

Southern Arizona Intergroup of Overeaters Anonymous - #09078

Updated: 10/18/2025

IN-PERSON MEETINGS:

Group #	Meeting Name & Location	Day	Time (Arizona)	Contact Info	Notes
17537	Monday Night Miracles – Literature Study St. Stephen's Episcopal Church 2750 Cardinal Dr Sierra Vista, AZ	Mon	6:30-7:30 pm	Lang S. 520-458-6698	
40522	Monday Far East - Literature St. Matthew's Episcopal Church 9071 E. Old Spanish Trail, Matt's Place Tucson, AZ	Mon	7:00-8:00 pm	Cheryl L. 520-591-8025	
40963	NW Tender Solutions Dove of Peace Lutheran Church 665 W. Roller Coaster Rd. Tucson, AZ	Tues	10:45 am-Noon	Ann A. 520-797-7579	
56000	Relapse Recovery & Prevention St. Phillips in the Hills Church 4440 N. Campbell Ave., La Paz Conf Rm Tucson, AZ	Tues	5:30-6:30 pm	Dulcie (818) 384-1224 Pam P. (520) 631-6623	
58097	OA Sky Islands Recovery – East Santa Cruz County Food Bank, 772 Harshaw Ave, Meeting Rm at end of driveway Patagonia, AZ	Wed	11 am-Noon	Adrienne 520-404-3490	
04330	Welcome Home Streams in the Desert Lutheran Church 5360 E. Pima St Tucson, AZ	Wed	11:30 am-12:30 pm	Judith H. 520-323-9845	
58079	Green Valley OA Alano Club 880 W. Camino Casa Verde Green Valley, AZ	Wed	5:00-6:00 pm	Rhoda H. 701-290-9339	
57473	Yuma Varied Topic Central Church of Christ 651 W 28 th St. Yuma, AZ	Thurs	12:00-1:00 pm	Glen V. 928-580-3456	
00439	Seeking the Spiritual Path – Book Study Resurrection Lutheran Church 11575 N. 1 st Ave. Oro Valley, AZ	Thurs	10:45-11:45 am	Pam R. 520-297-4704	Meeting held in Outreach Ctr, Bldg C, Luther's Lair Room
45696	Saturday Newcomer – Newcomer/12 & 12 Study Eastside Covenant Church 551 N. Camino Seco Tucson, AZ	Sat	9:00-10:00 am	Chris N. 520-661-1991	
40592	Saturday Sierra Vista St. Stephen's Episcopal Church 2750 Cardinal Dr Sierra Vista, AZ	Sat	11:00 am-Noon	Danette F. 520-508-8473	
56225	Yuma Big Book Study Yuma Center for Spiritual Living 781 S. Second Ave (corner of 8th St & 2nd Ave) Yuma, AZ	Sat	9:30-10:30 am	Bill B. 215-688-0233	In-Person held Nov 8 2025 thru March 2026
802800	11th Step Study Streams in the Desert Lutheran Church 5360 E Pima St Tucson, AZ	Sun	5:30-6:30 pm	Liz P. 520-891-9707 (text or call)	New Meeting!

ZOOM MEETINGS:

Group #	Zoom Meeting Name	Day	Time (Arizona)	Zoom Meeting ID	Passcode	Zoom Link	Dial-In Number	Contact/Host Info
53361	Recovery Through Reading, Writing & Sharing	Sun	5:30-6:30 pm	838 3441 7816	415613	Zoom Link	669-900-9128	Marie R. 520-270-9568
800807	OA 12 & 12 Study	Mon	7:30-8:30 am	874 7393 3351	606137	Zoom Link	669-900-9128	Suzanne F. 703-395-8741
800280	Yuma Foothills	Mon	1:00-2:00 pm	85726518720		Zoom Link	669-900-9128	Jody M. 928-580-9553
49982	Step Study	Tues	9:00-10:00 am	890 6282 6278	12Steps		890-6282-6278	Jill F. 520-661-6445 fabianjill@hotmail.com
56000	Relapse Recovery & Prevention – Hybrid	Tues	5:30-6:30 pm	919 8566 8121	Call Contact	Zoom Link	669-900-9128	Dulcie (818) 384-1224 Pam P. (520) 631-6623
800642	Early Morning Big Book Study	Wed	7:30-8:30 am	874 7393 3351	606137	Zoom Link	669-900-9128	Sara J. 520-343-3090
801627	Recovery Stories	Thurs	7:30-8:30 am	874 7393 3351	606137		669-900-9128	Emily R-S. 520-490-1409
57473	Yuma Varied Topic - Hybrid	Thurs	12:00-1:00 pm	838 9427 2100		Zoom Link	669-900-9128	Glen V. 928-580-3456
800587	Sierra Vista Zoom	Thurs	6:30–7:30 pm	871 2595 4879	606137	Zoom Link	669-900-9128	Jan F. 520-678-0369
800641	Friday Fresh Start	Fri	7:30-8:30 am	874 7393 3351	606137	Zoom Link	669-900-9128	Danni M. 781-696-3711
800802	Living in the Solution	Fri	10:30-11:30 am	898 6359 7970	606137	Zoom Link	669-900-9128	Martha S-N. 520-730-7605 marthas19@gmail.com
12117	Saturday Morning Study Group	Sat	7:30-8:30 am	875 8374 3796	606137	Zoom Link	669-900-9128	Judith H. 520-323-9845
800316	Zooming to Recovery	Sat	9:00-10:00 am	813 5011 2301	606137	Zoom Link	669-900-9128	Michael A. 847-370-5845
34898	Step & Tradition Study	Sat	9:00-10:15 am	886 9016 3841	12Steps		886-9016-3841	Jill F. 520-661-6445 fabianjill@hotmail.com
56225	Yuma Big Book Study - Hybrid	Sat	9:30-10:30 am	890 5946 0135		Zoom Link	669-900-9128	Bill B. 215-688-0233

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P.O. Box 43221
Tucson, AZ 85733-3221
520-733-0880

Intergroup meets on Zoom on the 3rd Saturday of every month at 11 a.m., except January, which meets on the 2nd Saturday.

Meeting ID: 960 7946 5698

Passcode: 606137

[Zoom Link](#)

Intergroup Board meets on Zoom at 10 a.m. on the same days as Intergroup.

Meeting ID: 975 3959 7462

Passcode: 606137

[Zoom Link](#)

Intergroup Board

Chair	Michael A	847-370-5845	chair@oasouthernaz.org
Vice Chair	Nan B	520-940-0702	vice-chair@oasouthernaz.org
Secretary	Janis R.	520-599-4724	secretary@oasouthernaz.org
Treasurer	Emily R-S,	520-490-1409	treasurer@oasouthernaz.org
Sr. Delegate	Barbara V.	512-657-3297	senior.delegate@oasouthernaz.org
Jr. Delegate	Randi F.	520-743-6576	junior.delegate@oasouthernaz.org

Committee Chairs

12th Step Within & Events	OPEN		
IR Trainer	Chris N.	520-661-1991	ir.trainer@oasouthernaz.org
Unity with Diversity Community	Stephanie G.	520-955-3370	idea-community@oasouthernaz.org
Meeting List	Gayle P.	435-830-7338	meeting-list@oasouthernaz.org
Newsletter	Martha S-N.	520-730-7605	newsletter@oasouthernaz.org
PIPO	Elisa M.		pipo@oasouthernaz.org
Website	Marie R.	520-270-9568	website@oasouthernaz.org