

2021 Minutes SoAZ Intergroup of Overeaters Anonymous **April 17, 2021 | www.oasouthernaz.org (corrected)**

Attendance VIA ZOOM: Janis R., Vice chair; Randi F., Secretary; Chris N., Treasurer; Judy G., Telephone , Beth M., Website; Linda J., Special Events; Joy V'M., TSW; OPEN, PIPO; OPEN, Retreat; Cheryl L., Zoom Coordinator/Meeting List; Michelle S., Newsletter; Christine K., IR; Mary H., IR; Vi D., IR; Bill B., IR; James B., IR. Note that Joy V'M was acting as a temporary IR.

Call to Order: At 11:00 AM (approximately) by Janis R., Vice Chair. She instructed those in attendance on Zoom to mute/unmute and led the Serenity Prayer. Randi F. took attendance. 12 Traditions read by attendees. Bill B. read Concept 4.

Minutes [Randi F]: The minutes from the March, 2021 Intergroup meeting were accepted as presented by Randi F. The approved versions of the minutes will be in the Google Drive 04/2021 folder. Only the final versions of the minutes will be placed on the Google Drive. During the March, 2021 meeting Janis R. asked about people's familiarity with Google Drive. She followed up with people who were relatively unfamiliar with the product. She also invited anyone with questions to directly message her in the chat.

Treasurer's Report [Chris N.]:

- Our income for March was \$3,325.33. Our expenses were \$4,117.52. The checkbook and bank balances on 3/28/21 were \$16,416.04. There is one outstanding check. The full report is in the OA2021/04/2021 folder of the Google Drive.
- We purchased a downloadable version of the Group Handbook, which has been placed in the Documents/Forms folder of Google Drive .
- We purchased 2 laptops, 2 mice, 2 insurance plans, 2 carrying cases and one subscription to Microsoft Office 365 for the Secretary and Treasurer that will be passed along to those officers in the future. The cost for all the items came to approximately \$1,700, well within budget.
- Question was asked about why donations were so much higher than in previous months. Response was that (1) we had additional donations from the "Donate" button on the website, (2) we had additional income from the Unity Day Big Book workshop sponsored by Yuma and (3) Seventh Tradition from our TSW events.

Region 3 Representatives/World Service Delegates' Report [Cynthia N., Sr; Leslie S. Jr. Delegate]:

- No in-person report since Cynthia is attending a mandatory workshop for the World Service Business Conference. Our intergroup only has one delegate since Leslie had a family emergency and no replacement could be found.
- Randi read Cynthia's report from the Region 3 Assembly. The full report is in the OA2021/04/2021 folder of the Google Drive.

Twelfth Step Within [Joy V'M.] Full report is in the OA2021/04/2021 folder of the Google Drive.

- The March event had 26 registered, 27 attended. The recordings of the two speakers are on the SoAZ website under Meetings & Recordings / OA Recordings. The April event – Paradigm AHA – will be held on April 25th from 1 to 2:30 PM. 8 have registered so far. Registration will be open up until 30 minutes before the workshop. Send an email to event@oasouthernaz.org to register.
- The 12 In 12 workshop led by Jenny and Chris meets the first Saturday of the month. 11 people are signed up. The second 12 in 12 workshop, led by Joy is scheduled for the 4th Saturday of each month. 13 people are signed up for that workshop. A third workshop, led by Lauren and Randi, will start on June 2nd from 5:30 to 7:30 PM and will meet once every two weeks. Contact Joy to register.

Newsletter [Michelle S.]: Michelle was not in attendance but the full report is in the OA2021/04/2021 folder of the Google Drive.

- The second issue is currently in progress with the theme of “Recovery.” I have several articles from people. It should be ready to go out during the first week of April.
- Submissions for the June issue will be due May 15th. The theme is “Spreading the OA Message.”

Public Information/Professional Outreach (PIPO) [OPEN]:

Meeting List [Cheryl L]: Full report is in the OA2021/04/2021 folder of the Google Drive.

