

## Southern Arizona Intergroup of Overeaters Anonymous - #09078

**(Tucson, Green Valley, Patagonia, Sierra Vista, Yuma)**

Updated: 2/21/2026

### IN-PERSON MEETINGS: **Tucson**

Group #	Meeting Name & Location	Day	Time (Arizona)	Contact Info	Notes
40522	Monday Far East - Literature St. Matthew's Episcopal Church 9071 E. Old Spanish Trail, Matt's Place <b>Tucson, AZ</b>	Mon	7:00-8:00 pm	Cheryl L. 520-591-8025	
40963	NW Tender Solutions Dove of Peace Lutheran Church 665 W. Roller Coaster Rd. <b>Tucson, AZ</b>	Tues	10:45 am-Noon	Ann A. 520-797-7579	
04330	Welcome Home Streams in the Desert Lutheran Church 5360 E. Pima St <b>Tucson, AZ</b>	Wed	11:30 am-12:30 pm	Judith H. 520-323-9845	
00439	Seeking the Spiritual Path – Book Study Resurrection Lutheran Church 11575 N. 1 <sup>st</sup> Ave. <b>Oro Valley, AZ</b>	Thurs	10:45-11:45 am	Pam R. 520-297-4704	Meeting held in Outreach Ctr, Bldg C, Luther's Lair Room
45696	Saturday Newcomer – Newcomer/12 & 12 Study Eastside Covenant Church 551 N. Camino Seco <b>Tucson, AZ</b>	Sat	9:00-10:00 am	Chris N. 520-661-1991	
802008	11th Step Study Streams in the Desert Lutheran Church 5360 E Pima St <b>Tucson, AZ</b>	Sun	5:30-6:30 pm	Liz P. 520-891-9707 (text or call)	

### IN-PERSON MEETINGS: **Green Valley, Patagonia, Sierra Vista (AZ)**

Group #	Meeting Name & Location	Day	Time (Arizona)	Contact Info	Notes
17537	Monday Night Miracles – Literature Study St. Stephen's Episcopal Church 2750 Cardinal Dr <b>Sierra Vista, AZ</b>	Mon	6:30-7:30 pm	Lang S. 520-458-6698	
58097	OA Sky Islands Recovery – East Santa Cruz County Food Bank, 772 Harshaw Ave, Meeting Rm at end of driveway <b>Patagonia, AZ</b>	Wed	11 am-Noon	Adrienne 520-404-3490	
58079	Green Valley OA Alano Club 880 W. Camino Casa Verde <b>Green Valley, AZ</b>	Wed	5:00-6:00 pm	Rhoda H. 701-290-9339	
40592	Saturday Sierra Vista St. Stephen's Episcopal Church 2750 Cardinal Dr <b>Sierra Vista, AZ</b>	Sat	11:00 am-Noon	Jan F. 520-678-0369	

## IN-PERSON MEETINGS: **Yuma (AZ)**

Group #	Meeting Name & Location	Day	Time (Arizona)	Contact Info	Notes
57473	Yuma Varied Topic Central Church of Christ 651 W 28 <sup>th</sup> St. <b>Yuma, AZ</b>	Thurs	12:00-1:00 pm	Glen V. 928-580-3456	
56225	Yuma Big Book Study Yuma Center for Spiritual Living 781 S. Second Ave (corner of 8th St & 2nd Ave) <b>Yuma, AZ</b>	Sat	9:30-10:30 am	Bill B. 215-688-0233	<b>In-Person held Nov 8, 2025 thru March 2026</b>

