

# Southern Arizona Intergroup of Overeaters Anonymous - #09078

Updated: 8/23/2025

## IN-PERSON MEETINGS

| Group # | Meeting Name & Location                                                                                                                                                           | Day   | Time (Arizona)       | Contact Info                                   | Comments |
|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|----------------------|------------------------------------------------|----------|
| 17537   | Monday Night Miracles – Literature Study<br>St. Stephen's Episcopal Church<br>2750 Cardinal Dr <b>Sierra Vista, AZ</b>                                                            | Mon   | 6:30-7:30 pm         | Lang S. 520-458-6698                           |          |
| 40522   | Monday Far East - Literature<br>St. Matthew's Episcopal Church<br>9071 E. Old Spanish Trail, Matt's Place<br><b>Tucson, AZ</b>                                                    | Mon   | 7:00-8:00 pm         | Cheryl L. 520-591-8025                         |          |
| 40963   | NW Tender Solutions<br>Dove of Peace Lutheran Church<br>665 W. Roller Coaster Rd., <b>Tucson, AZ</b>                                                                              | Tues  | 10:45 am-Noon        | Ann A. 520-797-7579                            |          |
| 56000   | Relapse Recovery & Prevention<br>St. Phillips in the Hills Church<br>4440 N. Campbell Ave., La Paz Conference Rm<br><b>Tucson, AZ</b>                                             | Tues  | 5:30-6:30 pm         | Dulcie (818) 384-1224<br>Pam P. (520) 631-6623 |          |
| 58097   | OA Sky Islands Recovery – East Santa Cruz County<br>Food Bank, 772 Harshaw Ave, Meeting Rm at end of<br>driveway, <b>Patagonia, AZ</b>                                            | Wed   | 11 am-Noon           | Adrienne 520-404-3490                          |          |
| 04330   | Welcome Home<br>Streams in the Desert Lutheran Church<br>5360 E. Pima St., <b>Tucson, AZ</b>                                                                                      | Wed   | 11:30 am-12:30<br>pm | Judith H. 520-323-9845                         |          |
| 58079   | Green Valley OA<br>Alano Club<br>880 W. Camino Casa Verde, <b>Green Valley, AZ</b>                                                                                                | Wed   | 5:00-6:00 pm         | Rhoda H. 701-290-9339                          |          |
| 57473   | Yuma Varied Topic<br>Central Church of Christ<br>651 W 28 <sup>th</sup> St., <b>Yuma, AZ</b>                                                                                      | Thurs | 12:00-1:00 pm        | Glen V. 928-580-3456                           |          |
| 00439   | Seeking the Spiritual Path – Book Study<br>Resurrection Lutheran Church (Outreach Ctr, Bldg C, the<br>Luther's Lair room)<br>11575 N. 1 <sup>st</sup> Ave., <b>Oro Valley, AZ</b> | Thurs | 10:45-11:45 am       | Pam R. 520-297-4704                            |          |
| 45696   | Saturday Newcomer – Newcomer/12 & 12 Study<br>Eastside Covenant Church<br>551 N. Camino Seco, <b>Tucson, AZ</b>                                                                   | Sat   | 9:00-10:00 am        | Chris N. 520-661-1991                          |          |
| 40592   | Saturday Sierra Vista<br>St. Stephen's Episcopal Church<br>2750 Cardinal Dr <b>Sierra Vista, AZ</b>                                                                               | Sat   | 11:00 am-Noon        | Danette F. 520-508-8473                        |          |