- Meeting list is up to date as of April 15. A print meeting list is in the 04/2021 folder in the Google Drive.
- The Monday Night Miracles meeting in Sierra Vista has resumed face to face meetings.
- The April E-blast was sent out on April 7th.
- All groups should have an alternate Zoom host trained and should rotate the host service like any other group service position. If your group wants an alternate trained to use our Intergroup account, have them contact Cheryl.

Phone [Judy G.]: Fill report is in the OA2021/04/2021 folder of the Google Drive. 21 calls billed. 5 messages were left and 5 were returned.

Special Events [Linda J.]: Full report is in the OA2021/04/2021 folder of the Google Drive.

- Linda is working with the Diversity and Inclusion committee on their workshop, scheduled for June 12th. The focus is on how to introduce diversity into our meetings in the context of the Twelve Traditions.
- The Thank-A-Thon is in the planning stages.

Retreat [OPEN]:

- We still have October 22-24 reserved with the retreat center. If we want to keep that date, we will need to let the retreat center know and will have to pay them an additional \$300 since their deposit fees have increased from \$200 to \$500.

Region 3 2021 C & A [Michael A. and Jill S.]: absent. No report. Planning meeting is today starting at 1 PM.

Diversity and Inclusion [Becky R. for Rae S.]: Absent. No report.

Website [Beth M.]: Full report is in the OA2021/04/2021 folder of the Google Drive.

- 12th Step Within committee has supplied recordings of 4 local speakers from their two workshops.
- The Newsletter editor has supplied 2 newsletter issues, a schedule of topics, article submission deadlines and publication dates. Previous years’ newsletters have been posted and linked.
- Created an account so that Cheryl can upload files directly to a folder on the server - asked Joy (TSW) if that would work for her.
- An interactive calendar was added to the website. Beth provided demonstration.

Board Report [Janis R.]:

- No August Board or Intergroup meeting due to Region 3 Convention and Assembly.

IR Trainer [Deb B.]: 7 IR’s present.

- Meetings represented were as follows: Monday Oro Valley – Christine K.; Thursday Seeking the Spiritual Path – Mary R.; Thursday Yuma-Judy G.; Saturday Far East – Vi D.; Saturday Morning Study Group – James B.; Saturday Yuma Big Book Study – Bill B.; Sunday Miracles Happen – Joy V’M.

Old Business:

Bylaws and Policy Manual amendments:

Three amendments were voted on. These amendments are required in order to bring our Bylaws into compliance with WSO.

- Our Intergroup number must be added to the wording listing the Name and Definition of the Intergroup.
- Add verbiage to document the definition of a registered group, referencing WSO Bylaws.
- Add requirement for Intergroup Board member to have served at least two years of service above the meeting level.

Vote was taken to approve all three amendments. Vote was 7 aye, 0 nay. Motion carried.

Vision and Goals: Strong Meetings and Committees were reviewed.

New Business:

Intergroup Logo contest: A pdf with 8 suggestions was presented. It will be turned into a form and will be distributed to the Board, all IRs and all those on the email blast mailing list for voting. Vote for top 3. Deadline is May 15th (date of the next IG meeting).

Group Handbook page 39-40 #3 “*When is ‘breaking my anonymity’ not an anonymity break?*” James read to bullet point #2.

Announcements:

- April 25th, 1:00-2:30 TSW Workshop.
- May 15th, 11:00 AM – 12:15 PM, Intergroup, Zoom meeting, Board meeting 10:00 AM
- May 15th, 1:00 PM, 2021 Region 3 Convention planning meeting, Zoom meeting
- June 2nd, 5:30 PM - starting new 12 Step Workshop via Zoom. This will be held every other week for 15 weeks. Contact Joy V'M to sign up. Limit of 15 people.

Recap of Action Items [Beth M.]

Meeting adjourned by Janis R. at 12:14 PM with the Serenity Prayer.

Respectfully submitted,
Randi Friedman, Secretary