

Topics for Monthly OA Workshops

12 Step Recovery: **STEP RECOVERY**

- S** - January 24th - Start with Self
- T** - February 28th - Trust God / Clean House / Help Others
- E** - March 28th - Elementary, My Dear
- P** - April 25th - Paradigm Aha's!

- R** - May 23rd - Relapses, Remorse, & Resentment
- E** - June 27th - Expectations
- C** - July 25th - Change
- O** - August 29th - One Day at a Time
- V** - September 26th - Victimization
- E** - October 24th - EGO (Easing God Out)
- R** - November 28th - Responsibility Pledge
- Y** - December 26th - Yo-Yo (You're On Your Own)