Convention has been approved; Continue work with website coach to make more changes to the home page (5 hours remain budgeted)

Joy explained Google Analytics report and is available on end of her report in drive.

Questions: Jan H asking whom to contact as she has been contacted by Phoenix IG to have us let them know when we have an event so they can post it in their weekly announcements. Will refer.

Barbara V. clarified her group # as it was transposed to another group in a document (meeting list).

Chris N will put the current Intergroup Address List in the google drive as a resource for group/IR information but this cannot be posted on the website because of anonymity.

Andrea D asked IR's about their treasurers using a bank as her group received notice of a fee of \$10 from WF if they weren't keeping \$500 in account. IR's/attendees could put this information in chat if they had recommendations/information.

IR Trainer [Deb B.]: 13 IR's present. Deb welcomed Patricia and Glen. No report

Old Business:

We Care List [Janis R.]: Janis asked for a 10 minute discussion around the We Care List that was finalized in August (and is updated once a year currently). Stated she had received several email requests from members (after finalizing and purging), to be added to the We Care List. She was asking input as to whether to update the We Care List more often, create an addendum of new requests and send it out quarterly or what? Attendee asked if this was a job assigned to a committee and it most often is done by the IR Trainer but Janis agreed to take this job currently. Discussion concluded and Janis will check in policy manual about frequency of We Care List disbursement and consensus was an addendum quarterly was preferable thru eblast.

Ad hoc Nominating Committee update [Emily RS]: Cheryl, Linda and Emily are nominating committee and many of the 2021 positions have been filled with eligible volunteers who will submit their application.

New Business

Committee Budget requests [Cheryl L.]: Cheryl requesting budgets from board/committees due by Sept 30, will have meeting next month to plan budget.

Nominations open for board positions [Emily RS.]: The board positions of secretary and treasurer are still open, as well as Meeting List, Newsletter and PIPO chair. She asked for nominations from the floor. None were spoken. Requirements for Board/Committee Chairs was read by Cheryl from the Bylaws.

Vision and Goals #1: Service [Linda J.]: read.

Group Handbook page 33-36 How Things Done in Your Intergroup or Service Board– Item #1, 2 & 3: read.

Recap of Call to Action items done by Joy including announcements below and will be available soon on website.

Announcements:

October 17th , 10:45 AM – 12:00 PM, Intergroup, Zoom meeting, Board meeting 10:00 AM

October 17th , 1:00 PM, 2021 Region 3 Convention planning meeting, Zoom meeting

October 18th, 1:00 PM - 2:30 PM Tenth Tradition (TSW), registration required, flyer on website

November 6-8th, SoAZ virtual retreat – Past, Present and Future, more details to follow

Meeting adjourned by Emily RS. at 12N with the Responsibility Statement.

Respectfully submitted,
Chris Nunn, Secretary