

The 7th Tradition

Every OA group ought to be fully self-supporting, declining outside contributions.

Meeting

Whether your favorite is face-to-face, Zoom, phone, or recorded, we can go to a meeting to recharge our batteries, share our stories, and read from our literature. There are no dues or fees, but meetings do have expenses, no matter their format. *They need our support.*

Intergroup

Your local Intergroup might sponsor events, create eBlasts and newsletters, update phone and meeting lists, maintain a website, host workshops and retreats, and more. Group representatives attend a monthly meeting to get updates and make decisions. *They need our support.*

Region 3

Our region serves groups in Arizona, Colorado, Nevada, New Mexico, Oklahoma, Texas, Utah, and more. Their website provides resources and information about events. *They need our support.* [Click to Donate](#)

World Service Organization (WSO)

WSO provides an online directory to OA meetings worldwide, a website with news and recovery information, public information, an annual conference, and over 150 literature and recovery-related items. *They need our support.* [Click to Donate](#)

Give as though your life depends upon it.



This message is from the Region 3 Twelfth Step Within (TSW) Committee, reaching out those who still suffer and address relapse recovery.