## ZOOM MEETINGS

| Group # | Zoom Meeting Name                             | Day   | Time (Arizona) | Zoom Meeting ID | Passcode            | Zoom Link                 | Dial-In Number | Contact/Host Info                                  |
|---------|-----------------------------------------------|-------|----------------|-----------------|---------------------|---------------------------|----------------|----------------------------------------------------|
| 53361   | Recovery Through Reading, Writing & Sharing   | Sun   | 5:30-6:30 pm   | 838 3441 7816   | 415613              | <a href="#">Zoom Link</a> | 669-900-9128   | Marie R.<br>520-270-9568                           |
| 800807  | OA 12 & 12 Study                              | Mon   | 7:30-8:30 am   | 874 7393 3351   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Suzanne F.<br>703-395-8741                         |
| 800280  | Yuma Foothills                                | Mon   | 1:00-2:00 pm   | 85726518720     |                     | <a href="#">Zoom Link</a> | 669-900-9128   | Jody M.<br>928-580-9553                            |
| 49982   | Step Study                                    | Tues  | 9:00-10:00 am  | 890 6282 6278   | 12Steps             |                           | 890-6282-6278  | Jill F.<br>520-661-6445<br>fabianjill@hotmail.com  |
| 56000   | Relapse Recovery & Prevention – <b>Hybrid</b> | Tues  | 5:30-6:30 pm   | 919 8566 8121   | <b>Call Contact</b> | <a href="#">Zoom Link</a> | 669-900-9128   | Dulcie (818) 384-1224<br>Pam P. (520) 631-6623     |
| 800642  | Early Morning Big Book Study                  | Wed   | 7:30-8:30 am   | 874 7393 3351   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Sara J.<br>520-343-3090                            |
| 801627  | Recovery Stories                              | Thurs | 7:30-8:30 am   | 874 7393 3351   | 606137              |                           | 669-900-9128   | Emily R-S.<br>520-490-1409                         |
| 57473   | Yuma Varied Topic - <b>Hybrid</b>             | Thurs | 12:00-1:00 pm  | 838 9427 2100   |                     | <a href="#">Zoom Link</a> | 669-900-9128   | Glen V.<br>928-580-3456                            |
| 800587  | Sierra Vista Zoom                             | Thurs | 6:30–7:30 pm   | 871 2595 4879   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Jan F.<br>520-678-0369                             |
| 800641  | Friday Fresh Start                            | Fri   | 7:30-8:30 am   | 874 7393 3351   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Danni M.<br>781-696-3711                           |
| 800802  | Living in the Solution                        | Fri   | 10:30-11:30 am | 898 6359 7970   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Martha S-N.<br>520-730-7605<br>marthas19@gmail.com |
| 12117   | Saturday Morning Study Group                  | Sat   | 7:30-8:30 am   | 875 8374 3796   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Judith H.<br>520-323-9845                          |
| 800316  | Zooming to Recovery                           | Sat   | 9:00-10:00 am  | 813 5011 2301   | 606137              | <a href="#">Zoom Link</a> | 669-900-9128   | Michael A.<br>847-370-5845                         |
| 34898   | Step & Tradition Study                        | Sat   | 9:00-10:15 am  | 886 9016 3841   | 12Steps             |                           | 886-9016-3841  | Jill F.<br>520-661-6445<br>fabianjill@hotmail.com  |
| 56225   | Yuma Big Book Study                           | Sat   | 9:30-10:30 am  | 890 5946 0135   |                     | <a href="#">Zoom Link</a> | 669-900-9128   | Bill B.<br>215-688-0233                            |

**Southern Arizona Intergroup of Overeaters Anonymous - #09078**  
**P.O. Box 43221**  
**Tucson, AZ 85733-3221**  
**520-733-0880**

**Intergroup meets on Zoom** on the 3<sup>rd</sup> Saturday of every month at 11 a.m., except January, which meets on the 2<sup>nd</sup> Saturday.

Meeting ID: 960 7946 5698  
 Passcode: 606137  
[Zoom Link](#)

**Intergroup Board meets on Zoom** at 10 a.m. on the same days as Intergroup.

Meeting ID: 975 3959 7462  
 Passcode: 606137  
[Zoom Link](#)

**Intergroup Board**

|              |            |              |                                                                                        |
|--------------|------------|--------------|----------------------------------------------------------------------------------------|
| Chair        | Michael A  | 847-370-5845 | <a href="mailto:chair@oasouthernaz.org">chair@oasouthernaz.org</a>                     |
| Vice Chair   | Nan B      | 520-940-0702 | <a href="mailto:vice-chair@oasouthernaz.org">vice-chair@oasouthernaz.org</a>           |
| Secretary    | Janis R.   | 520-599-4724 | <a href="mailto:secretary@oasouthernaz.org">secretary@oasouthernaz.org</a>             |
| Treasurer    | Emily R-S, | 520-490-1409 | <a href="mailto:treasurer@oasouthernaz.org">treasurer@oasouthernaz.org</a>             |
| Sr. Delegate | Barbara V. | 512-657-3297 | <a href="mailto:senior.delegate@oasouthernaz.org">senior.delegate@oasouthernaz.org</a> |
| Jr. Delegate | Randi F.   | 520-743-6576 | <a href="mailto:junior.delegate@oasouthernaz.org">junior.delegate@oasouthernaz.org</a> |

**Committee Chairs**

|                                |              |              |                                                                                      |
|--------------------------------|--------------|--------------|--------------------------------------------------------------------------------------|
| 12th Step Within & Events      | <b>OPEN</b>  |              |                                                                                      |
| IR Trainer                     | Chris N.     | 520-661-1991 | <a href="mailto:ir.trainer@oasouthernaz.org">ir.trainer@oasouthernaz.org</a>         |
| Unity with Diversity Community | Stephanie G. | 520-955-3370 | <a href="mailto:idea-community@oasouthernaz.org">idea-community@oasouthernaz.org</a> |
| Meeting List                   | Gayle P.     | 435-830-7338 | <a href="mailto:meeting-list@oasouthernaz.org">meeting-list@oasouthernaz.org</a>     |
| Newsletter                     | Martha S-N.  | 520-730-7605 | <a href="mailto:newsletter@oasouthernaz.org">newsletter@oasouthernaz.org</a>         |
| PIPO                           | Elisa M.     |              | <a href="mailto:pipo@oasouthernaz.org">pipo@oasouthernaz.org</a>                     |
| Website                        | Marie R.     | 520-270-9568 | <a href="mailto:website@oasouthernaz.org">website@oasouthernaz.org</a>               |