

SoAZ Intergroup of Overeaters Anonymous
POB 43221 | Tucson, AZ 85733-3221
www.oasouthernaz.org

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Report from 2020 SoAZ Intergroup Inventory:

I distributed the annual Intergroup Inventory at the December 2019 IG meeting using the same form that we used in 2018. The Inventory included 2 questions to be asked during the IRs weekly meeting and then a series of questions specifically for the IRs share their experience with IG. The goal being that we, as an Intergroup, look at our strengths as well as our weaknesses so that we can grow and improve our effectiveness to serve Southern Arizona meetings.

We received many of the forms back at both the January and February meetings and here's the tally:

Question 1: Members requested to raise their hand if they attended an IG sponsored OA event in 2019 – examples are the Retreat, a TSW workshop, Unity Day, the IDEA event, Thank-A-Thon, etc.
– **72**

Question 2: Members requested to raise their hand if they accessed the SoAZ website anytime in 2019. – **86**

Additional question asked by only some IRs because we added it at the last minute after the inventory was handed out at the meeting (my fault – it would have been really good to include). Members who got or made a call on 12/12 (Twelve Step Within Day) Only 3 IRs reported on this, but the tally from those 3 totaled - **24**

I just wanted to highlight some of the responses from the IRs about their experience with intergroup and being a representative for their meetings. Many IRs read the Call-to-Action the first week after the IG meeting and then read highlights for the rest of the weeks until the next IG meeting. There was a request to get the CTA out ASAP so this can be read at the Monday meetings and this is happening now – thank you Joy. We go thru a couple of drafts, so she gets it out as quickly as possible. Some IRs feel that their groups are not always interested in listening to the CTA or in the events and flyers. They are not sure what can be done to improve group interest and how much should be shared at the group level due to that lack of interest. A few other comments about the interworking of IG included that the budget issues can be confusing (I would agree), but they appreciated IR trainer sending out the agendas, motions, and reminders so that they could be prepared for the meeting. I was happy to read that many IRs felt that being an intergroup rep is important for their recovery, it helped them be accountable to their meeting, they enjoyed interacting with other IRs at IG and sharing ideas to bring back to their meetings.

Thank you all who spent the time and energy asking for responses at meetings as well as sharing your thoughts. We used to complete a much more thorough inventory in previous years, but we didn't seem to get a lot of response or valuable feedback from the more intensive questions. I'm happy to have feedback either today or separate from today's meeting if you would like to see other items included in the future.

Respectfully submitted: Emily RS, 2019-20 IG Chair