## ZOOM MEETINGS:

Group #	Zoom Meeting Name	Day	Time (Arizona)	Zoom Meeting ID	Passcode	Zoom Link	Dial-In Number	Contact/Host Info
53361	Recovery Through Reading, Writing & Sharing	Sun	5:30-6:30 pm	838 3441 7816	415613		669-900-9128	Marie R. 520-270-9568
800807	OA 12 & 12 Study	Mon	7:30-8:30 am	893 0201 4218	606137	<a href="#">Zoom Link</a>	669-900-9128	Danni M. 781-696-3711
800280	Yuma Foothills	Mon	1:00-2:00 pm	85726518720		<a href="#">Zoom Link</a>	669-900-9128	Jody M. 928-580-9553
49982	Step Study	Tues	9:00-10:00 am	853 1660 9969	12Steps		890-6282-6278	Jill F. 520-661-6445 <a href="mailto:fabianjill@hotmail.com">fabianjill@hotmail.com</a>
56000	Relapse Recovery & Prevention	Tues	5:30-6:30 pm	919 8566 8121	Call Contact	<a href="#">Zoom Link</a>	669-900-9128	Jeanine C. 213-507-5825
800642	Early Morning Big Book Study	Wed	7:30-8:30 am	893 0201 4218	606137	<a href="#">Zoom Link</a>	669-900-9128	Danni M. 781-696-3711
801627	Recovery Stories	Thurs	7:30-8:30 am	893 0201 4218	606137	<a href="#">Zoom Link</a>	669-900-9128	Emily R-S. 520-490-1409
57473	Yuma Varied Topic - <b>Hybrid</b>	Thurs	12:00-1:00 pm	838 9427 2100		<a href="#">Zoom Link</a>	669-900-9128	Glen V. 928-580-3456
800587	Sierra Vista Zoom	Thurs	6:30-7:30 pm	871 2595 4879	606137	<a href="#">Zoom Link</a>	669-900-9128	Jan F. 520-678-0369
800641	Friday Fresh Start	Fri	7:30-8:30 am	893 0201 4218	606137		669-900-9128	Danni M 781-696-3711
800802	Living in the Solution	Fri	10:30-11:30 am	898 6359 7970	606137	Zoom Link	669-900-9128	Martha S-N. 520-730-7605 <a href="mailto:marthas19@gmail.com">marthas19@gmail.com</a>
12117	Saturday Morning Study Group	Sat	7:30-8:30 am	875 8374 3796	606137	Zoom Link	669-900-9128	Judith H. 520-323-9845
800316	Zooming to Recovery	Sat	9:00-10:00 am	813 5011 2301	606137	Zoom Link	669-900-9128	Michael A 847-370-5845

34898	Step & Tradition Study	Sat	9:00-10:15 am	New Zoom 852 3752 6362	12Steps	<a href="#">Zoom Link</a>	886-9016-3841	Jill F. 520-661-6445 fabianjill@hotmail.com
56225	Yuma Big Book Study - <b>Hybrid</b>	Sat	9:30-10:30 am	890 5946 0135		<a href="#">Zoom Link</a>	669-900-9128	Bill B. 215-688-0233

**Southern Arizona Intergroup of Overeaters Anonymous - #09078**  
**P.O. Box 43221**  
**Tucson, AZ 85733-3221**  
**520-733-0880**

**Intergroup meets on Zoom** on the 3<sup>rd</sup> Saturday of every month at 11 a.m., except January, which meets on the 2<sup>nd</sup> Saturday.  
Meeting ID: 960 7946 5698  
Passcode: 606137 [Zoom Link](#)

**Intergroup Board meets on Zoom** at 10 a.m. on the same days as Intergroup.  
Meeting ID: 975 3959 7462  
Passcode: 606137 [Zoom Link](#)

**Intergroup Board 2026**

Chair	Michael A.	<a href="mailto:chair@oasouthernaz.org">chair@oasouthernaz.org</a>
Vice Chair	Lauren M.	<a href="mailto:vice-chair@oasouthernaz.org">vice-chair@oasouthernaz.org</a>
Secretary	Nan B.	<a href="mailto:secretary@oasouthernaz.org">secretary@oasouthernaz.org</a>
Treasurer	Emily R-S.	<a href="mailto:treasurer@oasouthernaz.org">treasurer@oasouthernaz.org</a>
WSBC Delegate/Region 3 Rep 1	Barbara V.	<a href="mailto:del-rr1@oasouthernaz.org">del-rr1@oasouthernaz.org</a>
WSBC Delegate/Region 3 Rep 2	Randi F.	<a href="mailto:del-rr2@oasouthernaz.org">del-rr2@oasouthernaz.org</a>

**Committee Chairs 2026**

Special Events	Becky B.	<a href="mailto:special-events@oasouthernaz.org">special-events@oasouthernaz.org</a>
IR Trainer	Chris N.	<a href="mailto:ir.trainer@oasouthernaz.org">ir.trainer@oasouthernaz.org</a>
Unity with Diversity Community	Stefanie G.	<a href="mailto:idea-community@oasouthernaz.org">idea-community@oasouthernaz.org</a>
Meeting List	<b>OPEN POSITION</b>	<a href="mailto:meeting-list@oasouthernaz.org">meeting-list@oasouthernaz.org</a>
Newsletter	Martha S-N.	<a href="mailto:newsletter@oasouthernaz.org">newsletter@oasouthernaz.org</a>
PIPO	Elisa M.	<a href="mailto:pipo@oasouthernaz.org">pipo@oasouthernaz.org</a>
Website	Marie R.	<a href="mailto:website@oasouthernaz.org">website@oasouthernaz.org</a>
Zoom Coordinators	Cheryl L. & Rachel RS	<a href="mailto:zoom1@oasouthernaz.org">zoom1@oasouthernaz.org</a>